

ZIMBABWE

Administrative level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight / age		Height / age		Weight / height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National		1988			0.25-5.00	2472	1.7	8.0	10.3	31.0	0.4	1.7	25.8	5.4	1.2	0.5	1.5	31.0	7.3	1.2		00138	
					0.25-5.00	162	1.2	3.7	6.8	19.8	0.0	0.6	48.8	13.0	0.6	0.0	0.6	54.9	15.4	0.6	Bulawayo		
					0.25-5.00	143	0.0	2.8	2.8	10.6	1.4	2.1	32.4	9.2	2.1	1.4	2.1	36.6	11.3	2.1	Harare/Chitungwiza		
					0.25-5.00	352	2.0	8.2	13.4	35.0	0.3	1.1	29.9	6.6	1.7	0.3	0.9	37.3	8.5	2.0	Manicaland		
					0.25-5.00	183	1.6	9.3	7.1	27.3	0.0	1.1	20.2	1.6	0.0	0.5	0.5	23.5	2.2	0.0	Mashonaland Central		
					0.25-5.00	347	2.3	7.8	13.5	37.6	0.0	1.7	25.9	5.5	1.7	0.3	1.2	30.3	7.2	1.7	Mashonaland East		
					0.25-5.00	298	2.3	12.1	8.5	28.1	0.3	2.7	18.5	3.7	0.7	1.0	2.7	23.9	4.4	0.7	Mashonaland West		
					0.25-5.00	322	0.3	4.7	7.5	34.0	0.3	1.3	27.0	3.8	0.9	0.3	1.9	33.3	6.9	0.9	Masvingo		
					0.25-5.00	121	1.7	8.3	16.5	40.5	0.0	0.0	23.1	0.8	0.0	0.0	0.0	28.9	5.0	0.0	Matabeleland North		
					0.25-5.00	183	1.1	6.0	11.5	30.6	0.0	1.1	21.4	5.5	1.6	0.0	0.0	28.6	7.7	2.2	Matabeleland South		
					0.25-5.00	361	3.0	11.6	11.4	32.2	1.4	3.1	19.4	5.4	1.4	1.1	3.1	22.0	6.8	1.1	Midlands		
					0.25-0.49	143	0.7	7.0	5.6	16.9	0.7	0.7	47.9	20.4	4.2	0.7	2.1	40.8	15.5	4.2			
					0.50-0.99	265	0.4	3.8	8.0	24.6	0.4	1.1	37.5	12.5	3.0	0.8	1.5	37.1	12.9	2.7			
					1. -1.99	540	0.9	8.0	11.5	36.2	0.2	1.9	28.4	5.6	0.9	0.6	0.9	38.2	9.5	1.1			
					2. -2.99	562	2.5	10.0	14.5	41.9	0.5	2.0	25.0	4.1	0.7	0.7	2.0	35.5	9.0	1.3			
					3. -3.99	460	2.4	8.9	11.8	32.2	0.0	1.5	21.2	2.0	0.9	0.2	1.5	27.0	3.1	0.4			
					4. -5.00	502	2.2	7.4	5.4	19.4	0.8	1.8	15.6	1.6	0.4	0.4	1.4	15.8	1.6	0.4			
			URBAN		0.25-5.00	589	0.7	3.4	5.0	15.2	0.3	2.1	34.5	8.7	1.4	1.0	2.2	38.2	10.1	1.2			
			RURAL		0.25-5.00	1883	2.1	9.4	11.9	35.9	0.4	1.5	23.1	4.3	1.1	0.4	1.3	28.8	6.4	1.2			
				M	0.25-5.00	1244	2.1	8.7	12.2	33.1	0.2	1.7	27.8	6.8	1.6	0.3	1.5	34.0	8.6	1.7			
				M	0.25-0.49	77	1.3	9.1	9.1	20.8	0.0	0.0	50.0	21.1	5.3	0.0	1.3	42.1	17.1	5.3			
				M	0.50-0.99	130	0.8	3.8	9.2	24.6	0.0	0.8	38.5	14.6	5.4	0.0	0.8	38.5	15.4	4.6			
				M	1. -1.99	236	2.1	12.3	17.0	42.6	0.0	3.0	28.4	7.6	1.7	0.0	0.8	38.6	10.6	1.7			
				M	2. -2.99	292	2.7	11.0	17.5	45.7	0.7	2.4	28.2	6.9	1.0	1.0	2.7	41.2	11.7	1.7			
				M	3. -3.99	254	2.4	7.1	9.4	28.3	0.0	1.6	22.9	2.0	0.4	0.0	2.0	29.4	3.6	0.0			
