

**MEXICO**

Admin. level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National		1988			0. -4.99	7422		12.4		28.7		7.4		6.1							Converted estimates	00431	
National Rural		1989			0. -5.00	14932	4.0	13.9	20.4	40.4	2.6	6.1	28.3	9.8	3.2	2.6	5.9	33.6	12.6	4.0		00430	
					0. -5.00	723	0.7	3.5	6.1	25.4	0.4	1.2	14.8	2.8	0.8	0.4	2.1	21.5	3.9	0.8			Atliplano Este
					0. -5.00	1247	2.6	10.8	16.9	35.5	1.9	3.8	28.1	9.1	2.2	1.9	3.8	32.1	11.3	2.9			Atliplano Norte
					0. -5.00	1756	2.1	9.7	17.1	38.0	1.3	3.7	35.2	12.5	3.7	1.2	3.3	40.9	16.9	4.4			Bajio
					0. -5.00	380	3.2	7.9	8.3	25.3	13.1	17.2	23.0	5.7	0.8	13.3	17.4	27.9	6.9	1.9			Centro Norte
					0. -5.00	283	0.0	4.6	4.6	9.2	5.0	11.8	22.5	9.6	3.2	7.4	12.4	24.1	10.3	3.9			Frontera Norte
					0. -5.00	758	4.7	14.4	17.2	36.1	2.7	8.4	26.5	9.6	3.3	2.3	7.0	29.2	11.4	3.9			Golfo Centro
					0. -5.00	812	4.2	14.5	18.9	40.9	3.7	7.8	28.8	8.8	2.5	3.6	7.9	32.0	12.0	2.7			Golfo Sureste
					0. -5.00	1465	6.0	23.8	32.4	60.0	2.1	5.5	23.2	8.3	3.0	2.1	5.2	31.0	10.8	3.7			Huasteca y Sierra
					0. -5.00	1600	10.8	28.1	39.1	64.8	4.4	9.1	26.1	8.8	2.6	4.0	8.3	33.8	12.9	3.8			Mixteca y Canada
					0. -5.00	176	0.6	4.0	6.3	21.3	0.0	4.0	31.4	9.1	2.9	0.0	4.6	33.3	11.5	4.6			Noreste
					0. -5.00	374	1.3	3.5	7.0	14.3	3.0	7.6	30.0	11.9	4.9	5.2	8.4	33.0	12.5	4.6			Noroeste
					0. -5.00	208	4.3	12.5	9.7	30.9	3.4	6.8	28.8	11.2	2.9	3.9	8.7	29.6	13.6	6.3			Norte
					0. -5.00	367	1.4	5.4	5.5	17.5	1.4	3.9	27.6	8.6	2.2	2.2	5.0	30.0	10.2	1.9			Norte Centro
					0. -5.00	1156	1.3	5.4	9.2	23.1	1.7	4.2	27.7	8.2	2.2	1.6	3.8	31.9	9.8	2.8			Occidente
					0. -5.00	557	1.1	4.3	8.3	22.5	1.3	5.1	35.3	14.9	3.8	1.6	5.5	38.0	16.4	4.9			Pacifico Norte
					0. -5.00	770	6.5	23.2	42.3	62.9	2.2	5.6	30.2	7.9	1.8	1.6	4.3	41.9	14.0	3.3			Pacifico Sur
					0. -5.00	210	0.5	4.8	11.0	18.1	1.5	7.3	51.9	20.4	6.3	2.4	6.8	51.2	25.9	8.3			Peninsula Baja California
					0. -5.00	859	4.3	20.3	28.6	53.0	2.2	6.7	25.4	8.2	4.0	1.9	5.8	32.2	10.9	3.6			Peninsula de Yucatan
