

HONDURAS																							
Admin. level	Months	Year	Area	Sex	Age group	Sample size	Percentage below / above median															Notes	Ref
							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National		1987			0. -4.99	3244		18.1		43.3		2.3		2.7						Converted estimates	00457		
National		1991-92			0. -4.99	5961		15.8		42.5		2.1								Converted estimates	01325		
National		1993-94			0. -4.99	1875		16.1		45.7		2.7								Converted estimates	01614		
National	JUL-OCT	1996			1. -5.00	1456	4.2	19.2	18.1	43.3	0.2	1.3	13.6	2.4	0.4	0.1	0.7	18.8	3.0	0.5			
					1. -5.00	330	1.7	16.4	13.4	36.8	0.0	1.2	15.8	3.8	0.4	0.0	0.5	19.7	4.3	0.4	Region 1		
					1. -5.00	155	5.9	24.5	30.2	57.3	0.0	0.9	10.5	0.9	0.5	0.0	0.0	17.8	1.9	0.5	Region 2		
					1. -5.00	408	1.6	14.9	13.2	35.4	0.0	1.1	14.3	3.4	0.2	0.0	0.5	19.0	4.5	0.4	Region 3		
					1. -5.00	154	5.9	21.5	16.7	42.7	0.3	3.0	11.1	1.4	0.3	0.3	1.6	13.2	1.4	0.0	Region 4		
					1. -5.00	208	8.2	31.5	33.5	70.2	0.3	1.4	12.7	1.2	1.2	0.3	1.0	20.3	1.9	1.5	Region 5		
					1. -5.00	119	0.7	5.0	4.2	24.7	0.0	0.0	15.7	1.5	0.0	0.0	0.0	23.5	1.5	0.0	Region 6		
					1. -5.00	83	14.8	25.8	22.8	42.9	3.0	3.0	11.0	1.0	0.0	0.0	3.0	15.0	1.0	0.0	Region 7		
					1. -1.99	386	4.5	22.1	23.4	52.9	0.6	1.6	13.8	1.3	0.0	0.0	1.0	23.0	2.1	0.2			
					2. -2.99	341	5.5	18.5	21.6	43.7	0.1	0.2	14.7	2.0	1.0	0.1	0.2	19.8	2.6	1.1			
					3. -3.99	346	4.2	17.8	13.2	39.8	0.0	0.4	14.2	2.6	0.0	0.0	0.3	15.4	2.8	0.0			
					4. -5.00	743	4.9	18.3	18.0	42.9	0.5	2.0	14.4	2.3	0.2	0.2	1.0	22.2	3.2	0.4			
			URBAN		1. -5.00	347	1.0	6.6	7.7	24.0	0.0	0.7	20.4	5.3	0.7	0.0	0.7	23.8	5.9	0.7	Other urban areas		
			URBAN		1. -5.00	175	4.4	16.3	16.7	38.9	0.0	3.0	17.7	2.5	0.0	0.0	1.0	21.2	3.0	0.5	Tegucigalpa		
			RURAL		1. -5.00	933	5.3	24.4	22.3	51.3	0.4	1.3	10.3	1.3	0.4	0.1	0.7	16.4	2.0	0.4			
				M	1. -5.00	743	4.9	18.3	18.0	42.9	0.5	2.0	14.4	2.3	0.2	0.2	1.0	22.2	3.2	0.4			
				M	1. -1.99	185	3.7	18.5	16.5	40.5	0.4	4.1	14.8	4.6	0.8	0.4	1.1	20.6	5.5	0.8			
				M	2. -2.99	210	5.6	21.9	22.8	48.8	1.2	2.6	13.4	2.2	0.0	0.0	1.9	24.8	3.7	0.4			
				M	3. -3.99	178	6.8	16.7	19.2	44.0	0.2	0.2	13.6	0.6	0.2	0.2	0.2	21.8	1.3	0.4			
				M	4. -5.00	169	3.5	15.3	12.2	36.8	0.0	0.6	16.2	1.5	0.0	0.0	0.4	21.0	1.9	0.0			
				F	1. -5.00	713	3.4	20.1	18.2	43.7	0.0	0.7	12.7	2.6	0.6	0.0	0.5	15.2	2.9	0.6			
				F	1. -1.99	198	1.6	17.6	11.7	32.4	0.0	1.7	9.1	3.0	0.5	0.0	1.3	12.7	3.7	0.5			
