

SOUTH AFRICA

| Country/Territory Administrative level | Dates of survey | | Area | Sex | Age group (years) | Sample size | Percentage below/above median | | | | | | Notes | Ref. No. | |
|---|-----------------|---------|-------|-----|-------------------------|----------------|-------------------------------|------|------|------------|------|------------|-------|--------------------------------|-------|
| | Months | Year | | | | | WEIGHT/HEIGHT | | | HEIGHT/AGE | | WEIGHT/AGE | | | |
| | | | | | | | -3SD | -2SD | +2SD | -3SD | -2SD | -3SD | | | -2SD |
| Local | | 1976 | URBAN | | 2. -5.99 | 439 | 0.5 | 3.2 | 2.1 | 0.7 | 4.8 | 0.9 | 4.6 | White children in Johannesburg | 00055 |
| | | | URBAN | | 2. -2.99 | 96 | 0.0 | 6.3 | 0.0 | 1.0 | 3.1 | 1.0 | 7.3 | | |
| | | | URBAN | | 3. -3.99 | 99 | 2.0 | 8.1 | 3.0 | 1.0 | 4.0 | 3.0 | 8.1 | | |
| | | | URBAN | | 4. -4.99 | 135 | 0.0 | 0.0 | 1.5 | 0.7 | 5.9 | 0.0 | 1.5 | | |
| | | | URBAN | | 5. -5.99 | 109 | 0.0 | 0.0 | 3.7 | 0.0 | 5.5 | 0.0 | 2.8 | | |
| | | | URBAN | M | 2. -5.99 | 234 | 0.4 | 2.6 | 2.1 | 0.0 | 4.7 | 1.3 | 4.3 | | |
| | | | URBAN | F | 2. -5.99 | 205 | 0.5 | 3.9 | 2.0 | 1.5 | 4.9 | 0.5 | 4.9 | | |
| Local | | 1976-78 | RURAL | | 1. -5.99 | 547 | 2.2 | 10.6 | 2.2 | 10.6 | 32.9 | 6.4 | 29.1 | Black children in Transvaal | 00055 |
| | | | RURAL | | 1. -1.99 | 76 | 1.3 | 9.2 | 5.3 | 11.8 | 42.1 | 5.3 | 22.4 | | |
| | | | RURAL | | 2. -2.99 | 95 | 0.0 | 14.7 | 1.1 | 14.7 | 33.7 | 11.6 | 35.8 | | |
| | | | RURAL | | 3. -3.99 | 120 | 2.5 | 10.0 | 1.7 | 10.0 | 25.8 | 7.5 | 26.7 | | |
| | | | RURAL | | 4. -4.99 | 149 | 0.7 | 9.4 | 2.7 | 8.7 | 29.5 | 4.7 | 28.9 | | |
| | | | RURAL | | 5. -5.99 | 107 | 6.5 | 10.3 | 0.9 | 9.4 | 38.3 | 3.7 | 30.8 | | |
| | | | RURAL | M | 1. -5.99 | 278 | 1.8 | 10.1 | 1.8 | 12.2 | 35.3 | 6.1 | 28.8 | | |
| | | | RURAL | F | 1. -5.99 | 269 | 2.6 | 11.2 | 2.6 | 8.9 | 30.5 | 6.7 | 29.4 | | |
| Local | | 1976-80 | URBAN | | 1. -5.99 | 671 | 2.4 | 10.7 | 3.6 | 8.1 | 26.2 | 4.9 | 24.1 | Black children in Soweto | 00055 |
| | | | URBAN | | 1. -1.99 | 52 | 11.5 | 19.2 | 15.4 | 21.2 | 36.5 | 13.5 | 34.6 | | |
| | | | URBAN | | 2. -2.99 | 149 | 2.0 | 6.0 | 2.7 | 2.7 | 22.2 | 4.0 | 20.1 | | |
| | | | URBAN | | 3. -3.99 | 223 | 1.4 | 11.7 | 1.8 | 5.8 | 23.8 | 4.0 | 26.5 | | |
| | | | URBAN | | 4. -4.99 | 126 | 3.2 | 11.1 | 0.8 | 11.1 | 26.2 | 6.4 | 23.8 | | |
| | | | URBAN | | 5. -5.99 | 121 | 0.0 | 10.7 | 5.8 | 9.9 | 31.4 | 2.5 | 20.7 | | |
