

**UNITED REPUBLIC OF TANZANIA (THE)**

Last Updated: 2006-10-25

| Level | Date       | Region and sample descriptor         | Sex | Age (years)  | Sample size | Haemoglobin (g/L)                                    |     |      |     |      |     | Reference | Notes |    |        |         |      |
|-------|------------|--------------------------------------|-----|--------------|-------------|--|-----|------|-----|------|-----|-----------|-------|----|--------|---------|------|
|       |            |                                      |     |              |             | Proportion (%) of population with haemoglobin below: |     |      |     |      |     |           | Mean  | SD | Method | General | Line |
|       |            |                                      |     |              |             | 70   | 100 | 110  | 115 | 120  | 130 |           |       |    |        |         |      |
| N     | 2004 -2005 | Women: Total                         | F   | 15.00- 49.99 | 10139       | 1.2  |     |      |     |      |     |           |       | B  | 5221   | *       | 1    |
|       |            | Children: Total                      | B   | 0.50- 4.99   | 7300        | 4.2  |     | 71.8 |     |      |     |           |       |    |        |         |      |
|       |            | Women by physiological status: NPNLW | F   | 15.00- 49.99 | 6057        | 1.2  |     |      |     | 46.9 |     |           |       |    |        |         |      |
|       |            | Women by physiological status: PW    | F   | 15.00- 49.99 | 1075        | 2.7  |     | 58.2 |     |      |     |           |       |    |        |         |      |
|       |            | Women by physiological status: LW    | F   | 15.00- 49.99 | 3008        | 0.7  |     |      |     | 47.7 |     |           |       |    |        |         |      |
|       |            | Women by age                         | F   | 15.00- 19.99 | 2207        | 0.8  |     |      |     |      |     |           |       |    |        |         | 2    |
|       |            | Women by age                         | F   | 20.00- 24.99 | 1962        | 0.8  |     |      |     |      |     |           |       |    |        |         | 3    |
|       |            | Women by age                         | F   | 25.00- 29.99 | 1846        | 1.3  |     |      |     |      |     |           |       |    |        |         | 4    |
|       |            | Women by age                         | F   | 30.00- 34.99 | 1515        | 1.7  |     |      |     |      |     |           |       |    |        |         | 5    |
|       |            | Women by age                         | F   | 35.00- 39.99 | 1038        | 1.4  |     |      |     |      |     |           |       |    |        |         | 6    |
|       |            | Women by age                         | F   | 40.00- 44.99 | 822         | 1.3  |     |      |     |      |     |           |       |    |        |         | 7    |
|       |            | Women by age                         | F   | 45.00- 49.99 | 2830        | 1.6  |     |      |     |      |     |           |       |    |        |         | 8    |
|       |            | Women by area: Urban                 | F   | 15.00- 49.99 | 2830        | 1.2  |     |      |     |      |     |           |       |    |        |         | 9    |
|       |            | Women by area: Rural                 | F   | 15.00- 49.99 | 7309        | 1.2  |     |      |     |      |     |           |       |    |        |         | 10   |
|       |            | Women by zone: Central               | F   | 15.00- 49.99 | 788         | 2.0  |     |      |     |      |     |           |       |    |        |         | 11   |
|       |            | Women by zone: Eastern               | F   | 15.00- 49.99 | 1609        | 1.2  |     |      |     |      |     |           |       |    |        |         | 12   |
|       |            | Women by zone: Lake                  | F   | 15.00- 49.99 | 1843        | 1.3  |     |      |     |      |     |           |       |    |        |         | 13   |
|       |            | Women by zone: Northern              | F   | 15.00- 49.99 | 1459        | 1.6  |     |      |     |      |     |           |       |    |        |         | 14   |
|       |            | Women by zone: Southern              | F   | 15.00- 49.99 | 860         | 0.3  |     |      |     |      |     |           |       |    |        |         | 15   |
|       |            | Women by zone: Southern Highlands    | F   | 15.00- 49.99 | 1432        | 0.7  |     |      |     |      |     |           |       |    |        |         | 16   |
|       |            | Women by zone: Western               | F   | 15.00- 49.99 | 1843        | 1.0  |     |      |     |      |     |           |       |    |        |         | 17   |
|       |            | Women by region: Arusha              | F   | 15.00- 49.99 | 369         | 0.4  |     |      |     |      |     |           |       |    |        |         | 18   |
|       |            | Women by region: Dar es Salaam       | F   | 15.00- 49.99 | 914         | 1.0  |     |      |     |      |     |           |       |    |        |         | 19   |
|       |            | Women by region: Dodoma              | F   | 15.00- 49.99 | 459         | 2.2  |     |      |     |      |     |           |       |    |        |         | 20   |
|       |            | Women by region: Iringa              | F   | 15.00- 49.99 | 410         | 1.1  |     |      |     |      |     |           |       |    |        |         | 21   |
|       |            | Women by region: Kagera              | F   | 15.00- 49.99 | 542         | 0.5  |     |      |     |      |     |           |       |    |        |         | 22   |
|       |            | Women by region: Kigoma              | F   | 15.00- 49.99 | 497         | 0.7  |     |      |     |      |     |           |       |    |        |         | 23   |
|       |            | Women by region: Kilimanjaro         | F   | 15.00- 49.99 | 376         | 0.3  |     |      |     |      |     |           |       |    |        |         | 24   |
|       |            | Women by region: Lindi               | F   | 15.00- 49.99 | 217         | 0.6  |     |      |     |      |     |           |       |    |        |         | 25   |
|       |            | Women by region: Manyara             | F   | 15.00- 49.99 | 289         | 1.1  |     |      |     |      |     |           |       |    |        |         | 26   |
|       |            | Women by region: Mara                | F   | 15.00- 49.99 | 367         | 1.7  |     |      |     |      |     |           |       |    |        |         | 27   |
|       |            | Women by region: Mbeya               | F   | 15.00- 49.99 | 708         | 0.3  |     |      |     |      |     |           |       |    |        |         | 28   |
|       |            | Women by region: Morogoro            | F   | 15.00- 49.99 | 445         | 1.6  |     |      |     |      |     |           |       |    |        |         | 29   |
|       |            | Women by region: Mtwara              | F   | 15.00- 49.99 | 344         | 0.0  |     |      |     |      |     |           |       |    |        |         | 30   |
|       |            | Women by region: Mwanza              | F   | 15.00- 49.99 | 933         | 1.7  |     |      |     |      |     |           |       |    |        |         | 31   |
|       |            | Women by region: Pemba North         | F   | 15.00- 49.99 | 50          | 1.0  |     |      |     |      |     |           |       |    |        |         | 32   |

