

PHILIPPINES (THE)

Admin. level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median													Notes	Ref	
							Weight/age		Height/age		Weight/height					BMI / age						
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD			+3SD
National		1971-75			0. -5.99	5603		45.5		60.2		9.9		0.8							Converted estimates	00318
National	FEB-MAR	1982			0. -5.99	2669		29.6		48.7		6.1									Converted estimates	00338
National	MAR-JUL	1987			0. -4.99	2250		29.3		44.7		5.7									Converted estimates	00417
National		1989-90			0. -4.99	5629		29.9		43.3		6.9									Converted estimates	00416
National		1992			0. -4.99	5858		29.8		40.9		8.8		1.7							Converted estimates	01346
National	FEB-JUL	1993			0. -4.99	4229		26.3		38.9		9.1	1.5								Converted estimates	01510
National	JUN-DEC	1998			0. -4.99	24308		28.3		38.3		8.0		1.9							Converted estimates	02176
National		2003			0. -5.00	3499	4.8	20.7	10.5	33.8	1.6	6.0	9.0	2.4	1.2	1.6	4.5	10.8	2.8	1.4		02772
					0. -5.00	196	7.4	25.8	16.5	38.3	2.1	9.8	10.8	2.1	1.0	2.6	7.5	13.5	2.1	1.0	ARMM	
					0. -5.00	224	5.7	21.4	10.6	36.6	1.3	5.7	8.0	0.0	0.0	1.3	4.0	8.0	1.4	0.0	Bicol	
					0. -5.00	314	4.1	18.4	8.0	26.4	1.6	4.8	9.7	4.1	2.1	1.6	4.1	11	4.4	2.4	CALABARZON	
					0. -5.00	126	0.8	11.7	11.8	35.5	0.8	3.1	19.0	5.6	3.1	0.8	1.6	22.2	6.4	2.3	CAR	
					0. -5.00	191	5.7	23.7	13.6	38.4	1.6	8.0	5.8	2.6	1.6	1.6	4.5	6.3	2.1	1.6	CARAGA	
					0. -5.00	150	5.2	25.4	9.7	36.1	2.6	9.2	4.9	0.0	0.0	2.0	6.5	8.8	0.0	0.0	Cagayan	
					0. -5.00	288	3.1	16.6	3.8	23.8	1.4	5.5	8.6	1.1	0.7	1.0	5.2	9.9	1.8	0.7	Central Luzon	
					0. -5.00	238	4.6	23.4	11.9	43.2	1.7	6.9	7.7	0.6	0.6	2.0	4.7	10.9	2.2	1.0	Central Visayas	
					0. -5.00	156	4.4	18.0	11.3	36.1	1.3	2.6	5.8	2.4	0.7	1.3	1.9	8.3	2.4	1.2	Davao	
					0. -5.00	223	5.3	22.8	12.4	40.0	1.8	6.3	5.3	1.3	0.0	1.8	4.5	6.7	1.3	0.0	Eastern Visayas	
					0. -5.00	197	8.1	24.7	11.1	32.3	3.0	9.0	7.6	2.5	2.0	2.5	7.0	9.6	3.5	2.5	Ilocos	
					0. -5.00	151	7.9	27.1	10.1	37.9	0.7	6.6	4.2	1.3	0.0	0.7	4.6	5.7	1.3	0.0	MIMAROPA	
					0. -5.00	344	2.7	13.8	5.4	24.4	2.0	6.6	14.2	5.3	2.0	2.1	5.1	16.4	5.1	2.0	NCR	
					0. -5.00	147	3.1	17.7	14.9	31.1	0.7	0.7	15.8	6.0	2.7	0.7	0.7	17.8	5.3	2.7	Northern Mindanao	
					0. -5.00	193	4.9	25.3	17.7	43.4	0.8	4.6	10.4	1.6	0.5	0.8	4.1	11.5	2.1	1.1	SOCCKSARGEN	
					0. -5.00	216	6.4	23.0	13.3	37.8	1.8	6.0	7.9	2.8	2.4	1.4	3.6	8.3	2.3	1.9	Western Visayas	
					0. -5.00	145	6.2	27.0	17.3	47.9	0.7	6.2	8.1	1.8	1.1	0.7	3.5	12.3	3.2	1.8	Zamboanga	
					0. -0.49	313	3.0	12.0	2.5	13.1	3.7	10.1	16.2	3.4	2.6	2.9	10.0	13.7	3.4	2.7		
