

ZAMBIA

Country/Territory Administrative level	Dates of survey		Area	Sex	Age group (years)	Sample size	Percentage below/above median						Notes	Ref. No.	
	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE			
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National	1970-72	RURAL	0.	-5.99	2420	1.2	4.9	0.4	15.0	37.7	5.8	22.7	00111		
		RURAL	0.	-0.49	243	0.4	1.3	16.2	4.1	15.2	2.5	3.7			
		RURAL	0.50-0.99	263	1.9	6.5	6.1	9.1	25.9	6.8	18.6				
		RURAL	1.	-1.99	474	2.9	12.0	0.6	19.6	47.1	11.4	38.9			
		RURAL	2.	-2.99	454	0.9	4.4	0.2	15.9	35.7	7.1	26.7			
		RURAL	3.	-3.99	398	1.0	4.0	0.0	16.6	42.0	4.5	22.1			
		RURAL	4.	-4.99	307	0.0	0.3	0.0	16.6	44.0	2.6	15.0			
		RURAL	5.	-5.99	281	0.7	1.4	0.0	17.1	43.1	1.4	18.9			
		RURAL	M	0.	-5.99	1189	1.4	4.8	0.5	17.9	42.9	6.8		26.1	
		RURAL	M	0.	-0.49	105	0.0	0.0	1.9	6.2	19.5	2.6		4.4	
		RURAL	M	0.50-0.99	146	2.7	8.2	0.7	8.9	29.4	8.2	20.5			
		RURAL	M	1.	-1.99	235	3.4	13.2	0.9	22.1	52.3	12.8		44.7	
		RURAL	M	2.	-2.99	220	0.4	2.3	0.5	20.0	40.0	8.6		28.2	
		RURAL	M	3.	-3.99	185	1.1	3.2	0.0	18.9	44.3	4.9		22.2	
		RURAL	M	4.	-4.99	156	0.0	0.0	0.0	22.4	53.9	3.2		19.2	
		RURAL	M	5.	-5.99	142	1.4	2.1	0.0	19.7	49.3	2.8		26.8	
		RURAL	F	0.	-5.99	1231	1.1	5.0	0.3	12.3	32.8	4.7		19.5	
		RURAL	F	0.	-0.49	138	0.8	2.4	1.6	2.3	11.5	2.3		3.1	
		RURAL	F	0.50-0.99	117	0.8	4.3	0.9	9.4	21.4	5.1	16.2			
		RURAL	F	1.	-1.99	239	2.5	10.9	0.4	17.1	41.8	10.0		33.0	
RURAL	F	2.	-2.99	234	1.3	6.4	0.0	12.0	31.6	5.6	25.2				
RURAL	F	3.	-3.99	213	0.9	4.7	0.0	14.5	39.9	4.2	22.1				
RURAL	F	4.	-4.99	151	0.0	0.7	0.0	10.6	33.8	2.0	10.6				
RURAL	F	5.	-5.99	139	0.0	0.7	0.0	14.4	36.7	0.0	10.8				
National	1990	RURAL	0.50-4.99	2000	4.1			54.1	5.0	24.7	00415				
		RURAL	0.50-4.99	250	5.7			48.8	3.2	23.6		Central province			
		RURAL	0.50-4.99	148	2.1			52.0	6.1	28.0		Copperbelt province			
		RURAL	0.50-4.99	336	4.2			57.5	4.5	24.1		Eastern province			
		RURAL	0.50-4.99	218	7.9			67.0	10.1	35.8		Luapula province			
		RURAL	0.50-4.99	101	3.0			43.6	2.0	14.9		Lusaka province			
		RURAL	0.50-4.99	344	4.1			62.2	7.8	28.8		Northern province			
		RURAL	0.50-4.99	183	4.4			41.2	3.8	21.3		North-Western province			

