

SRI LANKA

Admin. level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median													Notes	Ref	
							Weight/age		Height/age		Weight/height					BMI / age						
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD			+3SD
National		1977-78			0.50-4.99	8344		49.8		50.4		15.9		0.2							Converted estimates	00619
National	JAN-MAR	1987			0.25-2.99	1974	7.4	29.3	10.1	31.2	1.7	13.3	3.4	0.4	0.0	1.6	10.7	4.0	0.6	0.1		00303
					0.25-2.99	251	4.3	23.0	4.3	20.2	0.0	9.8	4.3	0.8	0.0	0.4	9.0	4.3	1.2	0.0	Colombo feeder areas & North	
					0.25-2.99	144	4.2	21.4	4.8	25.1	1.8	13.0	3.6	0.6	0.0	1.2	10.7	4.1	0.6	0.0	Colombo metropol.	
					0.25-2.99	142	5.2	28.3	7.4	26.9	1.3	12.2	4.8	0.9	0.4	0.9	9.6	5.2	0.9	0.4	Irrigated dry zone	
					0.25-2.99	440	6.4	30.4	8.9	27.1	1.5	15.4	2.2	0.0	0.0	1.5	14.2	2.8	0.3	0.0	Lower south-central hill-lands	
					0.25-2.99	266	10.2	33.3	11.9	36.3	4.3	18.3	1.0	0.7	0.0	3.3	15.0	1.7	0.7	0.3	Rainfed dry zone	
					0.25-2.99	285	5.3	24.7	7.8	24.9	1.6	12.9	4.5	0.4	0.0	2.0	9.3	5.3	0.8	0.0	South-western low lands	
					0.25-2.99	446	11.6	35.2	17.7	45.7	1.5	10.8	4.2	0.0	0.0	1.5	7.1	5.3	0.3	0.0	South-central hill estates	
					0.25-0.49	160	5.2	14.7	2.5	13.8	0.7	8.2	6.3	0.7	0.0	1.7	12.5	3.9	0.7	0.0		
					0.50-0.99	355	4.9	21.5	4.9	21.4	1.4	8.9	6.7	0.2	0.0	1.4	9.4	6.3	0.7	0.0		
					1. -1.99	737	7.0	28.6	11.8	34.3	1.5	14.2	2.7	0.6	0.1	1.3	9.9	4.6	1.0	0.1		
					2. -2.99	722	9.5	37.1	12.7	36.7	2.3	15.6	1.7	0.1	0.0	2.0	11.9	2.4	0.1	0.1		
			URBAN		0.25-2.99	261	3.9	19.3	3.6	22.3	1.4	13.4	4.6	0.7	0.0	1.1	11.9	5.6	0.7	0.0		
			RURAL		0.25-2.99	1713	7.9	30.8	11.1	32.5	1.8	13.3	3.2	0.3	0.0	1.7	10.6	3.8	0.6	0.1		
				M	0.25-2.99	1055	7.5	31.0	11.3	31.7	2.0	15.3	3.1	0.3	0.1	1.7	12.1	3.7	0.7	0.1		
				M	0.25-0.49	83	7.0	18.4	4.8	18.1	1.4	11.8	7.9	1.4	0.0	1.4	15.8	4.6	1.4	0.0		
				M	0.50-0.99	201	7.0	25.9	6.7	23.6	2.0	12.6	5.1	0.0	0.0	2.0	13.4	5.1	0.8	0.0		
				M	1. -1.99	385	7.0	32.8	15.0	37.7	1.7	17.1	2.9	0.6	0.2	1.6	11.8	4.9	1.2	0.2		
				M	2. -2.99	386	8.5	34.6	11.4	33.0	2.5	15.6	1.2	0.0	0.0	1.7	11.0	1.5	0.0	0.0		
				F	0.25-2.99	919	7.3	27.3	8.8	30.5	1.4	11.0	3.7	0.4	0.0	1.6	9.1	4.5	0.5	0.1		
				F	0.25-0.49	77	3.3	10.6	0.0	9.0	0.0	4.3	4.6	0.0	0.0	2.0	8.9	3.2	0.0	0.0		
				F	0.50-0.99	154	2.3	15.7	2.6	18.5	0.6	4.1	8.8	0.6	0.0	0.6	4.1	7.8	0.6	0.0		
				F	1. -1.99	352	7.0	23.9	8.4	30.5	1.3	11.1	2.5	0.5	0.0	1.0	7.8	4.3	0.8	0.0		
				F	2. -2.99	336	10.7	40.0	14.1	40.8	2.2	15.7	2.4	0.3	0.0	2.5	12.9	3.4	0.3	0.3		
National	JUL-SEP	1993			0.25-4.99	3067		33.8		29.7		17.5									Converted estimates	01548
National	MAY-JUN	2000			0.25-5.00	379	3.3	16.2	3.0	13.6	3.9	15.0	6.8	3.0	0.4	3.0	13.3	7.7	3.8	0.4	Colombo feeder areas	02634
					0.25-5.00	335	3.7	16.4	2.1	9.1	2.4	12.6	6.0	1.2	0.0	1.5	12.3	6.6	0.9	0.0	Colombo metropol.	