| | | | URBAN | M | 1. -5.99 | 351 | 2.6 | 13.4 | 3.4 | 6.6 | 27.1 | 5.1 | 27.4 | | |
| | | | URBAN | F | 1. -5.99 | 320 | 2.2 | 7.8 | 3.8 | 9.7 | 25.3 | 4.7 | 20.6 | | |
| Local | | 1978 | RURAL | | 1. -5.99 | 694 | 1.7 | 13.3 | 0.6 | 11.8 | 40.6 | 7.4 | 41.6 | Coloured children | 00055 |
| | | | RURAL | | 1. -1.99 | 122 | 0.8 | 11.5 | 2.5 | 11.5 | 45.1 | 4.9 | 38.5 | | |
| | | | RURAL | | 2. -2.99 | 153 | 1.3 | 11.1 | 0.7 | 12.4 | 44.4 | 9.2 | 43.8 | | |
| | | | RURAL | | 3. -3.99 | 124 | 2.4 | 12.1 | 0.0 | 16.9 | 46.0 | 8.1 | 51.6 | | |
| | | | RURAL | | 4. -4.99 | 148 | 0.7 | 18.2 | 0.0 | 10.8 | 36.5 | 4.7 | 39.9 | | |
| | | | RURAL | | 5. -5.99 | 147 | 3.4 | 13.0 | 0.0 | 8.2 | 32.7 | 9.5 | 35.4 | | |
| | | | RURAL | M | 1. -5.99 | 359 | 2.2 | 12.8 | 1.1 | 11.7 | 42.9 | 6.1 | 42.1 | | |
| | | | RURAL | F | 1. -5.99 | 335 | 1.2 | 13.8 | 0.0 | 11.9 | 38.2 | 8.7 | 41.2 | | |

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| | Months | Year | | | | | WEIGHT/HEIGHT | | | HEIGHT/AGE | | WEIGHT/AGE | | | |
| | | | | | | | -3SD | -2SD | +2SD | -3SD | -2SD | -3SD | | | -2SD |
| Local | | 1978-80 | URBAN | | 1. -5.99 | 371 | 0.5 | 10.2 | 0.3 | 3.8 | 13.5 | 2.4 | 20.8 | Coloured children | 00055 |
| | | | URBAN | M | 1. -5.99 | 169 | 0.0 | 8.3 | 0.6 | 1.8 | 13.0 | 0.0 | 19.5 | | |
| | | | URBAN | F | 1. -5.99 | 202 | 1.0 | 11.9 | 0.0 | 5.5 | 13.9 | 4.5 | 21.8 | | |
| Local | | 1979 | URBAN | | 1. -5.99 | 700 | 3.3 | 16.2 | 0.8 | 2.9 | 13.1 | 5.3 | 23.3 | Indian children | 00055 |
| | | | URBAN | M | 1. -5.99 | 327 | 2.8 | 17.1 | 0.6 | 2.1 | 13.2 | 4.3 | 22.9 | | |
| | | | URBAN | F | 1. -5.99 | 373 | 3.8 | 15.3 | 1.1 | 3.5 | 13.1 | 6.2 | 23.6 | | |
| Local | | 1980-82 | RURAL | | 0. -5.99 | 960 | 2.3 | 9.5 | 4.2 | 18.9 | 48.4 | 10.6 | 35.9 | Black children in Transvaal | 00055 |
| | | | RURAL | | 0. -0.99 | 122 | 0.8 | 4.1 | 1.3 | 14.8 | 46.7 | 6.6 | 15.6 | | |
| | | | RURAL | | 1. -1.99 | 266 | 3.0 | 9.8 | 3.8 | 21.4 | 58.3 | 12.8 | 40.6 | | |
| | | | RURAL | | 2. -2.99 | 198 | 2.5 | 8.1 | 0.5 | 17.7 | 43.9 | 11.1 | 38.9 | | |
| | | | RURAL | | 3. -3.99 | 152 | 0.0 | 10.5 | 0.0 | 17.8 | 40.1 | 8.6 | 32.2 | | |
| | | | RURAL | | 4. -4.99 | 125 | 3.2 | 10.4 | 2.4 | 21.6 | 46.4 | 10.4 | 41.6 | | |
| | | | RURAL | | 5. -5.99 | 97 | 4.1 | 15.5 | 0.0 | 17.5 | 48.4 | 12.4 | 41.2 | | |
| | | | RURAL | M | 0. -5.99 | 471 | 2.8 | 10.0 | 4.0 | 18.9 | 48.4 | 11.3 | 36.9 | | |
