

NAMIBIA

Administrative level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight / age		Height / age		Weight / height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National		1992			0. -5.00	2618	6.5	21.5	13.6	35.7	3.2	9.6	14.0	4.5	1.3	3.2	9.0	15.0	4.9	1.4	Central Northeast Northwest South	00471	
					0. -5.00	293	7.8	18.4	10.1	23.9	7.4	15.2	13.0	4.3	1.7	8.2	14.7	13.8	4.7	2.6			
					0. -5.00	486	9.7	25.6	23.8	49.8	3.2	8.6	18.6	7.0	2.0	2.4	7.4	20.9	7.3	1.6			
					0. -5.00	1181	6.6	24.8	11.0	34.6	2.8	10.5	9.8	3.4	0.8	2.8	10.4	10.1	3.4	1.2			
					0. -5.00	658	3.5	14.1	11.0	31.0	2.1	6.5	18.3	4.9	1.5	2.2	5.4	19.8	5.8	1.1			
					0. -0.49	412	4.3	13.5	10.6	26.3	3.9	9.1	30.4	12.7	4.4	5.0	11.5	22.3	9.5	4.0			
					0.50-0.99	352	5.9	20.3	13.2	30.1	3.9	10.0	15.6	5.0	0.7	4.2	12.8	15.9	5.2	0.3			
					1. -1.99	619	8.0	24.0	17.4	42.2	3.3	11.1	9.6	2.7	0.6	2.7	8.3	14.5	3.7	0.8			
					2. -2.99	471	7.0	24.0	17.9	41.6	2.4	8.8	13.4	2.5	1.2	2.5	7.0	16.7	5.1	1.2			
					3. -3.99	408	6.3	21.2	9.3	35.8	4.2	8.4	9.6	3.2	1.0	4.3	8.4	11.8	4.1	1.4			
					4. -5.00	355	6.8	24.7	9.9	33.0	1.2	10.0	7.2	2.3	0.3	0.7	7.4	7.9	2.1	1.0			
					URBAN	0. -5.00	785	3.7	13.7	9.0	28.2	2.5	7.5	18.2	5.8	2.2	2.9	6.5	20.3	6.6			1.6
					RURAL	0. -5.00	1833	7.7	24.9	15.5	38.8	3.4	10.6	12.1	4.0	0.9	3.4	10.1	12.7	4.1			1.3
					M	0. -5.00	1297	7.1	23.4	15.7	39.3	3.5	10.5	15.1	5.2	1.4	3.6	9.3	16.0	6.1			1.8
					M	0. -0.49	218	6.0	16.5	12.1	30.6	3.7	8.4	31.7	14.2	5.3	5.3	12.5	23.7	11.0			4.7
					M	0.50-0.99	178	5.9	22.3	15.8	33.3	5.3	11.8	16.3	5.4	0.0	5.3	14.0	16.5	6.5			0.0
					M	1. -1.99	303	8.7	26.4	21.1	48.2	3.5	12.5	10.9	3.4	0.8	3.6	8.5	15.2	4.7			1.4
					M	2. -2.99	236	6.5	24.2	20.6	44.1	2.3	10.0	14.1	1.8	1.1	1.9	6.3	17.5	5.5			1.6
					M	3. -3.99	194	6.3	23.2	10.8	37.8	4.6	7.9	9.8	3.4	0.2	4.9	7.8	12.9	5.2			1.6
					M	4. -5.00	168	8.8	27.2	9.8	36.3	1.8	12.1	8.6	3.8	0.6	0.6	7.8	8.6	3.8			1.4
					F	0. -5.00	1321	6.0	19.7	11.5	32.2	2.8	8.8	12.8	3.9	1.3	2.8	8.8	14.0	3.7			1.0
					F	0. -0.49	194	2.5	10.2	9.0	21.6	4.2	9.7	29.0	11.1	3.4	4.7	10.3	20.6	7.8			3.2
					F	0.50-0.99	174	5.8	18.3	10.6	26.8	2.4	8.2	14.9	4.6	1.4	3.1	11.5	15.2	3.9			0.6
					F	1. -1.99	315	7.4	21.8	13.9	36.6	3.1	9.7	8.3	2.0	0.4	1.9	8.1	13.9	2.6			0.1
					F	2. -2.99	236	7.5	23.8	15.2	39.1	2.6	7.6	12.6	3.3	1.3	3.1	7.8	16.0	4.6			0.8