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|-------|------------|--------------------------------------|-----|--------------|-------------|--|-----|------|-----|-----|-----|------|----|--------|-----------|---------|------|
|       |            |                                      |     |              |             | Proportion (%) of population with haemoglobin below: |     |      |     |     |     |      |    |        |           | General | Line |
|       |            |                                      |     |              |             | 70   | 100 | 110  | 115 | 120 | 130 |      |    |        |           |         |      |
| N     | 2004 -2005 | Women by region: Pemba South         | F   | 15.00- 49.99 | 41          | 0.3  |     |      |     |     |     |      |    | B      | 5221      |         | 33   |
|       |            | Women by region: Pwani               | F   | 15.00- 49.99 | 250         | 1.1  |     |      |     |     |     |      |    |        |           |         | 34   |
|       |            | Women by region: Rukwa               | F   | 15.00- 49.99 | 314         | 1.1  |     |      |     |     |     |      |    |        |           |         | 35   |
|       |            | Women by region: Ruvuma              | F   | 15.00- 49.99 | 298         | 0.5  |     |      |     |     |     |      |    |        |           |         | 36   |
|       |            | Women by region: Shinyanga           | F   | 15.00- 49.99 | 836         | 1.2  |     |      |     |     |     |      |    |        |           |         | 37   |
|       |            | Women by region: Singida             | F   | 15.00- 49.99 | 329         | 1.9  |     |      |     |     |     |      |    |        |           |         | 38   |
|       |            | Women by region: Tabora              | F   | 15.00- 49.99 | 510         | 0.9  |     |      |     |     |     |      |    |        |           |         | 39   |
|       |            | Women by region: Tanga               | F   | 15.00- 49.99 | 425         | 4.3  |     |      |     |     |     |      |    |        |           |         | 40   |
|       |            | Women by region: Town West           | F   | 15.00- 49.99 | 141         | 2.8  |     |      |     |     |     |      |    |        |           |         | 41   |
|       |            | Women by region: Zanzibar North      | F   | 15.00- 49.99 | 47          | 2.7  |     |      |     |     |     |      |    |        |           |         | 42   |
|       |            | Women by region: Zanzibar South      | F   | 15.00- 49.99 | 26          | 0.2  |     |      |     |     |     |      |    |        |           |         | 43   |
|       |            | Children by sex                      | F   | 0.50- 4.99   | 3628        | 3.8  |     | 71.6 |     |     |     |      |    |        |           |         |      |
|       |            | Children by sex                      | M   | 0.50- 4.99   | 3673        | 4.6  |     | 72.1 |     |     |     |      |    |        |           |         |      |
|       |            | Children by age                      | B   | 0.50- 0.82   | 604         | 4.2  |     | 83.3 |     |     |     |      |    |        |           |         |      |
|       |            | Children by age                      | B   | 0.83- 0.99   | 304         | 11.3   |     | 87.5 |     |     |     |      |    |        |           |         |      |
|       |            | Children by age                      | B   | 1.00- 1.99   | 1669        | 7.9  |     | 82.6 |     |     |     |      |    |        |           |         |      |
|       |            | Children by age                      | B   | 2.00- 2.99   | 1658        | 3.8  |     | 75.0 |     |     |     |      |    |        |           |         |      |
|       |            | Children by age                      | B   | 3.00- 3.99   | 1546        | 2.7  |     | 63.1 |     |     |     |      |    |        |           |         |      |
|       |            | Children by age                      | B   | 4.00- 4.99   | 1520        | 0.8  |     | 57.8 |     |     |     |      |    |        |           |         |      |
|       |            | Children by area: Urban              | B   | 0.50- 4.99   | 1399        | 3.2  |     | 66.8 |     |     |     |      |    |        |           |         |      |
|       |            | Children by area: Rural              | B   | 0.50- 4.99   | 5902        | 4.5  |     | 73.0 |     |     |     |      |    |        |           |         |      |
|       |            | Children by zone: Central            | B   | 0.50- 4.99   | 615         | 3.2  |     | 68.8 |     |     |     |      |    |        |           |         |      |
|       |            | Children by zone: Eastern            | B   | 0.50- 4.99   | 810         | 4.2  |     | 73.5 |     |     |     |      |    |        |           |         |      |
|       |            | Children by zone: Lake               | B   | 0.50- 4.99   | 1583        | 8.2  |     | 78.5 |     |     |     |      |    |        |           |         |      |
|       |            | Children by zone: Northern           | B   | 0.50- 4.99   | 936         | 1.6  |     | 56.7 |     |     |     |      |    |        |           |         |      |
|       |            | Children by zone: Southern           | B   | 0.50- 4.99   | 545         | 3.4  |     | 80.7 |     |     |     |      |    |        |           |         |      |
|       |            | Children by zone: Southern Highlands | B   | 0.50- 4.99   | 1080        | 1.5  |     | 62.5 |     |     |     |      |    |        |           |         |      |
|       |            | Children by zone: Western            | B   | 0.50- 4.99   | 1552        | 4.5  |     | 77.6 |     |     |     |      |    |        |           |         |      |
|       |            | Children by region: Arusha           | B   | 0.50- 4.99   | 236         | 1.5  |     | 52.1 |     |     |     |      |    |        |           |         |      |
|       |            | Children by region: Dar es Salaam    | B   | 0.50- 4.99   | 358         | 5.1  |     | 69.0 |     |     |     |      |    |        |           |         |      |
|       |            | Children by region: Dodoma           | B   | 0.50- 4.99   | 350         | 2.5  |     | 66.4 |     |     |     |      |    |        |           |         |      |
|       |            | Children by region: Iringa           | B   | 0.50- 4.99   | 250         | 0.0  |     | 46.6 |     |     |     |      |    |        |           |         |      |
|       |            | Children by region: Kagera           | B   | 0.50- 4.99   | 482         | 7.3  |     | 71.2 |     |     |     |      |    |        |           |         |      |
|       |            | Children by region: Kigoma           | B   | 0.50- 4.99   | 396         | 4.4  |     | 76.3 |     |     |     |      |    |        |           |         |      |
|       |            | Children by region: Kilimanjaro      | B   | 0.50- 4.99   | 187         | 1.1  |     | 51.3 |     |     |     |      |    |        |           |         |      |
|       |            | Children by region: Lindi            | B   | 0.50- 4.99   | 128         | 2.9  |     | 88.2 |     |     |     |      |    |        |           |         |      |