| Local | | 1981 | URBAN | | 2. -5.99 | 995 | 1.0 | 2.1 | 1.3 | 0.2 | 2.9 | 0.5 | 2.7 | White children in Johannesburg | 00055 |
| | | | URBAN | | 2. -2.99 | 117 | 0.0 | 0.0 | 0.0 | 0.0 | 1.7 | 0.0 | 0.9 | | |
| | | | URBAN | | 3. -3.99 | 257 | 2.0 | 2.7 | 0.4 | 0.0 | 2.7 | 0.4 | 3.9 | | |
| | | | URBAN | | 4. -4.99 | 301 | 1.0 | 3.3 | 0.7 | 0.3 | 3.0 | 1.0 | 2.3 | | |
| | | | URBAN | | 5. -5.99 | 320 | 0.6 | 1.3 | 3.1 | 0.3 | 3.4 | 0.3 | 2.8 | | |
| | | | URBAN | M | 2. -5.99 | 537 | 0.7 | 1.9 | 0.9 | 0.2 | 3.4 | 0.6 | 2.2 | | |
| | | | URBAN | F | 2. -5.99 | 458 | 1.3 | 2.4 | 1.8 | 0.2 | 2.4 | 0.4 | 3.3 | | |
| | | | Local | | 1981 | URBAN | | 2. -5.99 | 885 | 0.3 | 0.9 | 1.5 | 2.0 | | |
| URBAN | | 2. -2.99 | | | | 98 | 0.0 | 0.0 | 2.0 | 1.0 | 13.3 | 0.0 | 17.1 | | |
| URBAN | | 3. -3.99 | | | | 268 | 0.0 | 0.8 | 2.2 | 3.0 | 12.7 | 0.8 | 7.1 | | |
| URBAN | | 4. -4.99 | | | | 302 | 0.3 | 0.7 | 1.0 | 1.3 | 16.9 | 0.0 | 7.0 | | |
| URBAN | | 5. -5.99 | | | | 217 | 0.9 | 1.8 | 0.9 | 2.3 | 15.7 | 0.5 | 7.8 | | |
| URBAN | M | 2. -5.99 | | | | 427 | 0.2 | 1.2 | 1.2 | 3.0 | 15.0 | 0.2 | 8.2 | | |
| URBAN | F | 2. -5.99 | | | | 458 | 0.4 | 0.7 | 1.7 | 1.1 | 14.9 | 0.4 | 6.3 | | |
| Local | | 1984 | RURAL | | 1. -5.99 | 1258 | 1.4 | 10.0 | 1.1 | 20.0 | 52.8 | 8.7 | 42.9 | Black children in Transvaal | 00055 |
| | | | RURAL | | 1. -1.99 | 170 | 1.2 | 3.5 | 7.9 | 40.0 | 76.5 | 7.7 | 41.8 | | |

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|---|-----------------|----------|-------|-----|-------------------------|----------------|-------------------------------|----------|------|------------|------|------------|-------|--------------------------------|-----------------------------|
| | Months | Year | | | | | WEIGHT/HEIGHT | | | HEIGHT/AGE | | WEIGHT/AGE | | | |
| | | | | | | | -3SD | -2SD | +2SD | -3SD | -2SD | -3SD | | | -2SD |
| Local | | 1984 | RURAL | | 2. -2.99 | 156 | 1.3 | 5.8 | 0.6 | 26.3 | 64.7 | 11.5 | 41.0 | 00055 | |
| | | | RURAL | | 3. -3.99 | 128 | 2.3 | 5.5 | 0.0 | 26.6 | 63.3 | 8.6 | 39.1 | | |
| | | | RURAL | | 4. -4.99 | 525 | 1.0 | 10.3 | 0.0 | 13.9 | 43.8 | 6.1 | 38.3 | | |
| | | | RURAL | | 5. -5.99 | 279 | 1.8 | 17.9 | 1.1 | 12.9 | 43.7 | 12.9 | 54.8 | | |
| | | | RURAL | M | 1. -5.99 | 629 | 1.8 | 9.9 | 1.0 | 22.7 | 58.4 | 9.2 | 45.5 | | |
| | | | RURAL | F | 1. -5.99 | 629 | 1.0 | 10.2 | 1.3 | 17.3 | 47.2 | 8.3 | 40.2 | | |