				M	4. -5.00	255	2.0	6.7	7.1	22.8	0.4	0.8	19.4	2.4	0.4	0.4	0.8	21.0	2.4	0.8			
				F	0.25-5.00	1228	1.4	7.2	8.3	28.8	0.6	1.6	23.8	3.9	0.7	0.7	1.5	28.0	5.9	0.7			
				F	0.25-0.49	66	0.0	4.5	1.5	12.3	1.5	1.5	45.5	19.7	3.0	1.5	3.0	39.4	13.6	3.0			
				F	0.50-0.99	135	0.0	3.7	6.7	24.6	0.7	1.5	36.6	10.4	0.7	1.5	2.2	35.8	10.4	0.7			
				F	1. -1.99	304	0.0	4.6	7.3	31.4	0.3	1.0	28.4	4.0	0.3	1.0	1.0	38.0	8.6	0.7			

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Administrative level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight / age		Height / age		Weight / height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	JUL-NOV	1988		F	2. -2.99	270	2.2	8.9	11.2	37.7	0.4	1.5	21.4	1.1	0.4	0.4	1.1	29.3	6.0	0.8		00138	
				F	3. -3.99	206	2.4	11.2	14.6	37.1	0.0	1.5	19.0	2.0	1.5	0.5	1.0	24.0	2.5	1.0			
				F	4. -5.00	247	2.4	8.1	3.6	15.8	1.2	2.8	11.7	0.8	0.4	0.4	2.0	10.5	0.8	0.0			
				0. -2.99	2070	2.9	11.7	9.3	28.9	2.2	6.3	23.2	7.6	1.5	1.9	6.1	26.9	8.9	2.2	01474			
				0. -2.99	109	1.2	3.7	5.0	23.9	3.2	6.3	33.5	12.7	3.2	2.5	5.7	38.0	14.6	3.8				Bulawayo
				0. -2.99	283	2.4	9.1	9.3	26.1	2.5	5.6	29.2	9.3	1.9	1.9	5.6	35.4	11.2	2.5				Harare/Chitungwiza
		0. -2.99	261	4.0	10.4	7.7	25.5	1.3	6.1	22.5	6.7	1.8	2.5	7.8	26.4	5.9	2.9	Manicaland					
		0. -2.99	181	3.3	16.3	12.3	34.0	1.9	5.7	18.1	5.7	1.4	1.0	6.2	23.4	8.2	1.4	Mashonaland Central					
		0. -2.99	219	1.9	10.7	8.0	32.6	1.0	4.3	25.2	8.1	2.9	0.5	2.9	25.8	11.3	3.8	Mashonaland East					
		0. -2.99	244	3.1	17.1	11.4	30.3	0.4	7.5	19.9	7.0	0.4	1.8	6.2	21.3	6.6	0.9	Mashonaland West					
		0. -2.99	212	1.6	9.8	12.8	36.5	1.6	3.1	20.8	4.9	0.9	1.0	2.1	26.5	7.4	2.0	Masvingo					
		0. -2.99	163	6.9	18.7	13.4	35.4	5.7	12.4	19.8	7.4	2.0	4.0	11.4	23.6	9.1	2.0	Matabeleland North					
		0. -2.99	119	3.2	11.4	10.9	35.7	3.2	5.5	23.5	7.4	0.9	3.2	4.6	30.2	8.3	2.0	Matabeleland South					
		0. -2.99	280	2.0	8.8	3.6	16.9	2.8	7.6	22.4	8.1	0.8	2.0	8.0	23.2	9.0	1.6	Midlands					
		0. -0.49	403	1.9	7.4	3.5	13.2	3.6	7.5	27.8	12.7	2.5	3.3	8.4	23.4	11.6	3.2						
		0.50-0.99	387	2.0	9.0	4.3	11.9	1.7	9.3	20.5	7.1	1.7	1.9	10.3	20.1	6.2	1.7						
		1. -1.99	646	3.2	14.1	12.2	35.5	1.5	6.0	22.7	7.0	2.0	1.4	4.7	28.8	9.0	2.9						
		2. -2.99	633	3.8	13.5	13.0	42.7	2.3	4.2	22.6	5.2	0.3	1.6	3.4	31.2	8.6	1.3						
		URBAN	0. -2.99	538	2.0	8.0	7.5	24.6	2.5	6.2	29.7	9.7	1.9	2.1	5.6	34.8	11.5	2.8					
		RURAL	0. -2.99	1532	3.2	13.0	9.9	30.4	2.0	6.4	20.9	6.8	1.4	1.9	6.2	24.1	8.0	2.0					
	M	0. -2.99	1016	2.7	13.6	10.6	31.6	2.1	6.7	21.7	7.5	1.9	2.0	6.3	25.7	8.5	2.5						