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|------------------------------------|------------|---|-----|--------------|-------------|--|-----|------|-----|------|-----|------|----|--------|-----------|---------|------|
|                                    |            |   |     |              |             | Proportion (%) of population with haemoglobin below: |     |      |     |      |     |      |    |        |           | General | Line |
|                                    |            |   |     |              |             | 70   | 100 | 110  | 115 | 120  | 130 |      |    |        |           |         |      |
| N                                  | 2004 -2005 | Children by region: Manyara                         | B   | 0.50- 4.99   | 246         | 1.7  |     | 55.6 |     |      |     |      |    | B      | 5221      |         |      |
|                                    |            | Children by region: Mara                            | B   | 0.50- 4.99   | 321         | 7.3  |     | 79.2 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Mbeya                           | B   | 0.50- 4.99   | 560         | 1.4  |     | 66.9 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Morogoro                        | B   | 0.50- 4.99   | 288         | 2.9  |     | 77.3 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Mtwara                          | B   | 0.50- 4.99   | 218         | 2.8  |     | 79.3 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Mwanza                          | B   | 0.50- 4.99   | 779         | 9.2  |     | 82.8 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Pemba North                     | B   | 0.50- 4.99   | 36          | 2.7  |     | 77.4 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Pemba South                     | B   | 0.50- 4.99   | 33          | 2.7  |     | 74.2 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Pwani                           | B   | 0.50- 4.99   | 164         | 4.7  |     | 76.6 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Rukwa                           | B   | 0.50- 4.99   | 270         | 3.1  |     | 68.0 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Ruvuma                          | B   | 0.50- 4.99   | 200         | 4.3  |     | 77.3 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Shinyanga                       | B   | 0.50- 4.99   | 754         | 5.0  |     | 79.5 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Singida                         | B   | 0.50- 4.99   | 265         | 4.2  |     | 71.9 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Tabora                          | B   | 0.50- 4.99   | 402         | 3.7  |     | 75.1 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Tanga                           | B   | 0.50- 4.99   | 268         | 2.0  |     | 65.6 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Town West                       | B   | 0.50- 4.99   | 68          | 1.5  |     | 74.7 |     |      |     |      |    |        |           |         |      |
|                                    |            | Children by region: Zanzibar North                  | B   | 0.50- 4.99   | 27          | 1.8  |     | 76.7 |     |      |     |      |    |        |           |         |      |
| Children by region: Zanzibar South | B          | 0.50- 4.99  | 16  | 0.4          |             | 70.9   |     |      |     |      |     |      |    |        |           |         |      |
| D                                  | 2000 P     | Magu District: SAC: Total                           | B   | 7.00- 18.99  | 3400        |  |     | 31.2 |     | 62.6 | 115 | 14   | B  | 1931   | *         |         |      |
|                                    |            | Magu District: SAC by sex                           | F   | 7.00- 18.99  | 1712        |  |     | 30.5 |     | 62.6 | 115 | 13   |    |        |           |         |      |
|                                    |            | Magu District: SAC by sex                           | M   | 7.00- 18.99  | 1688        |  |     | 32.0 |     | 62.7 | 115 | 15   |    |        |           |         |      |
| L                                  | 2000 P     | Kigoma: PW: Total                                   | F   | 14.00- 45.99 | 579         |  |     |      |     |      |     |      | NS | 1932   | *         |         |      |
|                                    |            | Kigoma: PW by age                                   | F   | 14.00- 20.99 | 201         |  |     |      |     |      |     |      |    |        |           |         |      |
|                                    |            | Kigoma: PW by age                                   | F   | 21.00- 25.99 | 180         |  |     |      |     |      |     |      |    |        |           |         |      |
|                                    |            | Kigoma: PW by age                                   | F   | 31.00- 45.99 | 68          |  |     |      |     |      |     |      |    |        |           |         |      |
|                                    |            | Kigoma: PW by age                                   | F   | 26.00- 30.99 | 130         |  |     |      |     |      |     |      |    |        |           |         |      |
|                                    |            | Kigoma: PW by pregnancy number: 1-2                 | F   | 14.00- 45.99 | 258         |  |     |      |     |      |     |      |    |        |           |         |      |
|                                    |            | Kigoma: PW by pregnancy number: >=3                 | F   | 14.00- 45.99 | 266         |  |     |      |     |      |     |      |    |        |           |         |      |
| D                                  | 1997 -1998 | Bagamoyo District and Kibaha District: SAC by inter | B   | 9.00- 15.99  | 602         |  |     |      |     |      | 115 | 13   | B  | 4971   | *         |         |      |
|                                    |            | Bagamoyo District and Kibaha District: SAC by inter | B   | 9.00- 15.99  | 331         |  |     |      |     |      |     | 115  |    |        |           | 14      |      |
| D                                  | 1996       | Tanga Region: SAC by age                            | B   | 8.00- 9.99   | 251         |  |     | 55.2 |     | 79.6 | 107 | 15   | B  | 1772   | *         |         |      |
|                                    |            | Tanga Region: SAC by age                            | B   | 12.00- 13.99 | 448         |  |     | 49.8 |     | 75.2 | 109 | 15   |    |        |           |         |      |