					0. -5.00	1231	3.5	12.7	19.4	41.6	2.9	6.6	33.4	15.6	7.8	3.0	6.9	36.5	18.0	8.9			Sur Oeste
0. -0.49	1219	5.3	15.4	9.0	22.1	5.5	12.4	28.9	13.0	5.0	5.6	13.7	22.6	9.1	2.8								
0.50-0.99	1444	5.0	14.2	16.3	32.1	3.4	8.1	27.2	12.0	3.9	4.0	9.3	26.9	11.4	3.5								
1. -1.99	2924	4.4	15.3	24.0	44.6	3.1	6.8	30.1	11.8	3.7	2.8	5.7	39.2	16.4	5.9								
2. -2.99	3126	3.9	13.1	22.9	44.1	2.3	5.5	29.4	9.6	2.8	2.3	4.8	38.8	14.9	4.4								
3. -3.99	3143	3.6	12.9	21.1	42.4	1.7	4.5	27.6	7.9	2.5	1.7	4.3	34.4	11.6	3.3								
4. -5.00	3076	3.0	13.5	20.2	41.9	1.8	4.2	26.6	7.9	2.9	1.8	4.1	29.6	9.6	3.0								
M	0. -5.00	7462	4.0	14.6	22.0	42.7	2.5	6.4	28.3	10.1	3.5	2.7	6.2	34.5	13.4	4.3							
M	0. -0.49	603	6.8	17.2	11.5	26.0	4.8	12.5	27.3	13.2	5.5	6.4	14.5	20.7	9.3	3.2							
M	0.50-0.99	709	5.2	16.5	20.5	36.6	3.2	8.5	27.4	12.9	5.2	3.3	9.7	26.9	12.0	4.6							

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Admin. level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National Rural		1989		M	1. -1.99	1474	4.1	16.4	27.0	48.3	3.4	7.8	29.6	11.5	3.8	3.1	6.5	40.1	16.7	6.0		00430	
				M	2. -2.99	1581	3.2	13.5	23.5	45.3	2.2	6.0	27.9	9.1	2.6	2.4	5.2	37.3	14.7	4.1			
				M	3. -3.99	1544	3.7	13.2	20.6	43.7	1.7	5.0	29.4	9.0	2.9	1.8	4.6	37.1	13.1	4.0			
				M	4. -5.00	1551	3.2	13.7	21.8	43.0	1.6	3.8	27.3	8.6	3.3	1.8	3.7	32.6	11.4	3.4			
				F	0. -5.00	7470	3.9	13.1	18.8	38.2	2.7	5.7	28.3	9.5	2.9	2.6	5.5	32.6	11.8	3.6			
				F	0. -0.49	616	3.7	13.6	6.5	18.2	6.1	12.3	30.3	12.8	4.5	4.7	12.9	24.5	9.0	2.4			
				F	0.50-0.99	735	4.8	12.0	12.4	27.7	3.7	7.7	27.1	11.2	2.6	4.7	8.9	27.0	10.7	2.5			
				F	1. -1.99	1450	4.6	14.3	21.0	41.0	2.8	5.8	30.7	12.0	3.7	2.6	4.9	38.2	16.0	5.8			
				F	2. -2.99	1545	4.7	12.8	22.2	42.9	2.4	5.1	30.9	10.1	2.9	2.2	4.3	40.4	15.1	4.7			
				F	3. -3.99	1599	3.4	12.5	21.5	41.1	1.8	4.0	25.8	6.8	2.2	1.7	4.0	31.7	10.2	2.7			
				F	4. -5.00	1525	2.7	13.2	18.6	40.7	2.0	4.6	25.9	7.2	2.5	1.9	4.4	26.6	7.9	2.6			