	M	0. -0.49	190	1.3	6.7	3.2	13.0	2.5	5.9	28.8	13.4	3.2	1.8	5.7	24.9	12.1	3.6						
	M	0.50-0.99	201	2.3	12.1	5.0	14.0	1.9	10.5	19.6	7.2	2.2	3.0	11.6	21.4	5.9	2.2						
	M	1. -1.99	311	3.9	17.4	14.1	40.4	2.1	7.6	20.4	7.1	2.3	2.1	6.4	26.2	8.7	3.5						
	M	2. -2.99	313	2.5	14.9	15.1	45.3	1.8	3.9	20.2	4.5	0.5	1.5	3.2	28.5	7.8	1.1						
	F	0. -2.99	1053	3.2	9.8	8.0	26.4	2.3	6.0	24.6	7.6	1.2	1.8	5.9	28.0	9.2	2.0						
	F	0. -0.49	213	2.5	8.0	3.7	13.4	4.5	9.0	26.8	12.1	1.9	4.6	10.8	22.1	11.2	2.8						
	F	0.50-0.99	186	1.7	5.7	3.7	9.7	1.4	8.1	21.4	7.0	1.2	0.8	9.0	18.8	6.5	1.2						
	F	1. -1.99	335	2.6	11.0	10.5	31.0	0.9	4.5	24.9	6.8	1.7	0.6	3.2	31.3	9.4	2.2						
	F	2. -2.99	320	5.0	12.1	10.9	40.2	2.7	4.4	24.9	5.8	0.2	1.7	3.5	33.8	9.3	1.5						

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							Weight / age		Height / age		Weight / height					BMI / age								
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD				
National	AUG-NOV	1999			0. -5.00	3188	3.0	11.5	14.2	33.7	4.2	8.5	26.3	10.6	4.1	3.9	8.1	31.1	12.1	4.7	Bulawayo Harare Manicaland Mashonaland Centra Mashonaland East Mashonaland West Masvingo Matabeleland North Matabeleland South Midlands	02197		
					0. -5.00	191	0.7	5.6	9.4	22.8	1.3	2.7	28.9	8.7	1.0	0.3	2.7	30.7	9.8	1.4				
					0. -5.00	413	1.7	7.3	12.9	28.9	2.7	5.4	31.1	9.9	3.2	2.3	5.4	35.1	12.2	4.5				
					0. -5.00	521	2.3	14.2	18.8	44.9	1.0	5.1	25.5	11.0	4.2	1.0	5.2	32.4	12.0	3.3				
					0. -5.00	260	3.9	14.8	13.0	33.4	3.0	7.8	20.5	6.7	2.3	3.1	7.9	26.7	9.1	4.0				
					0. -5.00	283	3.5	12.6	13.3	30.6	11.3	20.2	21.8	8.9	3.2	11.4	19.4	27.1	9.3	3.6				
					0. -5.00	310	7.6	19.3	17.8	37.6	18.5	24.7	31.2	18.2	11.3	17.5	23.1	34.8	20.1	10.2				
					0. -5.00	363	3.1	9.8	22.0	39.5	4.1	9.6	42.3	21.5	9.3	3.9	9.6	48.2	24.9	12.1				
					0. -5.00	199	4.2	15.2	9.7	33.1	0.8	5.6	16.2	4.8	1.1	1.1	5.2	19.2	6.0	1.5				
					0. -5.00	201	2.3	10.9	10.5	27.9	1.2	3.8	18.8	6.9	1.6	0.9	3.7	22.7	7.6	2.1				
					0. -5.00	446	1.4	6.9	8.9	26.9	0.9	3.7	20.0	5.5	1.8	0.7	2.8	24.7	6.1	2.4				
					0. -0.49	332	3.3	6.9	6.9	16.7	8.1	16.4	34.7	17.7	5.8	8.3	16.2	32.6	15.0	5.5				
					0.50-0.99	295	3.0	7.9	11.4	22.6	6.8	12.7	27.2	10.3	5.9	6.8	13.3	27.1	11.4	5.3				
					1. -1.99	673	3.7	12.3	19.6	41.3	6.2	10.7	27.8	13.5	4.6	5.2	9.4	37.4	16.2	6.2				
					2. -2.99	640	3.2	14.5	18.6	41.0	2.7	4.9	28.9	9.9	3.6	2.1	4.6	38.6	12.6	4.0				