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|-------|------|--------------------------------------|-----|--------------|-------------|--|------|------|-----|------|-----|------|----|--------|-----------|---------|------|
|       |      |                                      |     |              |             | Proportion (%) of population with haemoglobin below: |      |      |     |      |     |      |    |        |           | General | Line |
|       |      |                                      |     |              |             | 70   | 100  | 110  | 115 | 120  | 130 |      |    |        |           |         |      |
| D     | 1996 | Tanga Region: SAC by sex and age     | F   | 8.00- 9.99   | 137         |  |      | 59.5 |     | 82.5 |     | 106  | 13 | B      | 1772      |         |      |
|       |      | Tanga Region: SAC by sex and age     | M   | 8.00- 9.99   | 114         |  |      | 50.0 |     | 76.0 |     | 108  | 17 |        |           |         |      |
|       |      | Tanga Region: SAC by sex and age     | F   | 12.00- 13.99 | 233         |  |      | 50.2 |     | 75.1 |     | 109  | 14 |        |           |         |      |
|       |      | Tanga Region: SAC: by sex and age    | M   | 12.00- 13.99 | 215         |  |      | 49.2 |     | 75.4 |     | 109  | 16 |        |           |         |      |
| L     | 1996 | Pemba Island: Kengeja: Pre-SAC       | B   | 0.50- 4.99   | 613         | 14.7   | 80.6 |      |     |      | 87  | 16   | B  | 1934   | *         |         |      |
| R     | 1994 | Pemba Island: SAC by sex             | F   | NS           | 1731        | 2.8  |      | 58.8 |     |      |     | 106  | 15 | B      | 1769      |         |      |
|       |      | Pemba Island: SAC by sex             | M   | NS           | 1864        | 4.1  |      | 65.6 |     |      |     | 103  | 16 |        |           |         |      |
|       |      | Pemba Island: SAC by age             | B   | NS- 6.99     | 46          | 19.6   |      | 73.9 |     |      |     | 92   | 16 |        |           |         |      |
|       |      | Pemba Island: SAC by age             | B   | 7.00- 8.99   | 734         | 4.4  |      | 63.0 |     |      |     | 103  | 16 |        |           |         |      |
|       |      | Pemba Island: SAC by age             | B   | 9.00- 10.99  | 1585        | 2.6  |      | 62.8 |     |      |     | 104  | 16 |        |           |         |      |
|       |      | Pemba Island: SAC by age             | B   | 11.00- 12.99 | 935         | 3.5  |      | 61.7 |     |      |     | 105  | 16 |        |           |         |      |
|       |      | Pemba Island: SAC by age             | B   | 14.00-NS     | 295         | 2.7  |      | 57.6 |     |      |     | 104  | 16 |        |           |         |      |
| L     | 1994 | Tanga: SAC                           | B   | NS           | 441         |  |      | 49.0 |     |      |     |      | B  | 1928   |           |         |      |
| D     | 1993 | PW by district: Iramba               | F   | NS           | 114         |  |      | 14.9 |     |      |     |      |    | B      | 787       | *       |      |
|       |      | PW by district: Singida              | F   | NS           | 108         |  |      | 13.9 |     |      |     |      |    |        |           |         |      |
|       |      | PW by district: Nzega                | F   | NS           | 124         |  |      | 33.8 |     |      |     |      |    |        |           |         |      |
|       |      | PW by district: Igunga               | F   | NS           | 134         |  |      | 46.3 |     |      |     |      |    |        |           |         |      |
|       |      | PW by district: Kibondo              | F   | NS           | 152         |  |      | 39.4 |     |      |     |      |    |        |           |         |      |
|       |      | PW by district: Kasulu               | F   | NS           | 68          |  |      | 42.7 |     |      |     |      |    |        |           |         |      |
|       |      | PW by district: Kilwa                | F   | NS           | 118         |  |      | 74.6 |     |      |     |      |    |        |           |         |      |
|       |      | PW by district: Lindi                | F   | NS           | 78          |  |      | 79.9 |     |      |     |      |    |        |           |         |      |
|       |      | PW by district: Nachingwea           | F   | NS           | 83          |  |      | 49.4 |     |      |     |      |    |        |           |         |      |
|       |      | PW by district: Liwale               | F   | NS           | 53          |  |      | 71.7 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by district: Iramba          | B   | 0.50- 4.99   | 253         | 1.2  |      | 27.2 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by sex and district: Iramba  | F   | 0.50- 4.99   | 124         | 1.6  |      | 28.2 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by sex and district: Iramba  | M   | 0.50- 4.99   | 129         | 0.8  |      | 26.4 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by district: Singida         | B   | 0.50- 4.99   | 217         | 1.8  |      | 31.8 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by sex and district: Singida | F   | 0.50- 4.99   | 102         | 1.0  |      | 31.3 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by sex and district: Singida | M   | 0.50- 4.99   | 115         | 2.6  |      | 32.1 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by district: Nzega           | B   | 0.50- 4.99   | 238         | 7.1  |      | 47.9 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by sex and district: Nzega   | F   | 0.50- 4.99   | 121         | 6.6  |      | 49.5 |     |      |     |      |    |        |           |         |      |
|       |      | Pre-SAC by sex and district: Nzega   | M   | 0.50- 4.99   | 117         | 7.7  |      | 46.2 |     |      |     |      |    |        |           |         |      |