				National	OCT-MAR	1998-99			0. -5.00	7930	1.3	6.0	7.4	21.7	0.9	2.3	30.1	7.6	1.7	1.0			2.3
	0. -5.00	2721	1.5					5.2	5.7	18.1	1.2	2.5	29.7	6.5	1.5	1.4	2.8	35.2	8.1	1.7			
	0. -5.00	1126	0.6					5.5	4.6	16.4	0.3	2.4	27.9	6.8	1.6	0.3	2.4	30.3	8.9	1.9			
	0. -5.00	1486	0.8					2.2	2.2	9.3	0.9	2.6	34.2	10.4	2.3	0.9	2.4	37.1	10.2	2.5			
	0. -5.00	2597	1.6					9.2	13.4	34.6	0.8	1.9	29.2	7.6	1.7	0.8	1.7	34.6	9.6	2.2			
	0. -0.49	800	1.3					5.0	2.6	9.3	2.6	5.1	28.8	8.0	1.3	2.6	4.2	25.3	4.9	1.4			
	0.50-0.99	795	0.6					5.1	3.5	14.1	0.8	2.3	25.2	6.9	0.8	1.2	3.4	23.7	5.9	1.0			
	1. -1.99	1535	1.4					6.9	8.5	24.7	1.4	3.2	31.3	8.5	1.9	1.5	2.8	40.1	12.7	3.0			
	2. -2.99	1614	1.6					5.7	9.0	25.8	0.7	2.2	32.7	8.6	2.0	0.7	2.6	40.9	11.2	2.7			
	3. -3.99	1612	1.4					6.8	9.9	25.9	0.3	0.9	32.3	7.3	1.7	0.3	0.8	38.0	9.4	1.9			
	4. -5.00	1575	0.9					5.5	6.4	20.0	0.4	1.6	27.3	6.4	1.9	0.5	1.5	29.8	6.7	1.6			
URBAN	0. -5.00	5574	0.8					4.6	4.4	15.1	0.8	2.3	30.8	8.0	2.0	0.9	2.4	34.6	9.2	2.2			
RURAL	0. -5.00	2356	2.4					9.3	14.5	37.2	1.1	2.4	28.6	6.9	1.1	1.1	2.2	34.7	8.7	1.8			
M	0. -5.00	3991	1.3					6.6	8.0	23.0	1.4	3.0	30.6	7.9	1.7	1.5	2.9	35.3	9.3	2.3			
M	0. -0.49	398	1.8					7.6	3.9	11.7	3.8	6.8	31.4	6.3	2.0	4.0	5.2	25.5	5.1	2.0			
M	0.50-0.99	387	0.6					5.7	4.2	16.6	1.3	3.2	24.4	7.0	0.6	2.1	4.5	24.0	5.1	0.6			
M	1. -1.99	776	1.2					8.6	10.4	27.7	2.2	3.4	29.8	9.5	2.3	2.3	3.0	39.8	12.2	4.5			
M	2. -2.99	788	1.8					7.2	9.6	27.1	1.1	3.6	31.8	8.9	2.0	1.2	3.9	39.4	10.6	2.8			
M	3. -3.99	839	1.3	5.7	9.2	26.5	0.5	0.9	33.0	7.9	1.3	0.5	0.8	38.6	11.1	1.5							

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							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	OCT-MAR	1998-99		M	4. -5.00	804	1.0	5.1	6.8	19.5	0.7	2.0	30.2	6.5	1.6	0.6	1.9	34.0	7.4	1.4		02108	
				F	0. -5.00	3939	1.2	5.3	6.8	20.3	0.4	1.7	29.7	7.4	1.7	0.4	1.7	34.0	8.8	1.9			
				F	0. -0.49	402	0.7	2.4	1.4	6.9	1.5	3.3	26.3	9.7	0.7	1.3	3.1	25.2	4.8	0.9			
				F	0.50-0.99	408	0.6	4.5	2.8	11.8	0.3	1.4	26.0	6.8	1.1	0.3	2.3	23.4	6.7	1.3			