					F	3. -3.99	214	6.3	19.4	8.0	33.9	3.8	8.9	9.5	3.0	1.6	3.8	8.9	10.8	3.1			1.1
					F	4. -5.00	187	5.0	22.5	10.0	29.9	0.7	8.0	6.1	1.0	0.0	0.7	7.0	7.4	0.7			0.7
	AUG-SEP	2000			0. -5.00	4340	6.4	20.3	10.7	29.5	3.0	10.0	11.2	3.3	1.1	2.6	8.7	12.9	4.1	1.1	Caprivi Erongo	02557	
					0. -5.00	221	4.7	16.3	11.5	26.1	4.5	9.0	12.6	5.8	2.9	4.3	7.3	14.3	4.6	2.2			
					0. -5.00	155	3.6	9.1	3.9	13.0	1.9	5.5	21.3	6.4	1.3	2.1	6.1	23.4	8.2	2.2			

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							Weight / age		Height / age		Weight / height					BMI / age								
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD				
National	AUG-SEP	2000			0. -5.00	172	6.2	17.4	7.7	24.5	2.8	12.5	9.0	1.8	0.2	3.1	11.9	9.8	1.9	0.2	Hardap	02557		
					0. -5.00	133	1.8	9.5	6.4	18.2	1.1	5.0	18.0	4.4	1.0	1.2	5.0	19.9	6.7	0.4	Karas			
					0. -5.00	335	11.4	25.8	17.2	40.8	3.7	9.5	10.4	2.4	0.9	2.9	9.0	12.8	4.7	0.9	Kavango			
					0. -5.00	511	6.7	14.6	17.2	34.1	3.2	6.1	18.9	6.3	2.7	2.7	4.4	23.1	7.2	2.4	Khomas			
					0. -5.00	178	4.3	13.3	9.6	25.6	1.5	7.8	13.1	3.5	1.5	1.5	7.0	15.3	4.0	1.4	Kunene			
					0. -5.00	672	12.0	32.1	12.2	35.4	5.2	15.3	5.8	1.7	0.5	4.3	12.5	8.4	3.8	0.5	Ohangwena			
					0. -5.00	173	7.8	21.9	12.5	32.7	5.0	13.3	15.3	4.4	2.1	3.7	11.1	16.1	4.7	2.3	Omaheke			
					0. -5.00	508	3.4	21.5	9.9	32.0	1.6	9.3	7.8	1.5	0.3	1.6	7.8	9.1	1.7	0.3	Omusati			
					0. -5.00	415	5.1	19.9	7.8	25.9	1.7	13.1	4.0	1.3	0.0	1.7	12.4	4.8	1.3	1.1	Oshana			
					0. -5.00	439	4.7	23.4	7.4	29.1	2.3	10.2	8.7	3.6	1.0	1.9	8.4	8.7	4.0	1.2	Oshikoto			
					0. -5.00	428	4.0	12.6	6.5	19.9	2.8	7.0	17.0	4.0	1.1	2.3	6.3	17.3	4.2	0.8	Otjondjupa			
					0. -0.49	447	4.2	8.9	6.9	16.4	3.2	10.0	21.7	7.7	3.6	2.9	8.8	18.0	5.9	2.3				
					0.50-0.99	450	5.1	16.9	7.8	17.6	4.6	14.0	13.8	4.5	1.5	4.2	14.6	12.6	4.8	1.2				
					1. -1.99	907	6.8	20.0	10.3	31.2	3.9	12.6	14.7	3.4	1.0	3.7	11.3	19.3	6.8	1.5				
					2. -2.99	875	7.4	20.6	12.6	32.9	3.0	7.4	9.1	2.1	0.7	2.3	6.1	12.3	3.0	0.7				
					3. -3.99	809	7.1	24.3	14.2	36.5	2.2	8.0	6.7	1.7	0.3	2.1	6.9	9.1	2.2	0.4				
					4. -5.00	853	6.3	24.1	9.0	30.3	1.9	9.9	7.4	3.0	0.9	1.4	7.1	7.9	2.8	1.2				
					URBAN	0. -5.00	1144	4.9	13.0	11.6	25.2	2.7	7.1	17.4	5.5	2.0	2.3	6.3	19.9	6.3	1.8			
					RURAL	0. -5.00	3196	7.0	22.9	10.3	31.0	3.1	11.1	9.0	2.5	0.8	2.7	9.5	10.5	3.3	0.9			