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| Level                               | Date       | Region and sample descriptor            | Sex | Age (years)  | Sample size | Haemoglobin (g/L)                                    |      |      |      |      |     | Mean | SD | Method | Reference | Notes   |      |
|-------------------------------------|------------|---|-----|--------------|-------------|--|------|------|------|------|-----|------|----|--------|-----------|---------|------|
|                                     |            |   |     |              |             | Proportion (%) of population with haemoglobin below: |      |      |      |      |     |      |    |        |           | General | Line |
|                                     |            |   |     |              |             | 70   | 100  | 110  | 115  | 120  | 130 |      |    |        |           |         |      |
| D                                   | 1993       | Pre-SAC by district: Igunga             | B   | 0.50- 4.99   | 234         | 5.6  |      | 53.5 |      |      |     |      |    | B      | 787       |         |      |
|                                     |            | Pre-SAC by sex and district: Igunga     | F   | 0.50- 4.99   | 133         | 5.3  |      | 51.9 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Igunga     | M   | 0.50- 4.99   | 101         | 5.9  |      | 55.4 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by district: Kibondo            | B   | 0.50- 4.99   | 237         | 3.8  |      | 45.6 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Kibondo    | F   | 0.50- 4.99   | 114         | 5.3  |      | 44.8 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Kibondo    | M   | 0.50- 4.99   | 123         | 2.4  |      | 46.3 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by district: Kasulu             | B   | 0.50- 4.99   | 172         | 2.9  |      | 51.7 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Kasulu     | F   | 0.50- 4.99   | 99          | 2.0  |      | 53.5 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Kasulu     | M   | 0.50- 4.99   | 73          | 4.1  |      | 49.3 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by district: Kilwa              | B   | 0.50- 4.99   | 309         | 30.7   |      | 94.1 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Kilwa      | F   | 0.50- 4.99   | 151         | 27.2   |      | 91.4 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Kilwa      | M   | 0.50- 4.99   | 158         | 34.2   |      | 96.8 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by district: Lindi              | B   | 0.50- 4.99   | 204         | 13.7   |      | 87.7 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Lindi      | F   | 0.50- 4.99   | 95          | 13.7   |      | 89.5 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Lindi      | M   | 0.50- 4.99   | 109         | 13.8   |      | 86.3 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by district: Nachingwea         | B   | 0.50- 4.99   | 261         | 8.8  |      | 82.8 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Nachingwea | F   | 0.50- 4.99   | 141         | 10.6   |      | 87.2 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Nachingwea | M   | 0.50- 4.99   | 120         | 6.7  |      | 77.5 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by district: Liwale             | B   | 0.50- 4.99   | 272         | 26.1   |      | 94.8 |      |      |     |      |    |        |           |         |      |
|                                     |            | Pre-SAC by sex and district: Liwale     | F   | 0.50- 4.99   | 129         | 25.6   |      | 93.8 |      |      |     |      |    |        |           |         |      |
| Pre-SAC by sex and district: Liwale | M          | 0.50- 4.99                              | 143 | 26.6         |             | 95.8   |      |      |      |      |     |      |    |        |           |         |      |
| D                                   | 1992       | Lindi District: All                     | B   | 0.50-NS      | 2320        |  |      |      |      |      | 118 | 23   | B  | 1770   | *         | 54      |      |
|                                     |            | Lindi District: Women                   | F   | 16.00-NS     | 683         | 1.9  |      |      | 45.4 |      | 120 | 19   |    |        |           |         |      |
|                                     |            | Lindi District: Men                     | M   | 16.00-NS     | 649         | 0.9  |      |      |      | 41.4 | 133 | 22   |    |        |           |         |      |
|                                     |            | Lindi District: Pre-SAC                 | B   | 0.50- 4.99   | 261         | 15.3   |      | 83.9 |      |      | 90  | 19   |    |        |           |         |      |
|                                     |            | Lindi District: SAC                     | B   | 5.00- 14.99  | 727         | 1.4  |      |      | 66.8 |      | 113 | 18   |    |        |           |         |      |
| L                                   | 1991 -1994 | Moshi: PW                               | F   | 15.00- 45.99 | 1798        | 7.0  |      |      |      |      | 97  | 16   | D  | 1942   | *         |         |      |
| L                                   | 1991 -1992 | Dar es Salaam: PW                       | F   | NS           | 1045        | 2.2  |      |      |      |      |     |      | B  | 1935   | *         | 55      |      |
| R                                   | 1987 -1989 | Women by region: Morogoro               | F   | 16.00-NS     | 1631        | 1.0  | 26.8 |      |      | 80.5 | 105 | 15   | D  | 2493   | *         | 56      |      |
|                                     |            | Women by region: Kilimanjaro            | F   | 16.00-NS     | 2749        | 0.1  | 2.1  |      |      | 25.8 | 128 | 16   |    |        |           |         |      |
|                                     |            | Women by region: Mara                   | F   | 16.00-NS     | 587         | 0.7  | 16.9 |      |      | 80.1 | 108 | 13   |    |        |           |         |      |
|                                     |            | Women by region: Dar es Salaam          | F   | 16.00-NS     | 831         | 1.6  | 16.5 |      |      | 62.6 | 112 | 18   |    |        |           |         |      |