| Local | | 1984 | URBAN | | 4. -5.99 | 596 | 4.2 | 15.9 | 1.3 | 1.0 | 10.4 | 3.2 | 23.3 | Indian children | 00055 |
| | | | URBAN | M | 4. -5.99 | 286 | 5.2 | 16.4 | 0.7 | 1.4 | 14.7 | 4.6 | 26.6 | | |
| | | | URBAN | F | 4. -5.99 | 310 | 3.2 | 15.5 | 1.8 | 0.7 | 6.5 | 1.9 | 20.3 | | |
| Local | MAR | 1984 | | | 0. -4.99 | 584 | | | | | 26.0 | | 5.3 | Inanda squatter area | 00508 |
| | | | URBAN | | 4. -5.99 | 954 | 3.0 | 6.8 | 2.4 | 2.9 | 17.5 | 3.0 | 13.8 | Black children in Soweto | 00055 |
| | | | URBAN | M | 4. -5.99 | 467 | 4.3 | 8.4 | 2.1 | 4.3 | 20.8 | 4.1 | 17.1 | | |
| | | | URBAN | F | 4. -5.99 | 487 | 1.9 | 5.3 | 2.7 | 1.6 | 14.4 | 2.1 | 10.7 | | |
| Local | | 1984 | URBAN | | 4. -5.99 | 718 | 0.6 | 3.2 | 4.5 | 0.8 | 6.0 | 0.3 | 4.5 | White children in Johannesburg | 00055 |
| | | | URBAN | M | 4. -5.99 | 366 | 0.6 | 3.0 | 6.0 | 1.4 | 8.2 | 0.3 | 4.1 | | |
| | | | URBAN | F | 4. -5.99 | 352 | 0.6 | 3.4 | 2.8 | 0.3 | 3.7 | 0.3 | 4.8 | | |
| National Rural | JAN-OCT | 1986 | RURAL | | 0. -4.99 | 1745 | | | | | 24.5 | | 8.4 | 00509 | |
| | | | RURAL | | 0. -4.99 | 161 | | 0.6 | | | 28.0 | | 8.7 | | Cape province |
| | | | RURAL | | 0. -4.99 | 268 | | 1.5 | | | 17.2 | | 4.9 | | Natal province |
| | | | RURAL | | 0. -4.99 | 230 | | 0.9 | | | 19.1 | | 10.9 | | Northern Transvaal province |
| | | | RURAL | | 0. -4.99 | 454 | | 2.9 | | | 32.2 | | 8.6 | | Orange Free State province |
| | | | RURAL | | 0. -4.99 | 632 | | 2.3 | | | 28.2 | | 9.3 | | Southern Transvaal province |
| | | | RURAL | | 0. -0.99 | 388 | | 2.6 | | | 21.0 | | 7.9 | | |
| | | | RURAL | | 1. -1.99 | 357 | | 2.7 | | | 35.5 | | 12.7 | | |
| | | | RURAL | | 2. -2.99 | 352 | | 1.9 | | | 25.7 | | 9.8 | | |
| | | | RURAL | | 3. -3.99 | 315 | | 1.2 | | | 24.5 | | 8.4 | | |
| | | | RURAL | | 4. -4.99 | 333 | | 0.8 | | | 22.0 | | 6.8 | | |
| | | | RURAL | M | 0. -4.99 | 871 | | 1.8 | | | 27.0 | | 9.2 | | |
| | | | RURAL | F | 0. -4.99 | 874 | | 1.7 | | | 22.0 | | 7.5 | | |
| | | | Local | MAR | 1986 | | | 1. -4.99 | 872 | | 1.0 | | | | 47.0 |
| | | 1. -1.99 | | | | 267 | | 1.5 | | | 42.6 | | 14.2 | below 3rd percentile | |

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|---|-----------------|----------|------|-----|-------------------------|----------------|-------------------------------|------|------|------------|------|------------|-------|----------|-------|-----------------------------|-------|