				F	1. -1.99	759	1.6	5.1	6.6	21.7	0.6	3.0	32.8	7.5	1.4	0.6	2.7	40.4	13.1	1.5			
				F	2. -2.99	826	1.4	4.4	8.5	24.6	0.3	0.9	33.6	8.3	2.0	0.3	1.3	42.4	11.8	2.6			
				F	3. -3.99	773	1.5	8.0	10.7	25.3	0.1	0.9	31.6	6.7	2.1	0.1	0.8	37.4	7.7	2.3			
				F	4. -5.00	770	0.8	5.9	6.0	20.4	0.2	1.1	24.3	6.2	2.2	0.4	1.2	25.5	6.0	1.8			
National		2006			0. -5.00	7707	0.6	3.4	4.5	15.5	0.4	2.0	27.4	7.6	1.6	0.8	2.0	29.8	8.4	1.9		02786	
					0. -5.00	306	0.6	3.1	3.5	9.9	2.3	2.9	29.8	7.3	2.0	2.3	3.1	30.7	7.4	2.3			Aguascalientes
					0. -5.00	179	0.0	0.0	2.4	6.9	0.8	3.8	25.3	3.6	0.7	2.6	4.1	28.9	6.6	1.1			Baja California
					0. -5.00	197	0.6	2.6	3.0	11.9	0.0	0.6	41.9	12.7	2.6	0.0	1.2	42.8	15.6	2.6			Baja California Sur
					0. -5.00	226	2.0	4.1	8.6	20.1	0.7	1.1	41.2	15.8	2.1	0.7	1.1	43.3	17.3	2.2			Campeche
					0. -5.00	254	0.2	6.4	7.6	31.6	0.5	1.7	23.8	4.6	1.1	0.5	1.8	30.2	5.3	1.7			Chiapas
					0. -5.00	253	1.7	4.8	2.7	9.9	0.4	2.5	22.6	4.0	1.1	0.4	3.7	24.7	5.0	1.1			Chihuahua
					0. -5.00	192	1.4	2.7	2.6	12.1	1.7	2.1	22.4	7.8	1.8	1.7	1.7	23.0	8.5	1.8			Coahuila
					0. -5.00	206	0.0	0.3	0.3	3.4	0.7	0.7	25.2	6.0	0.8	0.7	0.7	24.5	6.0	1.2			Colima
					0. -5.00	184	0.0	0.7	2.8	14.3	0.0	1.5	26.6	6.3	1.5	0.0	1.5	30.8	7.2	2.6			Distrito Federal
					0. -5.00	252	0.3	2.3	3.7	10.8	0.5	0.7	26.7	7.6	1.8	0.5	1.6	28.0	8.0	1.8			Durango
					0. -5.00	252	0.7	3.7	4.2	12.5	1.0	2.9	22.7	6.9	1.8	2.1	2.9	24.2	7.3	1.8			Guanajuato
					0. -5.00	290	0.8	4.9	6.8	28.3	0.3	1.1	22.8	5.3	0.9	0.3	1.0	23.9	7.9	1.0			Guerrero
					0. -5.00	255	1.0	5.1	7.0	21.5	0.5	2.2	24.1	7.0	2.9	0.5	2.0	26.2	7.0	2.2			Hidalgo
					0. -5.00	6990	0.6	3.1	3.8	13.6	0.4	1.9	27.4	7.8	1.7	0.8	1.9	29.4	8.6	1.9			Indigenous (no)
					0. -5.00	717	1.0	6.5	11.0	34.5	0.7	3.4	28.0	5.6	1.2	0.8	3.6	33.1	7.1	1.9			Indigenous (yes)
					0. -5.00	240	0.0	2.5	2.7	9.2	0.0	1.0	25.3	7.9	2.2	0.0	1.0	25.6	8.9	2.4			Jalisco
					0. -5.00	235	0.9	5.6	6.9	18.5	0.2	2.6	22.2	4.1	0.7	0.8	2.4	25.2	4.3	0.9			Mexico