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							WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE				
	Months	Year					-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD	
National		1990	RURAL		0.50-4.99	127			0.0		48.8	0.8	13.4	Southern province	00415	
			RURAL		0.50-4.99	293			3.1		50.9	3.1	22.5	Western province		
			RURAL		0.50-0.99	244			4.2		34.2		25.1			
			RURAL		1. -1.99	496			10.0		50.7		30.9			
			RURAL		2. -2.99	454			2.9		63.6		27.8			
			RURAL		3. -3.99	426			0.7		60.0		19.7			
			RURAL		4. -4.99	380			1.9		53.6		18.4			
National	JAN-MAY	1992			0. -4.99	4903	1.1	5.1	2.8	15.1	39.8	5.7	25.2		00414	
					0. -4.99	474	0.7	3.3	2.3	14.0	38.6	4.7	21.7	Central Province		
					0. -4.99	1164	1.4	5.3	2.6	11.6	33.7	4.2	22.6	Copperbelt Province		
					0. -4.99	490	0.2	3.2	2.3	21.3	48.0	5.4	25.3	Eastern Province		
					0. -4.99	303	0.9	6.0	1.2	29.4	55.8	11.7	39.9	Luapula Province		
					0. -4.99	759	1.4	8.6	3.6	9.6	30.9	4.9	22.2	Lusaka Province		
					0. -4.99	502	1.5	6.8	2.6	28.9	56.7	11.7	35.3	Northern Province		
					0. -4.99	128	1.5	4.3	4.0	18.7	42.3	7.5	25.8	North-Western Province		
					0. -4.99	824	0.9	3.3	3.6	8.8	35.5	3.8	21.5	Southern Province		
					0. -4.99	257	0.5	3.2	1.9	12.4	41.5	4.6	25.8	Western Province		
					0. -0.49	592	0.7	2.0	9.1	2.2	9.0	0.7	3.6			
					0.50-0.99	623	1.2	5.7	3.6	5.4	22.1	4.5	18.6			
					1. -1.99	1055	1.7	9.9	2.1	16.8	48.0	8.6	35.9			
					2. -2.99	1035	1.1	4.9	1.0	20.5	49.5	9.2	34.1			
					3. -3.99	822	0.9	2.4	2.0	21.4	50.1	4.7	24.6			
					4. -4.99	776	0.6	3.9	1.6	16.7	42.8	3.1	21.0			
					URBAN	0. -4.99	2309	1.2	5.3	3.0	10.3	32.6	3.9	20.8		
					RURAL	0. -4.99	2595	1.0	5.0	2.6	19.4	46.3	7.3	29.0		
					M	0. -4.99	2427	1.0	4.9	2.9	16.0	41.2	6.0	25.7		
					M	0. -0.49	293	0.4	1.1	10.6	2.9	8.9	1.1	4.0		
					M	0.50-0.99	319	1.5	5.3	3.4	5.3	25.1	5.1	19.5		
					M	1. -1.99	532	2.1	10.6	1.7	18.1	48.1	10.5	37.9		
					M	2. -2.99	515	0.8	4.4	1.3	21.4	50.8	8.8	34.4		
					M	3. -3.99	398	0.3	1.8	2.2	22.5	50.6	3.4	22.1		
		M	4. -4.99	371	0.6	3.7	0.9	18.0	47.0	3.3	22.4					
		F	0. -4.99	2475	1.2	5.3	2.7	14.3	38.5	5.4	24.7					

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD		
National	JAN-MAY	1992		F	0. -0.49	299	1.1	2.9	7.6	1.5	9.2	0.4	3.2		00414		
					0.50-0.99	305	0.8	6.1	3.7	5.4	18.9	3.8	17.7				
					1. -1.99	522	1.3	9.3	2.5	15.4	47.9	6.7	33.8				
					2. -2.99	520	1.5	5.3	0.8	19.6	48.2	9.7	33.9				
					3. -3.99	424	1.5	2.9	1.7	20.4	49.7	5.8	26.9				
					4. -4.99	405	0.5	4.1	2.2	15.6	38.8	3.0	19.7				
National	JUL-JAN	1996-97			0. -4.99	5443	0.6	4.2	3.3	17.5	42.4	5.3	23.5		01756		
					0. -4.99	458	1.3	6.1	4.4	12.6	38.1	4.8	19.9			Central	
					0. -4.99	1051	0.6	4.3	3.1	9.3	31.4	2.8	17.2			Copperbelt	
					0. -4.99	866	0.4	2.7	2.5	22.7	48.1	5.6	26.0			Eastern	
					0. -4.99	498	1.3	6.5	4.7	30.5	57.7	7.6	32.7			Luapula	
					0. -4.99	786	0.3	3.0	4.3	8.6	30.2	2.9	15.5			Lusaka	
					0. -4.99	671	0.8	4.8	2.7	29.6	57.3	10.4	31.5			Northern	
					0. -4.99	224	0.7	2.3	2.5	19.3	47.4	4.8	27.1			North-Western	
					0. -4.99	564	0.2	3.5	2.4	13.6	39.5	4.5	21.1			Southern	
					0. -4.99	326	0.6	5.3	3.2	19.5	44.9	6.8	32.1			Western	
					0. -0.49	597	0.7	2.3	7.7	1.5	10.4	0.5	3.7				
					0.50-0.99	618	1.5	7.3	5.1	7.1	24.4	6.7	22.9				
					1. -1.99	1257	1.0	8.8	2.9	20.2	47.7	9.1	34.7				
					2. -2.99	1116	0.4	2.3	1.6	23.5	52.3	6.2	27.6				
					3. -3.99	963	0.2	1.5	2.7	22.1	50.4	4.2	21.4				
					4. -4.99	892	0.3	1.9	2.4	19.5	47.4	2.3	18.2				
					URBAN	0. -4.99	2159	0.5	3.1	3.1	10.1	32.7	2.7			16.5	
					RURAL	0. -4.99	3284	0.8	4.8	3.4	22.4	48.7	7.0			28.0	
					M	0. -4.99	2665	1.0	5.0	3.0	18.1	43.1	6.1			24.5	
					M	0. -0.49	310	1.3	3.0	9.2	2.1	11.1	1.0			3.6	
					M	0.50-0.99	306	2.1	8.2	3.0	8.6	24.0	7.5			24.3	
M	1. -1.99	601	1.8	11.2	1.6	21.9	51.4	12.1	39.9								
M	2. -2.99	549	0.4	2.4	2.0	24.4	54.0	6.2	28.0								
M	3. -3.99	450	0.4	1.9	2.3	20.9	48.3	3.9	19.7								
M	4. -4.99	449	0.4	2.2	2.7	20.0	48.4	2.4	18.8								
F	0. -4.99	2778	0.3	3.3	3.5	17.0	41.7	4.6	22.5								
F	0. -0.49	287	0.0	1.5	6.2	0.9	9.7	0.0	3.7								