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| Level                        | Date       | Region and sample descriptor    | Sex | Age (years) | Sample size | Haemoglobin (g/L)                                    |      |      |      |      |      | Mean | SD | Method | Reference | Notes   |      |
|------------------------------|------------|---------------------------------|-----|-------------|-------------|--|------|------|------|------|------|------|----|--------|-----------|---------|------|
|                              |            |                                 |     |             |             | Proportion (%) of population with haemoglobin below: |      |      |      |      |      |      |    |        |           | General | Line |
|                              |            |                                 |     |             |             | 70   | 100  | 110  | 115  | 120  | 130  |      |    |        |           |         |      |
| R                            | 1987 -1989 | Women by village/area: Madizini | F   | 16.00-NS    | NS          |  | 34.6 |      |      |      | 90.1 |      |    | D      | 2493      |         |      |
|                              |            | Women by village/area: Melela   | F   | 16.00-NS    | NS          |  | 21.9 |      |      |      | 76.4 |      |    |        |           |         |      |
|                              |            | Women by village/area: Msolwa   | F   | 16.00-NS    | NS          |  | 22.9 |      |      |      | 73.4 |      |    |        |           |         |      |
|                              |            | Women by village/area: Naibili  | F   | 16.00-NS    | NS          |  | 2.8  |      |      |      | 20.7 |      |    |        |           |         |      |
|                              |            | Women by village/area: Usari    | F   | 16.00-NS    | NS          |  | 0.6  |      |      |      | 7.6  |      |    |        |           |         |      |
|                              |            | Women by village/area: Mdawi    | F   | 16.00-NS    | NS          |  | 3.6  |      |      |      | 35.2 |      |    |        |           |         |      |
|                              |            | Women by village/area: Nyambori | F   | 16.00-NS    | NS          |  | 16.9 |      |      |      | 80.1 |      |    |        |           |         |      |
|                              |            | Women by village/area: Kimara   | F   | 16.00-NS    | NS          |  | 19.4 |      |      |      | 76.4 |      |    |        |           |         |      |
|                              |            | Women by village/area: Manzese  | F   | 16.00-NS    | NS          |  | 13.7 |      |      |      | 49.0 |      |    |        |           |         |      |
|                              |            | Men by region: Morogoro         | M   | 16.00-NS    | 1447        | 0.7  |      | 26.3 |      |      | 73.5 | 116  | 18 |        |           |         |      |
|                              |            | Men by region: Kilimanjaro      | M   | 16.00-NS    | 1685        | 0.0  |      | 3.1  |      |      | 29.8 | 138  | 19 |        |           |         |      |
|                              |            | Men by region: Mara             | M   | 16.00-NS    | 480         | 0.0  |      | 25.1 |      |      | 79.9 | 116  | 13 |        |           |         |      |
|                              |            | Men by region: Dar es Salaam    | M   | 16.00-NS    | 627         | 0.3  |      | 9.7  |      |      | 47.9 | 128  | 16 |        |           |         |      |
|                              |            | Men by village/area: Madizini   | M   | 16.00-NS    | NS          |  |      | 27.4 |      |      | 76.8 |      |    |        |           |         |      |
|                              |            | Men by village/area: Melela     | M   | 16.00-NS    | NS          |  |      | 18.1 |      |      | 69.9 |      |    |        |           |         |      |
|                              |            | Men by village/area: Msolwa     | M   | 16.00-NS    | NS          |  |      | 31.7 |      |      | 78.4 |      |    |        |           |         |      |
|                              |            | Men by village/area: Naibili    | M   | 16.00-NS    | NS          |  |      | 1.4  |      |      | 14.7 |      |    |        |           |         |      |
|                              |            | Men by village/area: Usari      | M   | 16.00-NS    | NS          |  |      | 2.5  |      |      | 9.0  |      |    |        |           |         |      |
|                              |            | Men by village/area: Mdawi      | M   | 16.00-NS    | NS          |  |      | 2.7  |      |      | 35.7 |      |    |        |           |         |      |
|                              |            | Men by village/area: Nyambori   | M   | 16.00-NS    | NS          |  |      | 25.1 |      |      | 79.9 |      |    |        |           |         |      |
|                              |            | Men by village/area: Kimara     | M   | 16.00-NS    | NS          |  |      | 14.1 |      |      | 60.2 |      |    |        |           |         |      |
| Men by village/area: Manzese | M          | 16.00-NS                        | NS  |             |             | 5.1  |      |      | 35.3 |      |      |      |    |        |           |         |      |
| L                            | 1971       | Dar es Salaam: PW               | F   | NS          | 1317        |  |      | 86.0 |      |      | 93   |      | A  | 1947   | *         | 60      |      |
| L                            | 1964 -1965 | Zanzibar: Women                 | F   | 21.00-NS    | 270         |  | 26.7 |      |      | 56.8 | 111  |      | D  | 1948   | *         | 61      |      |
|                              |            | Zanzibar: Men                   | M   | 21.00-NS    | 280         |  | 33.6 |      |      | 114  |      |      |    |        |           |         |      |
|                              |            | Zanzibar: Children by sex       | F   | 0.00- 19.99 | 165         |  | 36.4 |      |      | 106  |      |      |    |        |           |         |      |
|                              |            | Zanzibar: Children by sex       | M   | 0.00- 19.99 | 230         |  | 37.4 |      |      | 105  |      |      |    |        |           |         |      |