				F	2. -2.99	175	3.2	22.3	24.1	57.8	0.0	0.5	14.3	0.2	0.0	0.0	0.0	21.0	0.2	0.0			
				F	3. -3.99	163	4.1	20.4	24.2	43.5	0.0	0.3	15.8	3.4	1.9	0.0	0.3	17.5	4.0	1.9			
				F	4. -5.00	177	4.8	20.2	14.1	42.5	0.0	0.2	12.3	3.5	0.0	0.0	0.2	10.1	3.5	0.0			
National	FEB-AUG	2001			0.25-5.00	5643	2.3	12.5	12.1	34.5	0.2	1.2	18.4	3.0	0.5	0.2	0.9	23.5	4.3	0.6			
					0.25-5.00	672	1.0	5.5	6.1	19.4	0.5	0.5	29.8	6.5	0.6	0.0	0.7	31.9	7.8	1.1	Metropolitana		

**HONDURAS**

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							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	FEB-AUG	2001			0.25-5.00	527	1.6	10.7	12.1	34.2	0.0	0.9	18.3	3.1	1.3	0.0	0.9	25.8	3.9	1.3	Region 1	02365	
					0.25-5.00	676	4.0	19.9	22.6	53.3	0.0	1.1	18.4	2.2	0.2	0.0	0.6	26.2	4.6	0.5	Region 2		
					0.25-5.00	1534	1.8	9.4	6.9	26.7	0.1	1.1	19.0	3.3	0.5	0.1	0.7	22.4	4.3	0.5	Region 3		
					0.25-5.00	496	1.8	13.9	11.2	33.6	0.2	1.8	12.1	2.2	0.0	0.3	1.3	16.4	3.2	0.0	Region 4		
					0.25-5.00	631	5.5	23.0	24.2	54.7	0.5	2.4	13.7	1.6	0.1	0.8	2.1	20.9	2.5	0.3	Region 5		
					0.25-5.00	661	1.7	14.5	11.0	34.0	0.5	1.4	13.8	1.4	0.4	0.4	0.9	18.4	2.0	0.5	Region 6		
					0.25-5.00	445	0.6	5.7	8.9	29.1	0.0	0.7	19.8	3.7	0.7	0.2	0.4	26.2	6.2	0.7	Region 7		
					0.25-0.49	275	2.4	6.5	3.0	10.2	0.3	2.4	29.5	6.6	0.6	0.9	3.6	25.8	5.4	0.3			
					0.50-0.99	713	2.2	9.0	4.2	15.7	0.6	2.5	21.2	4.6	0.7	0.9	2.6	21.7	5.5	0.7			
					1. -1.99	1234	2.1	12.2	11.1	31.9	0.1	1.5	16.2	2.7	0.3	0.0	0.5	24.1	4.7	0.4			
					2. -2.99	1203	2.5	14.4	16.3	40.5	0.0	0.8	19.0	2.8	0.4	0.1	0.6	26.6	4.7	0.9			
					3. -3.99	1161	2.0	12.5	14.8	43.7	0.1	0.6	18.8	2.8	0.6	0.1	0.3	25.6	4.3	0.7			
					4. -5.00	1055	2.4	14.8	13.4	39.3	0.3	0.9	15.1	2.0	0.3	0.0	0.7	17.4	2.3	0.3			
					URBAN	0.25-5.00	2161	0.7	6.5	5.6	22.2	0.2	0.7	22.6	4.1	0.6	0.2	0.7	25.8	5.3	0.8		
					RURAL	0.25-5.00	3481	3.2	16.3	16.2	42.1	0.2	1.6	15.8	2.4	0.4	0.2	1.1	22.0	3.7	0.5		
					M	0.25-5.00	2943	2.3	13.1	12.8	36.2	0.3	1.3	20.1	3.3	0.5	0.2	0.9	25.9	5.0	0.8		
					M	0.25-0.49	141	2.9	8.7	4.1	13.4	0.0	2.9	29.1	9.3	0.6	0.6	4.6	27.2	8.1	0.6		
					M	0.50-0.99	362	2.0	9.7	5.4	17.4	0.9	2.0	23.8	4.5	0.9	0.9	2.3	24.0	5.4	0.9		
					M	1. -1.99	642	2.9	14.7	13.3	35.9	0.1	1.8	17.5	3.0	0.5	0.0	0.5	25.1	5.8	0.6		
					M	2. -2.99	620	2.2	15.1	17.1	42.8	0.0	0.7	20.2	3.5	0.8	0.1	0.4	28.4	5.5	1.6		
					M	3. -3.99	611	1.2	11.4	13.3	43.4	0.0	0.5	20.9	2.6	0.5	0.0	0.1	28.9	5.0	0.7		