					0.25-5.00	2513	4.7	22.8	3.8	18.4	2.4	15.5	3.9	1.0	0.3	1.6	13.3	4.4	1.1	0.1	Excl. north & east provinces	
					0.25-5.00	87	6.9	26.1	2.7	17.8	3.7	22.4	1.8	0.9	0.0	2.6	18.8	2.0	0.9	0.0	Irrigated dry zone	

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							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	MAY-JUN	2000			0.25-5.00	546	3.9	22.7	3.2	18.3	2.5	15.5	2.8	0.4	0.4	1.1	14.2	3.2	1.1	0.0	Lower south-central hill lands Rainfed dry zone South western costal low lands South-central hill estates Colombo Other urban areas Estate	02634	
					0.25-5.00	231	6.8	30.0	4.7	20.8	3.2	19.6	0.8	0.5	0.1	3.8	15.7	0.9	0.4	0.0			
					0.25-5.00	379	4.2	20.5	5.3	18.3	1.0	12.4	4.3	1.0	0.3	1.0	9.4	5.7	0.7	0.0			
					0.25-5.00	556	6.0	29.4	4.9	26.8	1.5	17.0	3.0	0.2	0.2	0.7	14.1	2.9	0.1	0.1			
					0.25-0.49	150	1.7	10.1	2.3	5.5	0.0	14.6	3.6	2.8	0.8	0.0	17.9	2.5	0.8	0.0			
					0.50-0.99	279	3.4	15.2	2.0	7.8	4.4	13.8	8.2	2.5	0.7	3.8	14.0	8.3	2.5	0.0			
					1. -1.99	547	4.0	18.4	4.6	21.7	1.6	12.5	4.6	0.6	0.1	0.7	9.8	6.4	2.0	0.1			
					2. -2.99	523	5.2	25.5	5.9	21.9	3.1	14.0	4.0	0.2	0.0	2.8	12.2	4.4	0.6	0.0			
					3. -3.99	527	4.7	24.8	2.1	16.9	1.5	16.0	2.6	0.3	0.2	0.9	12.5	3.0	0.2	0.0			
					4. -5.00	487	6.4	30.9	4.2	22.9	2.8	20.8	2.3	1.4	0.3	1.6	17.4	2.3	1.2	0.3			
					URBAN	0.25-5.00	335	3.7	16.4	2.1	9.1	2.4	12.6	6.0	1.2	0.0	1.5	12.3	6.6	0.9			0.0
					URBAN	0.25-5.00	219	1.4	15.0	2.7	12.1	0.1	9.4	8.8	2.3	0.0	0.1	8.2	9.5	3.1			0.0
					RURAL	0.25-5.00	1761	5.0	23.7	3.3	18.1	2.6	17.0	3.3	0.8	0.3	1.9	14.5	3.7	1.0			0.1
					RURAL	0.25-5.00	197	7.5	34.0	13.1	43.4	2.5	13.3	1.0	0.6	0.6	1.0	10.2	1.6	0.3			0.3
					M	0.25-5.00	1332	4.1	22.0	3.6	17.0	2.5	16.5	3.4	0.8	0.2	1.9	13.6	3.8	0.9			0.1
					M	0.25-0.49	67	3.8	11.1	2.9	9.7	0.0	16.6	2.0	2.0	2.0	0.0	21.5	2.0	2.0			0.0
					M	0.50-0.99	181	3.9	16.9	2.1	9.1	2.8	14.0	10.2	2.1	0.0	3.4	13.5	10.3	2.1			0.0
					M	1. -1.99	286	4.5	19.7	3.7	18.5	1.4	16.6	1.9	0.4	0.0	0.8	12.9	3.4	0.4			0.0
					M	2. -2.99	264	4.2	24.4	5.3	22.8	4.6	15.1	4.7	0.5	0.0	4.1	13.0	4.3	1.1			0.0
					M	3. -3.99	280	2.7	21.1	1.9	14.7	2.0	17.0	1.4	0.1	0.1	0.6	10.8	1.9	0.0			0.0