					0.50-0.99	363	4.8	16.1	4.6	12.2	4.7	9.8	8.4	2.0	0.5	4.7	9.9	9.3	2.0	0.7		
					1. -1.99	671	3.5	16.7	7.3	29.3	1.8	7.6	7.8	2.1	1.1	1.8	5.6	9.7	2.7	1.4		
					2. -2.99	664	5.5	23.9	16.2	44.8	1.6	5.6	8.6	1.6	1.1	1.5	3.6	12.4	2.5	1.1		
					3. -3.99	720	5.9	23.6	14.6	42.8	0.3	2.9	10.0	3.5	1.3	0.3	0.9	12.7	4.3	1.3		

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							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National		2003		M	4. -5.00	768	5.3	24.6	10.5	38.4	0.5	4.4	7.1	2.4	1.2	0.5	2.8	8.3	2.1	1.4		02772	
					0. -5.00	1841	4.5	20.3	11.7	35.5	1.6	6.5	10.1	2.7	1.3	1.4	5.0	12.2	3.2	1.3			
					0. -0.49	173	2.6	12.6	2.7	16.1	4.9	11.5	16.0	3.5	2.4	3.5	12.0	13.9	2.2	1.3			
					0.50-0.99	193	5.8	18.9	6.9	15.3	4.4	11.8	10.8	2.2	0.9	4.4	11.1	10.1	2.1	0.9			
					1. -1.99	326	3.6	19.1	8.8	33.5	2.1	8.5	9.0	2.4	1.0	2.2	7.6	11.2	2.7	1.2			
					2. -2.99	356	4.9	23.9	19.9	48.4	1.2	5.5	10.1	2.0	1.7	0.9	3.3	14.8	3.4	1.7			
					3. -3.99	371	4.9	21.4	13.8	42.0	0.4	3.2	11.4	3.7	1.2	0.4	1.1	14.4	5.2	1.2			
					4. -5.00	422	4.9	20.9	11.1	37.7	0.0	4.2	7.3	2.6	1.2	0.0	2.0	9.0	2.6	1.2			
					0. -5.00	1658	5.2	21.3	9.2	31.9	1.6	5.5	7.8	2.2	1.1	1.7	3.9	9.3	2.4	1.5			
					0. -0.49	140	3.5	11.1	2.2	9.4	2.2	8.5	16.4	3.2	2.9	2.2	7.5	13.4	4.8	4.4			
					0.50-0.99	170	3.7	12.8	1.9	8.6	5.0	7.4	5.6	1.8	0.0	5.0	8.6	8.4	1.8	0.5			
					1. -1.99	345	3.4	14.4	5.8	25.3	1.5	6.8	6.6	1.7	1.3	1.5	3.6	8.2	2.6	1.6			
					2. -2.99	308	6.1	24.0	11.9	40.6	1.9	5.8	6.8	1.1	0.3	2.2	4.0	9.5	1.4	0.3			
					3. -3.99	349	6.8	25.9	15.5	43.6	0.2	2.6	8.5	3.3	1.4	0.2	0.8	11.0	3.3	1.4			
4. -5.00	346	5.8	29.3	9.8	39.3	1.1	4.8	6.8	2.2	1.2	1.1	3.9	7.4	1.6	1.6								
National		2008		0. -5.00	18403	4.3	20.7	10.2	32.3	2.0	6.9	10.1	3.3	1.6	1.9	6.0	11.8	3.5	1.6		03072		
					1028	7.5	24.4	17.4	39.7	4.2	10.4	13.2	5.9	3.7	4.0	9.5	16.0	6.9	3.9			ARMM	
					672	3.3	15.5	11.1	36.3	1.6	5.8	16.9	4.9	2.3	1.6	4.4	18.1	5.2	2.5			CAR	
					818	5.5	22.7	11.6	37.2	2.7	7.8	7.0	2.0	0.9	2.3	6.6	8.1	2.3	1.0			CARAGA	
					1593	3.4	17.4	7.7	24.7	2.1	6.2	12.8	4.1	1.9	1.8	6.1	13.7	4.7	1.7			NCR	
					1129	2.9	20.3	7.2	27.5	0.8	6.5	9.0	3.6	1.8	0.7	5.9	10.8	3.8	2.2			Region I-Ilocos	
					821	3.2	20.5	7.7	31.1	2.9	8.0	9.9	3.5	1.2	2.5	6.5	11.2	3.7	1.5			Region II-Cagayan Valley	
					1425	4.0	14.5	6.8	22.3	2.4	7.1	10.9	5.1	2.7	2.1	6.0	12.6	5.0	2.5			Region III-Central Luzon	
					1741	3.2	16.5	6.3	24.8	1.7	6.5	11.6	3.9	1.9	1.7	5.8	12.6	4.2	2.2			Region IV-A-CALABARZON	
					875	4.9	26.6	10.7	37.2	1.4	7.0	7.8	2.5	1.5	1.4	6.0	9.0	2.5	1.5			Region IV-B-MIMAROPA	