## NOTES

### UNITED REPUBLIC OF TANZANIA (THE)

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**Reference No:** 5221

**General Notes:** *Two-stage cluster sampling; adjustment for altitude and smoking;*

- Line note 1** Prevalence of anaemia 48.4% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 2** Prevalence of anaemia 49.0% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 3** Prevalence of anaemia 48.7% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 4** Prevalence of anaemia 48.6% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 5** Prevalence of anaemia 44.5% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 6** Prevalence of anaemia 49.4% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 7** Prevalence of anaemia 50.1% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 8** Prevalence of anaemia 49.3% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 9** Prevalence of anaemia 46.5% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 10** Prevalence of anaemia 49.1% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 11** Prevalence of anaemia 44.6% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 12** Prevalence of anaemia 54.9% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 13** Prevalence of anaemia 55.5% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 14** Prevalence of anaemia 37.89% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 15** Prevalence of anaemia 44.9% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 16** Prevalence of anaemia 33.7% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 17** Prevalence of anaemia 56.0% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 18** Prevalence of anaemia 27.7% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 19** Prevalence of anaemia 53.6% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 20** Prevalence of anaemia 38.8% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 21** Prevalence of anaemia 21.6% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 22** Prevalence of anaemia 41.0% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 23** Prevalence of anaemia 43.5% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 24** Prevalence of anaemia 30.0% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 25** Prevalence of anaemia 46.3% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 26** Prevalence of anaemia 36.2% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 27** Prevalence of anaemia 60.5% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 28** Prevalence of anaemia 36.1% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 29** Prevalence of anaemia 56.2% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 30** Prevalence of anaemia 47.6% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 31** Prevalence of anaemia 62.0% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 32** Prevalence of anaemia 65.1% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 33** Prevalence of anaemia 60.3% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 34** Prevalence of anaemia 57.2% (Hb <110 g/L PW, Hb <120 g/L NPW).
- Line note 35** Prevalence of anaemia 44.3% (Hb <110 g/L PW, Hb <120 g/L NPW).