					3. -3.99	609	1.9	11.1	10.2	34.7	2.4	6.5	23.6	7.8	2.4	2.1	5.7	28.2	10.5	3.0				
					4. -5.00	638	2.8	12.2	13.2	31.0	2.2	5.9	19.9	7.5	4.4	2.6	6.2	21.3	7.7	4.8				
					URBAN	0. -5.00	935	1.0	7.1	10.7	27.9	2.6	4.9	30.6	10.5	3.4	1.9	4.9	34.6	11.9			4.0	
					RURAL	0. -5.00	2253	3.8	13.4	15.7	36.0	4.8	10.0	24.4	10.6	4.5	4.7	9.5	29.7	12.2			5.0	
						M	0. -5.00	1616	3.4	12.6	15.6	35.6	4.4	8.9	26.8	11.0	4.8	3.8	8.5	32.9			12.7	4.8
						M	0. -0.49	176	4.4	9.6	8.5	16.5	6.8	14.7	33.0	17.5	6.0	6.6	14.2	32.0			14.8	6.6
						M	0.50-0.99	155	3.4	9.5	13.3	24.9	6.8	13.1	27.7	8.9	5.3	7.1	14.9	28.1			9.6	3.9
						M	1. -1.99	343	5.3	15.0	22.6	44.4	7.5	12.3	28.7	13.2	5.8	5.2	9.4	38.3			16.5	6.3
						M	2. -2.99	329	3.0	16.0	21.9	44.2	2.5	3.5	29.6	12.4	4.8	1.9	3.7	42.1			14.6	4.4
						M	3. -3.99	306	1.5	10.3	11.5	36.3	2.9	7.7	24.7	7.8	2.3	2.8	7.6	30.9			12.3	2.9
						M	4. -5.00	307	3.2	12.1	10.7	32.5	2.2	6.8	19.8	7.6	5.4	2.3	6.8	22.6			7.6	5.0
	F	0. -5.00	1572	2.5	10.4	12.8	31.7	3.9	8.1	25.7	10.2	3.5	4.0	7.8	29.3	11.4	4.6							
	F	0. -0.49	156	2.1	3.8	4.9	16.9	9.7	18.5	36.8	18.0	5.5	10.3	18.6	33.3	15.3	4.2							
	F	0.50-0.99	140	2.5	6.1	9.3	20.0	6.8	12.3	26.5	11.9	6.5	6.4	11.5	26.0	13.4	6.9							
	F	1. -1.99	330	2.0	9.4	16.5	38.2	4.9	9.1	26.9	13.8	3.3	5.2	9.3	36.5	16.0	6.2							

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							Weight / age		Height / age		Weight / height					BMI / age								
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD				
National	AUG-NOV	1999		F	2. -2.99	312	3.5	13.0	15.3	37.7	2.9	6.4	28.2	7.4	2.4	2.3	5.5	35.0	10.5	3.6		02197		
				F	3. -3.99	302	2.3	11.9	8.9	33.0	1.8	5.2	22.6	7.7	2.4	1.5	3.7	25.5	8.8	3.0				
				F	4. -5.00	332	2.3	12.4	15.4	29.6	2.2	5.0	20.0	7.3	3.5	2.9	5.7	20.2	7.7	4.5				
	AUG-FEB	2005-06			0. -5.00	5254	4.1	14.0	15.2	35.8	2.9	7.3	25.5	9.1	3.3	2.6	6.5	29.3	10.7	4.0		02790		
					0. -5.00	235	5.9	13.3	11.4	28.1	4.6	7.4	30.2	13.9	3.8	3.4	6.8	34.2	15.0	5.1			Bulawayo	
					0. -5.00	532	2.4	7.9	15.5	29.1	1.5	4.6	36.1	13.4	3.5	1.3	3.5	39.3	15.5	5.5			Harare	
					0. -5.00	680	3.6	14.1	19.7	41.7	2.5	5.8	30.2	9.1	2.8	2.5	5.4	35.1	12.0	3.8			Manicaland	
					0. -5.00	608	4.6	17.3	15.5	41.1	1.2	6.8	17.7	5.7	1.1	1.3	5.8	20.9	8.3	1.3			Mashonaland Central	
					0. -5.00	469	7.4	16.9	19.5	38.6	6.4	12.3	24.7	10.3	5.2	6.1	11.8	28.0	12.1	5.6			Mashonaland East	
					0. -5.00	506	4.8	13.8	13.0	36.1	6.1	12.7	22.2	11.2	4.6	4.6	10.4	26.8	10.9	4.4			Mashonaland West	
