

ECUADOR

| Admin. level | Months | Year | Area | Sex | Age group | Sample size | Percentage below / above median | | | | | | | | | | | | | Notes | Ref | |
|--------------|---------|------|-------|-----|-----------|-------------|---------------------------------|------|------------|------|---------------|------|------|------|------|-----------|------|------|------|-------|---------------------|-------|
| | | | | | | | Weight/age | | Height/age | | Weight/height | | | | | BMI / age | | | | | | |
| | | | | | | | -3SD | -2SD | -3SD | -2SD | -3SD | -2SD | +1SD | +2SD | +3SD | -3SD | -2SD | +1SD | +2SD | | | +3SD |
| National | | 1986 | | | 0. -4.99 | 7798 | | 14.5 | | 40.2 | | 2.3 | | | | | | | | | Converted estimates | 00197 |
| National | | 1998 | | | 0. -4.99 | 2998 | | 12.5 | | 32.5 | | 3.2 | | | | | | | | | Converted estimates | 02298 |
| National | JUL-OCT | 2004 | | | 0. -5.00 | 5134 | 1.4 | 6.2 | 8.3 | 29.0 | 0.8 | 2.3 | 22.9 | 5.1 | 1.0 | 0.8 | 2.0 | 27.6 | 6.8 | 1.4 | | 02782 |
| | | | | | 0. -5.00 | 359 | 4.0 | 7.6 | 8.9 | 31.6 | 2.4 | 4.5 | 24.3 | 4.0 | 0.7 | 1.9 | 3.4 | 30.0 | 5.0 | 1.0 | Amazonía | |
| | | | | | 0. -5.00 | 2006 | 1.2 | 5.5 | 4.4 | 20.7 | 0.8 | 2.4 | 18.6 | 4.3 | 1.1 | 0.8 | 2.3 | 21.7 | 5.3 | 1.4 | Costa | |
| | | | | | 0. -5.00 | 87 | 4.1 | 8.2 | 4.0 | 18.0 | 1.1 | 7.4 | 56.4 | 27.7 | 11.7 | 1.1 | 5.4 | 57.0 | 28.0 | 10.8 | Insular | |
| | | | | | 0. -5.00 | 2682 | 1.4 | 6.9 | 12.8 | 38.2 | 0.6 | 1.8 | 27.7 | 6.1 | 1.0 | 0.7 | 1.6 | 34.1 | 8.8 | 1.5 | Sierra | |
| | | | | | 0. -0.49 | 495 | 0.8 | 3.4 | 1.8 | 8.6 | 3.6 | 7.7 | 25.0 | 6.0 | 1.5 | 3.0 | 5.2 | 19.0 | 4.1 | 1.7 | | |
| | | | | | 0.50-0.99 | 515 | 1.5 | 4.1 | 3.8 | 12.2 | 0.8 | 4.4 | 19.7 | 4.4 | 0.9 | 1.2 | 5.1 | 19.3 | 4.1 | 1.0 | | |
| | | | | | 1. -1.99 | 1003 | 2.7 | 7.4 | 9.7 | 31.9 | 1.5 | 4.0 | 22.7 | 5.6 | 1.2 | 1.7 | 3.7 | 32.2 | 9.6 | 1.7 | | |
| | | | | | 2. -2.99 | 1094 | 2.0 | 7.5 | 12.1 | 38.3 | 0.2 | 1.0 | 21.0 | 4.8 | 0.8 | 0.1 | 0.7 | 30.6 | 8.4 | 1.6 | | |
| | | | | | 3. -3.99 | 1031 | 0.6 | 7.4 | 9.9 | 33.5 | 0.0 | 0.1 | 23.3 | 5.3 | 1.0 | 0.0 | 0.0 | 29.3 | 7.0 | 1.4 | | |