						M	0. -5.00	2154	7.1	21.2	12.1	30.3	4.0	10.9	11.8	3.7	1.5	3.3	9.2	13.2	4.4		1.6	
						M	0. -0.49	229	5.0	10.4	8.5	16.2	4.5	12.0	21.8	8.0	5.3	3.2	9.2	17.0	5.6		2.4	
						M	0.50-0.99	227	4.5	18.3	9.9	17.4	4.5	14.8	12.9	5.9	2.0	4.3	15.4	12.0	5.1		2.1	
						M	1. -1.99	438	8.1	23.5	10.4	32.0	5.0	14.5	14.3	2.8	0.7	4.9	12.3	18.5	7.0		1.9	
						M	2. -2.99	436	7.7	20.2	13.3	33.5	4.9	10.0	10.1	2.6	0.9	3.9	8.3	13.5	3.6		0.7	
	M	3. -3.99	418	6.9	24.4	14.5	37.5	3.2	7.6	6.6	1.8	0.4	3.0	6.8	8.4	2.6	0.5							
	M	4. -5.00	406	8.3	24	13.1	32.8	2.0	8.5	10.1	4.0	1.7	1.1	5.6	10.7	3.5	2.4							
	F	0. -5.00	2187	5.8	19.4	9.3	28.6	2.1	9.2	10.6	2.9	0.7	1.9	8.2	12.6	3.7	0.7							
	F	0. -0.49	218	3.4	7.3	5.2	16.7	1.9	7.9	21.5	7.4	1.9	2.7	8.3	19.0	6.3	2.2							
	F	0.50-0.99	223	5.7	15.6	5.7	17.8	4.8	13.2	14.8	3.0	1.1	4.2	13.8	13.3	4.5	0.2							
	F	1. -1.99	469	5.5	16.7	10.2	30.4	2.8	10.9	14.9	4.0	1.2	2.6	10.4	20.1	6.6	1.1							

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							Weight / age		Height / age		Weight / height					BMI / age								
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD				
National	AUG-SEP	2000		F	2. -2.99	439	7.2	21.1	11.9	32.3	1.2	4.8	8.1	1.7	0.5	0.6	3.9	11.2	2.4	0.7		02557		
				F	3. -3.99	391	7.4	24.2	13.9	35.5	1.1	8.4	6.9	1.6	0.1	1.1	7.1	9.9	1.7	0.3				
				F	4. -5.00	447	4.5	24.2	5.4	28.1	1.8	11.2	4.9	2.1	0.2	1.8	8.3	5.4	2.1	0.2				
	NOV-MAR	2006-07			0. -5.00	5168	4.6	17.5	10.4	29.6	2.0	7.5	14.8	4.6	1.3	1.9	6.9	17.2	5.4	1.6		02874		
						284	6.2	14.5	9.5	26.6	2.1	5.4	12.9	4.2	2.1	1.9	5.8	17.6	6.3	2.5			Caprivi	
						252	2.3	7.5	6.0	22.0	1.5	3.6	24.0	11.8	4.2	0.9	3.3	27.2	10.9	3.4			Erongo	
						148	7.0	20.9	10.9	32.6	3.7	10.9	12.1	5.8	3.5	3.3	10.5	16.5	6.5	3.7			Hardap	
						142	6.1	17.2	12.2	32.0	1.9	7.0	21.5	8.7	2.2	1.9	6.4	24.6	10.6	2.4			Karas	
						632	4.4	19.4	16.0	39.5	1.6	6.8	18.2	6.9	1.4	1.3	6.4	22.3	7.5	1.5			Kavango	
						702	2.1	12.8	6.7	22.9	0.9	5.2	20.6	5.4	0.9	0.9	4.7	24.9	6.4	2.2			Khomas	
						213	3.6	14.1	10.9	28.6	1.1	5.0	16.5	4.8	1.8	1.1	5.9	18.9	6.1	1.8			Kunene	
						671	4.0	20.1	11.4	34.4	2.1	7.1	10.6	2.9	0.8	1.6	6.6	12.6	3.6	0.7			Ohangwena	
						349	3.7	14.6	9.1	22.5	1.1	5.2	12.1	1.7	0.2	1.6	6.3	14.0	2.8	0.2			Omaheke	
						531	4.6	19.1	10.3	28.8	2.1	10.2	9.9	2.2	0.9	1.7	8.5	11.5	2.2	1.7			Omusati	