					0. -5.00	278	0.0	2.7	6.3	16.1	0.2	0.5	31.2	11.1	1.9	0.3	1.8	32.6	10.5	3.4			Michoacan
					0. -5.00	258	0.9	3.1	3.7	13.5	0.6	2.3	20.6	6.4	2.1	0.6	1.3	19.5	6.5	1.9			Morelos
	0. -5.00	238	0.4	3.6	0.6	6.2	1.5	2.0	31.5	12.3	2.4	1.5	2.0	33.3	13.6	1.7	Nayarit						
	0. -5.00	257	0.0	1.0	1.9	5.5	0.0	0.8	31.3	10.2	2.4	0.6	0.8	34.2	11.3	2.1	Nuevo Leon						

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Admin. level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National		2006			0. -5.00	272	0.7	4.1	9.3	25.8	0.2	2.7	24.1	5.9	0.7	1.2	3.0	28.0	5.8	1.8	Oaxaca	02786	
					0. -5.00	254	0.3	3.4	4.8	17.9	0.6	0.8	34.8	10.5	3.3	0.6	0.6	37.2	8.9	2.9	Puebla		
					0. -5.00	213	1.2	2.0	1.6	13.3	0.5	1.1	31.9	8.5	3.1	0.5	0.5	34.7	8.9	3.3	Queretaro		
					0. -5.00	199	0.8	1.7	2.8	17.3	0.3	0.9	42.3	10.8	3.6	0.3	0.9	41.7	18.2	3.2	Quintana Roo		
					0. -5.00	227	0.0	2.2	2.3	12.1	0.0	1.2	31.9	10.2	3.2	0.6	0.6	33.1	10.4	4.1	San Luis Potosi		
					0. -5.00	227	1.0	2.2	2.8	10.8	0.0	1.9	30.0	12.9	0.8	0.5	2.8	30.9	13.4	1.5	Sinaloa		
					0. -5.00	199	2.4	4.0	4.1	11.3	2.4	3.4	33.9	12.9	0.8	2.4	4.1	34.8	15.0	3.5	Sonora		
					0. -5.00	270	0.7	3.9	4.3	15.7	0.5	0.7	37.9	13.3	2.6	0.5	0.7	39.4	14.0	3.1	Tabasco		
					0. -5.00	203	0.3	2.0	2.1	4.8	0.3	2.7	23.0	5.6	1.3	0.3	2.0	25.5	6.5	1.3	Tamaulipas		
					0. -5.00	347	0.6	4.2	3.4	14.0	0.8	3.3	24.2	4.9	1.3	0.6	3.3	30.1	5.3	1.3	Tlaxcala		
					0. -5.00	261	1.2	4.1	3.7	17.4	0.5	4.1	32.8	8.4	1.4	1.1	3.9	34.7	11.6	0.9	Veracruz		
					0. -5.00	237	2.2	5.7	8.0	27.9	0.6	0.9	35.1	12.7	2.0	0.3	0.9	38.0	13.8	2.5	Yucatan		
					0. -5.00	246	0.2	4.9	2.1	11.3	0.5	3.8	27.2	7.9	1.7	0.5	2.6	30.4	9.0	1.5	Zacatecas		
					0. -5.00	2926	0.5	3.7	4.5	13.7	0.4	2.0	25.7	7.4	1.6	0.8	2.0	27.4	7.8	1.9	xCentro		
					0. -5.00	184	0.0	0.7	2.8	14.3	0.0	1.5	26.6	6.3	1.5	0.0	1.5	30.8	7.2	2.6	xCiudad de Mexico		
					0. -5.00	1732	0.8	2.3	2.6	8.3	0.7	2.2	26.8	7.3	1.4	1.1	2.5	29.0	8.7	1.8	xNorte		