| | | | | | 4. -5.00 | 996 | 0.6 | 5.0 | 6.5 | 30.0 | 0.1 | 0.5 | 25.4 | 4.6 | 1.1 | 0.1 | 0.5 | 26.4 | 4.6 | 1.1 | | |
| | | | URBAN | | 0. -5.00 | 2503 | 0.8 | 4.7 | 4.6 | 22.1 | 0.7 | 2.3 | 21.6 | 5.2 | 1.2 | 0.7 | 2.0 | 25.1 | 6.5 | 1.7 | | |
| | | | RURAL | | 0. -5.00 | 2631 | 2.2 | 8.2 | 12.7 | 37.3 | 0.9 | 2.3 | 24.5 | 5.0 | 0.8 | 0.9 | 2.1 | 30.6 | 7.2 | 1.2 | | |
| | | | | M | 0. -5.00 | 2685 | 1.6 | 6.5 | 8.8 | 30.5 | 1.0 | 2.2 | 23.6 | 5.2 | 1.1 | 0.9 | 1.9 | 28.2 | 7.8 | 1.4 | | |
| | | | | M | 0. -0.49 | 273 | 1.1 | 4.8 | 1.9 | 11.3 | 5.2 | 7.1 | 25.4 | 5.3 | 2.0 | 4.0 | 5.0 | 18.2 | 4.2 | 2.0 | | |
| | | | | M | 0.50-0.99 | 255 | 2.1 | 5.1 | 4.6 | 13.3 | 1.0 | 4.0 | 18.9 | 4.7 | 1.0 | 1.3 | 4.6 | 18.8 | 4.9 | 1.0 | | |
| | | | | M | 1. -1.99 | 516 | 2.5 | 7.4 | 12.0 | 34.7 | 1.6 | 3.6 | 23.0 | 4.9 | 1.0 | 1.6 | 3.0 | 31.0 | 11.2 | 0.9 | | |
| | | | | M | 2. -2.99 | 563 | 2.3 | 8.0 | 12.4 | 40.3 | 0.3 | 1.6 | 21.2 | 5.8 | 1.1 | 0.1 | 1.1 | 30.6 | 9.7 | 2.4 | | |
| | | | | M | 3. -3.99 | 528 | 1.0 | 6.6 | 9.4 | 32.4 | 0.0 | 0.0 | 26.4 | 5.6 | 0.7 | 0.0 | 0.0 | 33.6 | 8.3 | 0.8 | | |
| | | | | M | 4. -5.00 | 550 | 0.4 | 5.5 | 7.0 | 32.7 | 0.2 | 0.4 | 25.5 | 4.7 | 1.1 | 0.2 | 0.4 | 27.6 | 5.1 | 1.1 | | |
| | | | | F | 0. -5.00 | 2449 | 1.3 | 6.0 | 7.7 | 27.3 | 0.5 | 2.4 | 22.1 | 5.0 | 1.0 | 0.7 | 2.2 | 27.0 | 5.7 | 1.5 | | |
| | | | | F | 0. -0.49 | 222 | 0.4 | 1.6 | 1.6 | 5.2 | 1.7 | 8.4 | 24.5 | 6.9 | 0.8 | 1.7 | 5.5 | 20.1 | 4.0 | 1.3 | | |
| | | | | F | 0.50-0.99 | 260 | 0.8 | 3.1 | 2.9 | 11.1 | 0.6 | 4.9 | 20.5 | 4.0 | 0.7 | 1.0 | 5.7 | 19.9 | 3.2 | 1.0 | | |
| | | | | F | 1. -1.99 | 487 | 2.9 | 7.4 | 7.4 | 28.9 | 1.4 | 4.3 | 22.5 | 6.4 | 1.5 | 1.8 | 4.5 | 33.5 | 7.9 | 2.6 | | |
| | | | | F | 2. -2.99 | 531 | 1.7 | 7.0 | 11.8 | 36.2 | 0.1 | 0.4 | 20.9 | 3.7 | 0.6 | 0.1 | 0.2 | 30.7 | 7.0 | 0.8 | | |
| | | | | F | 3. -3.99 | 503 | 0.3 | 8.3 | 10.5 | 34.6 | 0.0 | 0.1 | 20.1 | 4.9 | 1.3 | 0.0 | 0.1 | 24.9 | 5.7 | 2.0 | | |
| | | | | F | 4. -5.00 | 446 | 1.0 | 4.4 | 6.0 | 26.7 | 0.0 | 0.7 | 25.2 | 4.3 | 1.0 | 0.0 | 0.7 | 24.9 | 3.8 | 1.0 | | |