

PANAMA

Administrative level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight / age		Height / age		Weigh / height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	JUN-OCT	1997			0. -5.00	2289	1.3	6.3	8.8	21.5	0.4	1.4	25.6	6.2	1.3	0.3	1.4	28.4	7.2	1.5			
					0. -5.00	174	1.7	6.9	12.1	32.9	0.6	1.2	37.2	7.0	0.0	1.2	1.2	41.6	8.7	0.0	Bocas del Toro		
					0. -5.00	429	1.9	9.1	19.3	34.8	0.0	1.4	27.9	7.6	1.4	0.0	1.7	34.0	9.3	1.4	Chiriquí		
					0. -5.00	229	1.3	8.3	10.0	26.2	0.4	1.3	15.7	4.4	1.3	0.4	1.3	18.8	5.7	2.2	Coclé		
					0. -5.00	219	2.7	11.0	10.6	22.6	1.8	4.1	22.4	6.4	1.8	0.9	3.7	22.9	6.4	1.4	Colón		
					0. -5.00	94	1.1	10.6	8.6	39.8	1.1	1.1	17.2	1.1	1.1	1.1	1.1	24.7	3.2	1.1	Darién		
					0. -5.00	62	0.0	0.0	1.6	8.1	0.0	0.0	30.6	9.7	1.6	0.0	0.0	27.4	8.1	0.0	Herrera		
					0. -5.00	46	0.0	0.0	2.2	8.7	0.0	0.0	32.6	10.9	4.3	0.0	0.0	34.8	10.9	4.3	Los Santos		
					0. -5.00	827	0.8	2.9	2.2	9.2	0.1	1.1	26.1	6.2	1.2	0.1	1.1	27.2	7.2	1.6	Panamá		
					0. -5.00	209	1.0	7.7	11.6	26.6	0.0	1.0	24.2	4.3	1.4	0.0	1.0	28.0	5.3	1.4	Veraguas		
					0. -0.49	235	2.6	5.1	3.4	8.1	0.0	3.0	21.6	3.4	0.0	0.0	3.8	17.1	3.0	0.4			
					0.50-0.99	272	0.7	5.1	3.4	7.2	0.7	1.9	25.7	6.3	1.9	0.7	1.9	23.5	5.6	1.5			
					1. -1.99	474	1.3	7.4	8.9	20.2	0.6	1.9	22.4	5.1	1.3	0.4	1.9	26.9	6.2	1.3			
					2. -2.99	435	1.6	6.0	10.7	26.1	0.2	0.5	31.5	5.8	2.6	0.2	0.2	38.3	9.1	3.0			
					3. -3.99	420	1.0	7.4	14.4	30.4	0.0	1.0	27.9	7.9	1.0	0.2	1.0	33.8	9.6	1.2			
					4. -5.00	453	1.1	5.7	7.7	25.8	0.4	1.1	23.1	7.3	0.9	0.2	0.9	24.4	7.5	0.9			
			URBAN		0. -5.00	874	0.6	2.1	2.1	7.5	0.0	1.0	28.0	7.4	1.9	0.0	0.9	28.6	8.0	2.2			
			RURAL		0. -5.00	886	0.6	4.9	5.3	17.0	0.3	1.5	23.0	5.2	1.1	0.3	1.5	25.2	5.4	1.4			
			RURAL		0. -5.00	92	2.2	12.0	14.1	40.2	1.1	2.2	16.3	2.2	1.1	1.1	2.2	20.7	5.4	1.1	Difícil acceso		
			RURAL		0. -5.00	437	4.1	16.5	28.8	55.9	0.9	1.9	28.1	6.6	0.7	0.7	2.1	36.4	9.9	0.2	Indígena		
				M	0. -5.00	1165	1.1	6.7	9.8	23.9	0.4	1.4	26.9	6.2	1.5	0.3	1.3	31.0	7.9	1.6			
				M	0. -0.49	128	0.8	3.9	2.4	6.3	0.0	2.4	24.6	4.0	0.0	0.0	3.1	18.9	3.9	0.8			
				M	0.50-0.99	137	0.7	5.8	3.8	8.4	0.7	1.5	26.1	6.7	3.7	0.7	1.5	24.6	6.7	3.0			
				M	1. -1.99	245	1.2	9.8	11.5	25.1	0.4	2.1	23.1	5.8	2.1	0.4	2.1	28.6	6.6	1.7			
				M	2. -2.99	222	2.7	6.8	12.7	29.4	0.5	0.9	34.5	5.0	1.8	0.5	0.5	44.1	11.4	2.3			
				M	3. -3.99	201	0.5	7.5	14.5	31.5	0.0	1.0	25.5	5.5	0.5	0.0	0.5	34.0	7.0	0.5			
				M	4. -5.00	232	0.4	4.7	8.6	29.3	0.9	0.9	26.7	9.1	0.9	0.4	0.9	28.9	9.5	1.7			
				F	0. -5.00	1124	1.5	5.9	7.8	19.1	0.3	1.4	24.1	6.2	1.2	0.3	1.5	25.7	6.6	1.3			
				F	0. -0.49	107	4.7	6.5	4.7	10.3	0.0	3.8	17.9	2.8	0.0	0.0	4.7	15.0	1.9	0.0			
				F	0.50-0.99	135	0.7	4.4	3.0	6.0	0.7	2.2	25.4	6.0	0.0	0.7	2.2	22.4	4.5	0.0			

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National	JUN-OCT	1997		F	1. -1.99	229	1.3	4.8	6.1	14.9	0.9	1.8	21.6	4.4	0.4	0.4	1.8	25.1	5.7	0.9		02113
				F	2. -2.99	213	0.5	5.2	8.7	22.6	0.0	0.0	28.4	6.7	3.4	0.0	0.0	32.2	6.7	3.8		
				F	3. -3.99	219	1.4	7.3	14.2	29.4	0.0	0.9	30.1	10.2	1.4	0.5	1.4	33.6	12.0	1.8		
				F	4. -5.00	221	1.8	6.8	6.8	22.2	0.0	1.4	19.2	5.5	0.9	0.0	0.9	19.6	5.5	0.0		