**Line note 36** Prevalence of anaemia 40.8% (Hb <110 g/L PW, Hb <120 g/L NPW).  
**Line note 37** Prevalence of anaemia 65.0% (Hb <110 g/L PW, Hb <120 g/L NPW).  
**Line note 38** Prevalence of anaemia 52.7% (Hb <110 g/L PW, Hb <120 g/L NPW).  
**Line note 39** Prevalence of anaemia 53.5% (Hb <110 g/L PW, Hb <120 g/L NPW).  
**Line note 40** Prevalence of anaemia 54.7% (Hb <110 g/L PW, Hb <120 g/L NPW).  
**Line note 41** Prevalence of anaemia 63.9% (Hb <110 g/L PW, Hb <120 g/L NPW).  
**Line note 42** Prevalence of anaemia 66.2% (Hb <110 g/L PW, Hb <120 g/L NPW).  
**Line note 43** Prevalence of anaemia 50.8% (Hb <110 g/L PW, Hb <120 g/L NPW).

**Reference No:** 1931

**General Notes:** *Facility based study (59 schools); Hb determination only for subsample (every 2nd subject).*

**Reference No:** 1932

**General Notes:** *Facility based study (antenatal clinic); Hb cut-off level PW not according to WHO recommendations (please see 'Key to the data tables').*

**Line note 44** Prevalence of anaemia 12.4% (Hb <85 g/L).  
**Line note 45** Prevalence of anaemia 18.9% (Hb <85 g/L).  
**Line note 46** Prevalence of anaemia 10.0% (Hb <85 g/L).  
**Line note 47** Prevalence of anaemia 2.9% (Hb <85 g/L).  
**Line note 48** Prevalence of anaemia 10.8% (Hb <85 g/L).  
**Line note 49** Prevalence of anaemia 14.3% (Hb <85 g/L).  
**Line note 50** Prevalence of anaemia 9.0% (Hb <85 g/L).

**Reference No:** 4971

**General Notes:** *Facility based study (10 schools) in the coastal area of Bagamoyo and Kibaha Districts; baseline values of intervention study; sampling: a total of 2004 children were eligible, 1650 signed a consent form and were included in the study, complete data for 933 children; exclusion of children who had severe clinical symptoms or infections, physical or mental handicaps, or other chronic diseases; inclusion only of schools that had >100 children enrolled in grades 2 through 5, were accessible by road during the rainy season and had a relatively high (>20%) prevalence of schistosoma haematobium; inclusion only of children enrolled in grades 2 through 5, who were 9-15 yrs old and whose parents consented; only mean Hb values; disaggregated data by intestinal helminths infection, anthelmintic treatment.*

**Line note 51** Mean (SD) age 146.1 (14.6) months.  
**Line note 52** Mean (SD) age 146.9 (15.5) months.

**Reference No:** 1772

**General Notes:** *Facility based study (41 schools, biased towards poorest schools); Hb determination only for subsample (50%); all 6 districts of Tanga Region.*

**Reference No:** 1934

**General Notes:** *See also reference No. 5040.*

**Reference No:** 787

**General Notes:** *Facility based study for PW (antenatal clinics).*

**Line note 53** Disaggregated data by age.

**Reference No:** 1770

**General Notes:** *Hb determination only for subsample (72.6%).*

**Line note 54** Prevalence of anaemia 55.3% (different Hb cut-off levels).

**Reference No:** 1942

**General Notes:** *Facility based study (antenatal clinic); method: Corning colorimeter.*

**Reference No:** 1935

**General Notes:** *Facility based study (2 antenatal clinics).*

**Line note 55** Prevalence of anaemia 60.0% (Hb <105 g/L); prevalence of anaemia 17.0% (Hb <85 g/L); median Hb: 101 g/L.

**Reference No:** 2493

**General Notes:** *Method: Cyanox digital haemoglobin meter.*

**Line note 56** Region includes 3 rural villages (Madizini, Melela, Msolwa); disaggregated data by age.

**Line note 57** Region includes 3 rural villages (Naibili, Usari, Mdawi); altitude 1830-3050 m.

**Line note 58** Region includes 1 rural village (Nyambori).

**Line note 59** Region includes 2 urban areas (Kimara, Manzese).

**Reference No:** 1947

**General Notes:** *Facility based study (antenatal clinic).*

**Line note 60** Values for other Hb cut-off levels.

**Reference No:** 1948

**General Notes:** *Study in 4 villages near Donge 18 miles north of Zanzibar; method: MRC Grey Wedge photometer.*

**Line note 61** Hb cut-off level not according to WHO recommendations (please see 'Key to the data tables'); disaggregated data by age.

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