					M	4. -5.00	253	5.3	29.4	4.8	19.9	2.5	19.1	1.6	1.0	0.6	1.8	16.2	1.6	1.0			0.6
					F	0.25-5.00	1181	5.3	23.8	4.1	19.9	2.2	14.3	4.5	1.2	0.3	1.3	13.0	5.1	1.4			0.1
					F	0.25-0.49	83	0.0	9.4	1.9	2.2	0.0	13.0	4.8	3.4	0.0	0.0	15.2	2.9	0.0			0.0
F	0.50-0.99	99	2.6	12.1	1.9	5.2	7.4	13.5	4.4	3.2	1.9	4.6	14.8	4.5	3.2	0.0							
F	1. -1.99	260	3.5	17.0	5.5	25.1	1.8	7.9	7.5	0.9	0.3	0.5	6.4	9.7	3.7	0.3							
F	2. -2.99	259	6.3	26.7	6.6	21.0	1.6	12.9	3.3	0.0	0.0	1.4	11.4	4.4	0.0	0.0							
F	3. -3.99	247	7.0	29.0	2.4	19.4	1.1	15.0	3.9	0.7	0.3	1.1	14.5	4.3	0.4	0.0							
F	4. -5.00	233	7.7	32.5	3.5	26.0	3.2	22.6	3.0	1.8	0.0	1.5	18.6	3.0	1.4	0.0							
National	SEP-OCT	2006-07	URBAN		0. -5.00	6648	3.7	21.1	3.9	17.3	2.8	14.7		1.6							02922		
					0. -5.00	855	3.0	16.5	2.8	13.8	3.2	14.7		1.8									

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							Weight/age		Height/age		Weight/height					BMI / age								
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD				
National	SEP-OCT	2006-07	RURAL		0. -5.00	5348	3.4	21.2	3.3	16.2	2.7	14.8		1.5								Estate	02922	
			RURAL		0. -5.00	446	8.9	30.1	14.2	40.2	3.8	13.5		1.8										
				M	0. -5.00	3436	3.8	21.8	4.7	18.1	3.1	16.1		1.6										
				F	0. -5.00	3212	3.5	20.4	3.0	16.5	2.5	13.2		1.5										
National	JAN-APR	2009			0. -5.00	2589	3.9	21.6	4.6	19.2	1.9	11.8	3.9	0.8	0.3	1.8	10.5	4.1	0.8	0.2		Anuradhapura Badulla Colombo Colombo MC Hambanthota Jaffna Kurunagala Nuwara Eliya Ratnapura Trincomale	02989	
					0. -5.00	222	4.1	17.1	2.7	14.0	1.8	11.7	2.3	0.0	0.0	2.3	11.3	2.3	0.0	0.0				
					0. -5.00	255	5.5	22.4	5.1	23.9	1.6	9.4	4.3	1.6	0.0	1.6	7.8	3.9	0.8	0.0	0.0			
					0. -5.00	247	4.5	22.3	3.6	13.4	3.2	17.4	5.7	1.2	0.4	2.8	15.8	6.9	0.8	0.0	0.0			
					0. -5.00	266	2.3	15.4	3.8	12.8	0.4	7.5	6.4	1.5	0.8	0.4	6.0	7.5	1.1	0.4	0.4			
					0. -5.00	272	5.1	22.8	3.7	15.4	2.2	13.2	3.3	0.7	0.4	2.2	13.6	2.9	0.7	0.4	0.4			
					0. -5.00	270	1.5	14.4	1.9	15.2	0.7	9.6	3.3	0.7	0.4	0.4	7.4	3.7	0.7	0.4	0.4			
					0. -5.00	214	2.3	19.2	3.7	12.6	2.3	14.0	2.8	0.9	0.5	2.8	12.6	2.8	0.9	0.5	0.5			
					0. -5.00	298	5.4	36.2	12.1	40.9	3.0	11.1	2.3	0.3	0.3	2.7	9.7	3.0	0.3	0.0	0.0			