					M	4. -5.00	567	2.7	14.5	13.8	39.0	0.6	1.2	17.6	1.9	0.0	0.0	1.0	21.5	2.8	0.0		
					F	0.25-5.00	2700	2.2	11.9	11.4	32.6	0.2	1.2	16.5	2.8	0.4	0.2	0.9	20.8	3.5	0.4		
					F	0.25-0.49	134	1.8	4.3	1.9	6.9	0.6	1.9	30.0	3.7	0.6	1.2	2.5	24.4	2.5	0.0		
F	0.50-0.99	351	2.3	8.2	3.0	14.0	0.2	3.0	18.5	4.7	0.5	0.9	3.0	19.4	5.6	0.5							
F	1. -1.99	593	1.2	9.5	8.7	27.7	0.1	1.1	14.9	2.5	0.1	0.0	0.4	23.0	3.5	0.1							
F	2. -2.99	584	2.8	13.8	15.4	38.1	0.0	1.0	17.7	2.1	0.0	0.0	0.9	24.6	3.8	0.1							
F	3. -3.99	551	2.8	13.7	16.4	44.1	0.3	0.6	16.4	3.0	0.7	0.3	0.4	21.8	3.6	0.7							
F	4. -5.00	488	2.0	15.1	13.0	39.6	0.0	0.7	12.3	2.0	0.7	0.0	0.3	12.6	1.9	0.7							
National	OCT-MAY	2005-06			0. -5.00	9707	1.6	8.6	9.6	29.9	0.3	1.4	24.5	5.8	1.4	0.3	1.1	30.2	7.3	1.6	02770		

**HONDURAS**

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							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	OCT-MAY	2005-06			0. -5.00	396	1.9	5.4	5.8	23.0	0.3	1.2	30.3	7.0	2.7	0.3	0.9	34.6	8.5	2.6	Atlántida	02770	
					0. -5.00	537	2.9	11.0	8.4	30.0	0.5	2.7	18.7	4.4	1.0	0.3	1.9	23.6	5.6	1.2	Choluteca		
					0. -5.00	399	0.7	6.5	7.0	26.9	0.0	0.8	23.7	6.2	1.3	0.0	0.2	28.4	7.5	1.6	Colón		
					0. -5.00	624	1.0	7.5	9.9	34.5	0.6	1.1	28.9	8.3	2.2	0.1	0.8	36.0	9.1	2.8	Comayagua		
					0. -5.00	481	2.7	13.0	19.8	46.7	0.3	2.1	23.0	4.2	0.6	0.5	1.9	31.8	7.0	1.4	Copán		
					0. -5.00	1791	0.6	4.6	4.4	19.4	0.4	1.7	26.7	5.9	1.1	0.3	1.7	31.8	7.0	0.9	Cortés		
					0. -5.00	654	0.4	2.6	4.5	17.2	0.2	0.9	25.2	6.4	1.5	0.0	0.9	30.5	7.2	1.3	Cortés (S.P. Sula)		
					0. -5.00	1137	0.8	5.8	4.3	20.7	0.5	2.2	27.5	5.7	0.9	0.5	2.2	32.6	6.9	0.7	Cortés (resto)		
					0. -5.00	505	1.6	10.2	12.0	33.7	0.7	1.7	20.0	4.1	0.8	0.6	0.8	25.3	6.1	0.8	El Paraíso		
					0. -5.00	934	1.7	4.3	3.6	14.8	0.0	0.3	31.2	8.9	2.2	0.0	0.3	33.9	11.1	3.1	F. M. (Distrito Central)		
					0. -5.00	528	0.8	6.6	5.0	24.4	0.4	1.0	24.5	5.4	2.0	0.4	0.8	29.8	6.7	2.1	F. M. (resto)		
					0. -5.00	1462	1.4	5.1	4.1	18.2	0.1	0.6	28.8	7.6	2.1	0.1	0.5	32.4	9.5	2.7	Francisco Morazán		
					0. -5.00	366	3.9	16.6	22.8	53.4	0.2	1.3	19.7	3.4	0.8	0.3	1.1	28.4	5.0	0.9	Intibucá		
					0. -5.00	282	1.5	13.3	20.1	50.0	0.7	1.4	24.7	5.3	1.1	0.7	1.3	32.4	7.9	1.6	La Paz		
					0. -5.00	464	4.6	20.1	26.5	54.7	0.7	2.3	17.8	2.6	0.4	0.7	1.9	29.6	4.1	0.6	Lempira		
					0. -5.00	177	2.9	16.9	16.4	47.0	0.5	2.5	15.5	3.2	0.6	0.7	1.8	21.1	3.9	0.6	Ocatepeque		