					0. -5.00	699	4.1	14.3	14.6	34.0	3.3	6.9	24.6	8.0	3.2	2.9	6.9	29	9.1	3.4			Masvingo	
					0. -5.00	404	4.8	15.1	10.7	34.1	2.8	8.0	20.6	7.8	3.1	1.9	7.1	23.0	7.4	4.1			Matebeleland North	
					0. -5.00	291	3.5	11.5	11.7	34.4	2.4	5.2	22.4	5.6	3.2	1.8	4.6	27.8	8.1	3.9			Matebeleland South	
					0. -5.00	830	2.3	14.1	14.9	34.7	1.1	5.1	26.0	8.6	3.8	1.3	4.8	29.1	10.3	4.2			Midlands	
					0. -0.49	484	2.8	9.7	8.2	18.8	5.4	11.1	35.5	17.5	7.6	4.2	9.0	33.3	15.2	6.7				
					0.50-0.99	538	4.5	12.4	12.1	29.7	4.1	9.7	28.4	11.8	3.1	3.4	11.1	29.2	12.5	4.5				
					1. -1.99	1012	4.3	13.9	21.2	43.9	3.1	8.6	28.4	11.3	4.5	2.5	7.2	37.7	13.5	6.0				
					2. -2.99	1036	5.1	17.0	18.1	42.3	3.4	7.3	25.3	7.6	2.4	2.9	6.7	30.6	10.5	3.5				
					3. -3.99	1077	4.6	14.4	16.3	37.2	2.0	5.8	26.4	7.8	3.2	2.1	5.0	30.1	10.6	3.1				
					4. -5.00	1106	2.9	13.5	10.5	31.5	1.7	4.9	17.0	5.3	1.8	1.7	4.3	18.5	6.1	2.2				
					URBAN	0. -5.00	1305	2.6	9.6	13.3	29.8	2.4	5.4	31.3	12.3	3.5	2.2	4.7	36.0	14.1			5.8	
					RURAL	0. -5.00	3948	4.6	15.4	15.8	37.8	3.1	7.9	23.6	8.1	3.3	2.7	7.1	27.1	9.6			3.4	
						M	0. -5.00	2637	4.8	15.1	16.2	38.6	3.1	7.6	26.3	9.5	3.4	2.6	6.8	31.0			11.4	4.0
	M	0. -0.49	240	4.0	9.0	7.3	20.3	5.3	9.5	34.9	16.4	6.5	4.1	7.8	31.2	14.6	7.1							
	M	0.50-0.99	267	4.9	11.1	12.2	33.1	2.6	9.9	29.2	15.8	5.3	1.9	12.3	29.9	15.9	6.6							
	M	1. -1.99	507	5.6	17.5	25.0	48.9	3.2	9.4	27.2	11.3	4.0	2.1	7.5	39.5	13.3	5.4							
	M	2. -2.99	518	6.0	19.0	20.0	45.6	3.1	6.5	25.6	7.2	2.0	2.7	6.2	31.2	10.4	2.1							
	M	3. -3.99	540	4.9	13.7	17.0	39.5	2.7	6.8	28.0	7.7	3.3	2.9	5.6	32.8	11.7	3.6							
	M	4. -5.00	564	3.3	15.0	9.8	32.5	2.6	6.0	20.0	6.5	2.2	2.6	5.3	22.2	7.4	2.5							
	F	0. -5.00	2617	3.4	12.9	14.2	33.1	2.8	6.9	24.7	8.7	3.3	2.5	6.3	27.6	10.0	4.0							

ZIMBABWE																							
Administrative level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight / age		Height / age		Weight / height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	AUG-FEB	2005-06		F	0. -0.49	244	1.5	10.3	9.1	17.2	5.6	12.7	36.2	18.5	8.6	4.2	10.2	35.4	15.8	6.2		02790	
				F	0.50-0.99	271	4.2	13.6	12.0	26.5	5.5	9.5	27.5	8.0	1.1	4.8	10.0	28.6	9.3	2.6			
				F	1. -1.99	505	2.9	10.2	17.6	39.0	3.0	7.7	29.7	11.4	5.0	3.0	6.8	36.0	13.6	6.6			
				F	2. -2.99	519	4.3	15.0	16.2	39.0	3.6	8.1	24.9	8.0	2.8	3.1	7.2	29.9	10.5	4.8			
				F	3. -3.99	537	4.3	15.1	15.6	34.9	1.3	4.8	24.7	7.8	3.2	1.3	4.3	27.3	9.6	2.6			
				F	4. -5.00	542	2.4	12.0	11.2	30.5	0.8	3.7	13.9	4.1	1.3	0.8	3.4	14.7	4.8	1.9			