					0. -5.00	250	4.4	25.2	4.8	21.6	1.6	13.6	4.0	0.8	0.0	1.6	10.4	3.6	1.2	0.0	0.0			
					0. -5.00	295	3.7	18.6	3.1	18.0	2.4	11.2	4.4	0.7	0.0	1.7	11.2	3.7	1.0	0.0	0.0			
					0. -0.49	226	3.5	15.9	4.0	13.3	4.4	12.4	8.8	2.7	1.3	4.0	12.8	4.4	0.4	0.0	0.0			
					0.50-0.99	267	1.5	11.6	3.7	13.5	0.0	6.7	7.5	0.7	0.0	0.7	6.4	5.6	0.7	0.0	0.0			
					1. -1.99	570	3.9	17.5	4.4	20.9	2.1	8.4	3.5	0.4	0.0	2.1	7.7	5.4	0.7	0.0	0.0			
					2. -2.99	574	3.8	26.0	5.1	20.6	1.9	13.6	2.6	0.9	0.0	2.1	11.5	3.7	1.0	0.0	0.0			
					3. -3.99	486	5.8	26.1	6.4	23.3	2.5	14.0	2.1	0.6	0.2	2.1	12.6	2.7	0.6	0.2	0.2			
					4. -5.00	466	3.6	24.9	3.0	17.6	1.1	13.9	3.4	0.9	0.6	0.4	11.8	3.2	0.9	0.6	0.6			
					URBAN		0. -5.00	610	2.8	17.7	3.8	14.3	1.5	11.0	5.6	1.1	0.3	1.6	9.7	6.6	1.1			0.2
					RURAL		0. -5.00	1979	4.2	22.8	4.8	20.8	2.1	12.0	3.4	0.8	0.3	1.9	10.8	3.3	0.7			0.2
						M	0. -5.00	1261	3.6	21.6	5.2	19.8	1.9	12.1	4.3	0.7	0.2	1.6	10.4	4.4	0.6			0.1
			M	0. -0.49	116	2.6	16.4	4.3	14.7	2.6	11.2	9.5	1.7	0.9	1.7	9.5	4.3	0.0	0.0					
			M	0.50-0.99	141	2.1	12.1	7.1	16.3	0.0	8.5	8.5	0.7	0.0	1.4	7.8	5.7	0.7	0.0					
			M	1. -1.99	269	4.1	20.8	4.8	23.4	2.6	9.7	4.1	0.4	0.0	2.2	8.9	5.9	0.7	0.0					
			M	2. -2.99	268	4.5	26.1	5.2	22.4	1.9	14.9	3.4	1.1	0.0	1.5	11.6	4.9	1.1	0.0					
			M	3. -3.99	240	4.2	23.3	7.1	19.6	2.5	13.3	2.1	0.8	0.4	2.1	12.1	2.9	0.8	0.4					
			M	4. -5.00	227	2.6	23.8	2.6	17.6	1.3	12.8	2.6	0.0	0.0	0.4	11.0	2.6	0.0	0.0					

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							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+2SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	JAN-APR	2009		F	0. -5.00	1328	4.2	21.6	4.0	18.7	2.0	11.5	3.5	1.0	0.4	2.0	10.6	3.8	0.9	0.2		02989	
				F	0. -0.49	110	4.5	15.5	3.6	11.8	6.4	13.6	8.2	3.6	1.8	6.4	16.4	4.5	0.9	0.0			
				F	0.50-0.99	126	0.8	11.1	0.0	10.3	0.0	4.8	6.3	0.8	0.0	0.0	4.8	5.6	0.8	0.0			
				F	1. -1.99	301	3.7	14.6	4.0	18.6	1.7	7.3	3.0	0.3	0.0	2.0	6.6	5.0	0.7	0.0			
				F	2. -2.99	306	3.3	25.8	4.9	19.0	2.0	12.4	2.0	0.7	0.0	2.6	11.4	2.6	1.0	0.0			
				F	3. -3.99	246	7.3	28.9	5.7	26.8	2.4	14.6	2.0	0.4	0.0	2.0	13.0	2.4	0.4	0.0			
				F	4. -5.00	239	4.6	25.9	3.3	17.6	0.8	15.1	4.2	1.7	1.3	0.4	12.6	3.8	1.7	1.3			