

POLAND

Last Updated: 2005-08-12

Level	Date	Region and sample descriptor	Sex	Age (years)	Sample size	Haemoglobin (g/L)						Reference	Notes				
						Proportion (%) of population with haemoglobin below:							Mean	SD	Method	General	Line
						70	100	110	115	120	130						
L	1997	Cracow: SAC: Total Cracow: SAC by sex Cracow: SAC by sex	B F M	10.00- 12.99 10.00- 12.99 10.00- 12.99	188 86 102					2.6		137 132 139	12 19 18	A	3733	*	1 2 3

NOTES

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General Notes: *Facility based study (three comprehensive schools); dates of survey provided by investigator; sampling: 3 out of 68 primary schools were randomly selected, all pupils aged 10-12 yrs were asked to participate (192 out of 233 consented to participate); Hb cut-off levels males not according to WHO recommendations (please see 'Key to the data tables').*

Line note 1 Prevalence of anaemia 2.3% (Hb <120 g/L females, Hb <122 g/L males); prevalence of iron deficiency 12.7% (>=2 of the indicators: mean corpuscular haemoglobin concentration <=300 g/L, serum ferritin <=12 µg/L, transferrin saturation <=16%); prevalence of iron deficiency anaemia 6.3% (Hb <120 g/L females, Hb <122 g/L males and two or more of the iron deficiency indicators).

Line note 2 Prevalence of iron deficiency anaemia 6.8% (Hb <120 g/L and two or more of the iron deficiency indicators); mean (SD) age 11.1 (0.7) yrs.

Line note 3 Prevalence of anaemia 2.1% (Hb <122 g/L); prevalence of iron deficiency anaemia 3.9% (Hb <122 g/L and two or more of the iron deficiency indicators); mean (SD) age 11.3 (0.6) yrs.

REFERENCES

POLAND

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POLAND

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