					1217	6.0	26.4	12.8	38.2	2.5	8.0	7.0	1.6	0.6	2.3	6.3	8.7	2.0	0.9			Region V-Bicol	
					1172	5.6	25.0	12.1	39.1	2.1	8.5	9.6	3.2	1.6	1.8	7.5	11.0	2.8	1.6			Region VI-Western Visayas	
					1207	3.2	19.4	10.5	35.1	1.3	4.6	8.9	2.2	1.1	1.4	3.8	11.3	2.4	1.1			Region VII-Central Visayas	
					1090	5.2	26.5	14.8	41.1	2.0	6.7	7.9	1.8	0.4	1.7	5.3	10.4	1.8	0.5			Region VIII-Eastern Visayas	



					0. -5.00	812	5.3	25.4	12.9	40.3	1.9	8.0	7.3	2.0	0.4	2.5	6.9	9.9	2.0	0.8	Region IX- Zamboanga Peninsula	
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Admin. level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National		2008			0. -5.00	930	4.5	21.6	11.9	37.7	1.9	6.6	10.0	2.2	0.7	2.0	5.4	13.0	2.6	1.0	Region X-Northern Mindanao Region XI-Davao Region XII- SOCCSKSARGEN	03072	
				0. -5.00	936	3.9	22.0	11.8	37.0	1.6	5.8	9.9	2.0	1.3	1.6	5.0	10.9	2.5	1.4				
				0. -5.00	937	5.2	24.7	15.2	39.6	2.3	7.0	8.5	2.2	0.7	1.9	5.6	11.1	2.6	0.6				
				0. -0.49	1640	4.6	12.1	3.5	11.6	5.3	12.0	16.9	5.2	1.9	5.2	12.0	11.8	3.6	1.4				
				0.50-0.99	1859	4.4	15.5	3.1	14.2	3.6	11.6	10.3	2.8	1.3	3.9	12.3	10.0	2.6	1.2				
				1. -1.99	3412	4.8	19.3	8.9	27.7	2.6	9.4	10.6	3.4	1.5	2.3	7.7	14.3	4.2	1.7				
				2. -2.99	3459	4.5	22.8	13.6	40.1	1.4	5.5	10.7	3.8	1.7	1.3	4.2	14.7	4.5	2.2				
				3. -3.99	3604	4.4	24.1	13.6	41.2	1.1	4.4	8.3	2.5	1.4	0.9	3.3	10.9	2.8	1.5				
				4. -5.00	4429	3.6	23.0	11.3	38.2	0.8	4.3	8.0	3.0	1.5	0.7	3.2	9.0	3.1	1.5				
			M	0. -5.00	9512	4.5	20.9	10.8	33.5	2.4	7.4	10.8	3.6	1.7	2.2	6.4	12.9	3.9	1.9				
			M	0. -0.49	853	5.7	13.3	3.8	12.6	6.4	13.5	16.9	5.3	1.9	6.0	14.0	11.6	2.7	1.6				
			M	0.50-0.99	969	4.6	18.4	4.1	18.2	3.8	11.9	10.9	2.2	1.2	4.1	12.6	10.6	2.0	1.1				
			M	1. -1.99	1748	5.5	20.4	9.9	30.4	3.3	10.9	11.6	4.3	1.9	2.9	9.0	16.3	5.1	2.3				
			M	2. -2.99	1792	4.2	22.9	14.5	40.9	1.5	5.6	11.4	4.3	2.2	1.3	4.0	15.4	5.1	2.5				
			M	3. -3.99	1865	4.1	22.7	13.4	40.8	1.3	4.9	9.0	2.6	1.5	1.2	3.6	11.7	3.0	1.6				
			M	4. -5.00	2285	3.7	22.2	11.8	38.8	0.9	4.0	9.0	3.4	1.6	0.8	2.9	10.8	3.9	2.0				
			F	0. -5.00	8891	4.1	20.6	9.6	31.1	1.7	6.4	9.3	2.9	1.2	1.6	5.6	10.5	3.1	1.3				
			F	0. -0.49	787	3.5	10.8	3.1	10.4	4.2	10.3	16.9	5.0	1.8	4.3	9.9	12.1	4.6	1.2				
			F	0.50-0.99	890	4.2	12.4	2.0	10.0	3.3	11.2	9.6	3.4	1.5	3.7	11.9	9.2	3.3	1.2				
			F	1. -1.99	1664	4.0	18.0	7.8	24.9	1.9	7.9	9.7	2.4	1.1	1.6	6.4	12.2	3.3	1.2				
			F	2. -2.99	1667	4.7	22.7	12.7	39.3	1.3	5.3	9.9	3.1	1.1	1.3	4.4	13.9	3.8	1.8				
			F	3. -3.99	1739	4.7	25.6	13.7	41.6	0.8	3.9	7.4	2.3	1.3	0.7	3.0	10.0	2.6	1.3				
			F	4. -5.00	2144	3.4	23.8	10.8	37.7	0.8	4.6	6.9	2.4	1.1	0.6	3.6	7.1	2.4	1.1				