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD			
National	JUL-JAN	1996-97		F	0.50-0.99	312	1.0	6.4	7.2	5.6	24.8	6.0	21.6		01756			
					1. -1.99	656	0.2	6.7	4.0	18.6	44.3	6.4	30.0					
					2. -2.99	567	0.4	2.2	1.3	22.5	50.7	6.1	27.2					
					3. -3.99	513	0.1	1.1	3.1	23.1	52.3	4.5	22.9					
					4. -4.99	443	0.2	1.6	2.0	18.9	46.4	2.2	17.6					
National	NOV-MAY	2001-02			0. -4.99	5784	1.2	5.0	3.0	22.2	46.8	7.1	28.1		02490			
					0. -4.99	450	0.7	4.2	2.2	19.1	45.9	6.5	26.6			Central		
					0. -4.99	921	1.4	6.5	3.0	19.1	40.0	6.5	29.0			Copperbelt		
					0. -4.99	732	1.2	5.2	4.4	29.7	59.4	10.0	32.1			Eastern		
					0. -4.99	542	0.6	3.9	0.7	29.0	57.6	10.3	33.0			Luapula		
					0. -4.99	710	1.3	5.1	2.7	12.8	35.6	4.2	21.7			Lusaka		
					0. -4.99	861	2.0	7.5	5.5	33.4	54.8	10.5	33.8			Northern		
					0. -4.99	340	0.3	2.6	1.8	20.3	44.7	6.2	27.1			North-Western		
					0. -4.99	702	0.9	3.8	1.7	17.7	40.2	4.4	23.6			Southern		
					0. -4.99	525	0.8	2.5	2.7	14.1	42.6	4.2	23.8			Western		
					0. -0.49	563	0.7	3.7	8.0	1.6	8.5	0.2	2.8					
					0.50-0.99	589	2.0	8.8	7.6	11.5	31.6	8.6	25.8					
					1. -1.99	1291	1.8	9.0	2.2	26.5	55.5	11.4	39.4					
					2. -2.99	1179	1.2	3.9	1.7	27.4	54.4	9.6	34.0					
					3. -3.99	1062	0.8	2.4	1.8	26.2	51.9	4.8	27.2					
					4. -4.99	1100	0.5	2.6	1.5	23.8	51.0	4.5	23.7					
					URBAN	0. -4.99	1813	1.0	5.1	3.2	14.8	36.7	5.0			23.4		
					RURAL	0. -4.99	3971	1.2	5.0	2.9	25.5	51.3	8.1			30.3		
						M	0. -4.99	2898	1.4	5.7	2.7	22.9	47.9			7.4	28.3	
						M	0. -0.49	285	1.0	3.5	8.4	1.1	7.7			0.0	1.4	
						M	0.50-0.99	289	1.7	11.1	6.6	13.5	35.8			10.7	29.8	
						M	1. -1.99	629	2.2	11.1	1.8	29.9	59.6			13.5	43.6	
						M	2. -2.99	590	1.9	4.7	1.5	25.4	52.5			10.0	31.4	
						M	3. -3.99	553	1.1	2.5	1.3	26.5	51.4			3.8	25.0	
						M	4. -4.99	552	0.5	2.2	1.4	24.6	53.3			3.6	24.1	
						F	0. -4.99	2886	0.9	4.3	3.3	21.5	45.6			6.8	27.9	
						F	0. -0.49	277	0.4	4.0	7.6	2.2	9.4			0.4	4.3	
	F	0.50-0.99	301	2.3	6.6	8.3	9.6	27.6	6.6	21.9								

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National	NOV-MAY	2001-02		F	1. -1.99	663	1.5	6.9	2.6	23.3	51.7	9.4	35.5		02490
					2. -2.99	590	0.5	3.1	1.9	29.4	56.3	9.2	36.6		
					3. -3.99	508	0.2	2.2	2.4	25.8	52.4	5.9	29.5		
					4. -4.99	547	0.5	3.1	1.6	23.0	48.9	5.5	23.2		