					0. -5.00	701	1.2	8.3	8.8	30.1	0.1	2.0	24.8	7.1	2.1	0.3	1.5	30.0	9.2	2.8	Olancho		
					0. -5.00	564	1.4	9.5	10.8	34.0	0.1	0.9	21.5	3.6	1.2	0.3	0.5	28.1	4.9	1.1	Santa Bárbara		
					0. -5.00	219	0.7	8.4	3.0	22.1	0.2	1.2	24.2	4.4	0.4	0.2	1.5	27.6	6.8	0.4	Valle		
					0. -5.00	740	1.2	8.3	8.2	26.6	0.1	0.1	23.3	6.8	1.2	0.1	0.1	27.3	7.6	1.6	Yoro		
					0. -0.49	507	1.8	4.5	2.4	8.5	0.4	3.3	29.4	7.4	1.4	0.3	3.4	25.6	6.8	1.7			
					0.50-0.99	1078	0.9	6.5	3.5	16.0	0.5	2.9	26.3	7.7	2.2	0.8	3.2	26.9	7.9	2.3			
					1. -1.99	1987	1.7	8.2	10.6	29.9	0.4	1.4	26.7	6.5	1.2	0.3	0.8	36.4	9.2	1.7			
					2. -2.99	1971	1.8	8.7	10.8	32.8	0.4	1.3	24.9	5.9	1.2	0.4	0.9	34.1	8.8	1.5			
					3. -3.99	2084	1.8	10.0	12.4	35.8	0.3	0.8	22.9	4.8	1.2	0.2	0.6	30.0	6.2	1.6			
					4. -5.00	2080	1.4	9.6	9.7	33.7	0.1	0.6	21.4	4.6	1.4	0.1	0.5	23.3	4.9	1.3			
					0. -5.00	3905	1.0	4.9	4.4	17.5	0.2	1.0	28.7	8.0	2.1	0.1	1.0	32.6	9.4	2.4			
					0. -5.00	5801	2.0	11.1	13.1	38.3	0.4	1.6	21.7	4.3	0.8	0.4	1.2	28.5	5.9	1.1			
0. -5.00	4958	1.7	8.9	10.6	31.5	0.4	1.6	25.1	6.3	1.3	0.3	1.2	31.8	8.0	1.6								
0. -0.49	275	2.8	6.0	3.2	10.2	0.4	4.7	29.7	9.6	2.0	0.3	4.6	27.4	8.3	2.3								

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							Weight/age		Height/age		Weight/height					BMI / age							
							-3SD	-2SD	-3SD	-2SD	-3SD	-2SD	+1SD	+SD	+3SD	-3SD	-2SD	+1SD	+2SD	+3SD			
National	OCT-MAY	2005-06		M	0.50-0.99	553	0.8	8.4	5.4	19.3	0.7	3.1	29.8	9.4	2.3	0.8	3.3	29.9	9.4	2.3		02770	
				M	1. -1.99	983	2.2	9.7	13.0	34.6	0.5	2.0	24.0	6.7	1.5	0.1	0.9	35.8	10.0	2.0			
				M	2. -2.99	1024	1.8	8.2	11.2	33.5	0.2	1.2	25.7	6.6	1.2	0.2	0.6	35.3	9.3	1.6			
				M	3. -3.99	1070	1.8	10.6	13.7	37.6	0.5	1.1	23.4	4.8	0.8	0.3	0.9	30.9	6.4	1.3			
				M	4. -5.00	1053	1.3	8.3	9.2	32.3	0.2	0.5	23.8	4.8	1.2	0.1	0.2	27.7	5.5	1.1			
				F	0. -5.00	4748	1.5	8.3	8.6	28.3	0.3	1.1	23.8	5.2	1.4	0.3	1.1	28.4	6.6	1.6			
				F	0. -0.49	232	0.7	2.8	1.6	6.6	0.3	1.6	29.0	5.0	0.8	0.4	2.0	23.5	5.2	1.1			
				F	0.50-0.99	526	1.0	4.4	1.5	12.5	0.4	2.8	22.6	5.9	2.1	0.8	3.1	23.8	6.4	2.3			
				F	1. -1.99	1004	1.3	6.7	8.2	25.2	0.4	0.9	29.4	6.2	0.8	0.4	0.7	36.9	8.5	1.4			
				F	2. -2.99	947	1.9	9.4	10.4	32.1	0.6	1.5	24.0	5.1	1.2	0.6	1.3	32.8	8.3	1.4			
				F	3. -3.99	1014	1.8	9.4	11.0	33.9	0.1	0.5	22.3	4.8	1.6	0.1	0.3	29.1	5.9	1.9			
				F	4. -5.00	1026	1.5	11.0	10.2	35.1	0.0	0.7	19.0	4.5	1.6	0.0	0.7	18.9	4.3	1.5			