						350	5.6	21.4	8.7	28.7	2.1	9.7	10.1	3.0	0.8	2.7	7.5	9.2	2.7	1.0			Oshana	
						516	6.5	22.7	11.2	32.5	2.4	11.7	8.7	2.6	1.1	2.2	10.0	9.7	4.3	1.4			Oshikoto	
						379	7.0	17.6	10.3	27.2	4.9	8.8	20.6	6.6	1.1	4.7	7.7	21.1	7.4	1.6			Otjozondjupa	
						555	0. -0.49	555	4.7	12.2	6.0	15.7	4.3	10.2	28.1	11.9	3.8	4.8	11.4	22.5			9.2	3.4
						533	0.50-0.99	533	3.0	10.9	7.5	18.1	2.0	7.9	22.9	7.2	1.7	2.0	8.9	22.1			7.2	2.4
						1065	1. -1.99	1065	6.1	18.8	15.5	39.1	2.8	9.0	15.6	3.9	1.0	2.5	7.2	22.7			6.5	1.2
						1040	2. -2.99	1040	3.1	16.8	13.0	34.7	1.2	5.4	12.6	3.2	0.7	0.9	5.3	17.6			4.8	1.3
						1043	3. -3.99	1043	5.7	19.9	9.6	29.7	1.6	6.7	10.3	3.0	0.6	1.4	5.5	12.3			3.5	1.0
						933	4. -5.00	933	4.1	20.9	6.6	27.4	1.3	7.3	8.9	3.2	1.5	0.8	5.7	9.9			3.7	1.7
1697	0. -5.00	1697	3.1	12.8	7.8	24.7	1.6	5.7	21.0	7.7	2.0	1.4	5.5	24.5	8.4	2.7	URBAN							
3471	0. -5.00	3471	5.3	19.8	11.6	32.0	2.2	8.4	11.8	3.2	1.0	2.1	7.5	13.6	4.0	1.1	RURAL							
2576	0. -5.00	2576	4.8	18.5	12.3	32.0	1.8	7.3	15.5	4.9	1.5	1.8	6.2	17.5	5.6	1.9								
288	0. -0.49	288	4.1	12.5	7.6	18.9	2.1	7.8	30.8	12.9	4.7	3.0	9.9	22.4	8.7	4.0								
276	0.50-0.99	276	2.1	13.0	10.5	21.8	2.6	8.4	22.2	7.4	2.0	3.0	9.4	22.4	7.8	3.4								
549	1. -1.99	549	7.7	23.3	19.2	42.1	2.0	10.2	15.3	2.6	0.5	2.3	6.8	22.1	5.6	0.5								
509	2. -2.99	509	3.2	18.8	13.7	38.7	1.6	6.7	13.6	3.4	0.6	0.9	6.2	18.4	5.9	1.7								

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							Weight / age		Height / age		Weight / height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	NOV-MAR	2006-07		M	3. -3.99	492	5.5	19.6	11.4	31.3	1.5	4.7	10.2	3.8	0.6	1.5	3.4	11.4	4.0	1.1		02874	
				M	4. -5.00	462	4.7	18.3	7.3	27.6	1.2	6.1	10.3	4.0	2.1	0.9	4.1	11.7	3.9	2.3			
				F	0. -5.00	2592	4.3	16.5	8.5	27.1	2.3	7.8	14.0	4.4	1.2	1.9	7.5	16.8	5.2	1.4			
				F	0. -0.49	267	5.3	12.0	4.2	12.1	6.8	12.9	25.0	10.8	2.7	6.8	13.1	22.6	9.8	2.6			
				F	0.50-0.99	257	4.0	8.8	4.4	14.2	1.3	7.3	23.7	7.1	1.3	0.9	8.4	21.7	6.7	1.4			
				F	1. -1.99	516	4.4	14.0	11.5	35.9	3.6	7.8	15.8	5.2	1.5	2.7	7.6	23.3	7.4	2.1			
				F	2. -2.99	531	2.9	14.8	12.4	30.9	0.8	4.2	11.7	3.0	0.8	1.0	4.5	16.9	3.8	0.9			
				F	3. -3.99	552	5.8	20.2	8.1	28.2	1.6	8.4	10.4	2.4	0.7	1.3	7.4	13.2	3.0	0.8			
				F	4. -5.00	471	3.6	23.5	5.8	27.3	1.3	8.4	7.6	2.4	0.9	0.8	7.3	8.1	3.5	1.2			