					0. -5.00	2865	0.8	4.4	5.9	22.1	0.5	2.1	30.0	8.2	1.8	0.7	2.0	32.8	9.4	1.9	xSur		
					0. -0.49	458	2.3	4.8	4.9	14.0	0.8	4.7	32.4	8.7	1.7	2.6	4.9	24.1	5.3	0.3			
					0.50-0.99	665	1.3	4.7	5.1	12.9	0.7	4.5	27.5	5.8	0.6	1.4	4.8	26.4	5.9	0.7			
					1. -1.99	1457	0.5	2.5	3.8	16.0	0.9	1.9	27.3	7.7	0.8	1.0	1.8	33.8	10.0	1.4			
					2. -2.99	1555	0.8	4.3	5.1	16.6	0.4	2.8	27.0	7.9	2.0	1.0	3.0	31.8	9.0	3.3			
					3. -3.99	1741	0.4	3.3	4.4	16.9	0.2	0.9	26.9	9.5	2.3	0.2	0.9	29.3	10.5	2.6			
					4. -5.00	1831	0.2	2.8	4.1	14.2	0.1	0.7	26.9	5.5	1.7	0.1	0.7	28.3	6.5	1.5			
URBAN	0. -5.00	5373	0.7	2.9	3.5	12.5	0.4	2.0	27.8	7.9	1.8	0.7	2.0	29.9	8.7	2.1							
RURAL	0. -5.00	2334	0.5	4.9	7.1	24.1	0.6	2.0	26.4	6.8	1.1	1.0	2.1	29.4	7.6	1.5							
M	0. -5.00	3951	1.0	4.3	5.1	16.0	0.6	2.5	28.7	8.4	1.9	1.1	2.5	31.5	9.6	2.4							
M	0. -0.49	245	3.7	7.4	7.3	15.3	1.2	6.5	34.1	6.6	2.0	4.1	6.9	24.9	6.0	0.5							
M	0.50-0.99	350	2.0	7.3	7.5	13.3	0.8	4.1	28.3	5.3	0.3	2.0	4.6	27.1	4.8	0.3							
M	1. -1.99	741	1.0	4.0	5.7	21.2	1.1	2.6	26.4	8.2	1.1	1.3	2.4	32.1	10.8	1.7							
M	2. -2.99	789	1.0	5.1	6.6	18.4	0.7	4.1	27.7	7.6	2.2	1.4	4.0	34.0	8.6	3.9							

MEXICO																							
Admin. level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National		2006		M	3. -3.99	904	0.6	3.0	4.4	14.4	0.3	0.9	29.4	13.3	3.1	0.3	0.8	32.1	14.2	3.7		02786	
				M	4. -5.00	922	0.1	2.7	2.2	12.5	0.3	0.7	29.5	6.0	1.6	0.3	0.8	32.2	7.8	1.7			
				F	0. -5.00	3756	0.3	2.6	3.8	15.0	0.3	1.5	26.1	6.7	1.4	0.4	1.6	27.9	7.3	1.5			
				F	0. -0.49	213	0.9	2.4	2.7	12.7	0.5	3.0	30.7	10.7	1.5	1.1	2.9	23.3	4.6	0.1			
				F	0.50-0.99	315	0.4	1.4	2.1	12.2	0.6	5.0	26.5	6.3	1.1	0.6	5.0	25.4	7.3	1.2			
				F	1. -1.99	716	0.0	1.1	2.1	11.0	0.6	1.2	28.1	7.3	0.4	0.7	1.2	35.3	9.3	1.0			
				F	2. -2.99	766	0.7	3.3	3.4	14.6	0.1	1.5	26.3	8.2	1.9	0.6	1.9	29.4	9.6	2.7			
				F	3. -3.99	837	0.1	3.5	4.4	19.4	0.1	0.9	24.5	5.7	1.5	0.1	0.9	26.5	6.8	1.5			
				F	4. -5.00	909	0.2	2.9	5.9	15.8	0.0	0.7	24.4	5.1	1.8	0.0	0.7	24.5	5.1	1.3			