| | Months | Year | | | | | WEIGHT/HEIGHT | | | HEIGHT/AGE | | WEIGHT/AGE | | | | | |
| | | | | | | | -3SD | -2SD | +2SD | -3SD | -2SD | -3SD | | | -2SD | | |
| Local | MAR | 1986 | | | 2. -2.99 | 238 | | | 0.9 | | | 42.2 | | 16.2 | 00054 | | |
| | | | | | 3. -3.99 | 192 | | | 0.5 | | | 54.6 | | 14.0 | | | |
| | | | | | 4. -4.99 | 175 | | | 1.1 | | | 52.0 | | 9.8 | | | |
| National | | 1993-94 | | | 0.50-4.99 | 3689 | | | | | | 25.4 | | | 01502 | | |
| | | | | | 0.50-4.99 | | | | | | | | 28.3 | | | African children | |
| | | | | | 0.50-4.99 | | | | | | | | 6.1 | | | Indian children | |
| | | | | | 0.50-4.99 | | | | | | | | 19.1 | | | Other coloured children | |
| | | | | | 0.50-4.99 | | | | | | | | 4.9 | | | White children | |
| | | | | | 0.50-4.99 | | | | | | | | 32.5 | | | Eastern Cape | |
| | | | | | 0.50-4.99 | | | | | | | | 21.1 | | | Eastern Transvaal | |
| | | | | | 0.50-4.99 | | | | | | | | 26.0 | | | Kwazulu | |
| | | | | | 0.50-4.99 | | | | | | | | 25.4 | | | North West | |
| | | | | | 0.50-4.99 | | | | | | | | 35.6 | | | Northern Cape | |
| | | | | | 0.50-4.99 | | | | | | | | 29.7 | | | Northern Transvaal | |
| | | | | | 0.50-4.99 | | | | | | | | 25.4 | | | Orange Free State | |
| | | | | | 0.50-4.99 | | | | | | | | 17.5 | | | PWV | |
| | | | | | 0.50-4.99 | | | | | | | | 16.5 | | | Western Cape | |
| | | | | | 0.50-0.99 | | | | | | | | 16.2 | | | | |
| | | | | | 1. -1.99 | | | | | | | | 30.5 | | | | |
| | | 2. -2.99 | | | | | | | | 23.5 | | | | | | | |
| | | 3. -3.99 | | | | | | | | 27.0 | | | | | | | |
| | | 4. -4.99 | | | | | | | | 25.3 | | | | | | | |
| National | FEB-APR | 1994 | | | 7. -7.99 | 97790 | | | 0.2 | 2.6 | | 2.6 | 13.2 | 9.5 | 9.0 | Schoolbeginners | 01406 |
| | | | | | 7. -7.99 | 17725 | | | 0.3 | 2.5 | | 3.8 | 16.8 | 0.6 | 9.2 | Eastern Cape province | |
| | | | | | 7. -7.99 | 7986 | | | 0.2 | 1.8 | | 2.5 | 11.4 | 0.3 | 6.2 | Eastern Transvaal province | |
| | | | | | 7. -7.99 | 19736 | | | 0.3 | 1.9 | | 2.2 | 11.8 | 0.3 | 5.6 | Kwazulu / Natal province | |
| | | | | | 7. -7.99 | 5053 | | | 0.3 | 5.4 | | 3.7 | 19.2 | 1.3 | 20.9 | Northern Cape province | |
| | | | | | 7. -7.99 | 8426 | | | 0.2 | 3.1 | | 2.1 | 13.4 | 0.4 | 10.4 | Northern Transvaal province | |
| | | | | | 7. -7.99 | 8566 | | | 0.4 | 4.4 | | 3.2 | 14.1 | 0.5 | 12.0 | Noth West province | |
| | | | | | 7. -7.99 | 11035 | | | 0.1 | 1.8 | | 1.9 | 11.2 | 0.4 | 8.0 | Orange Free State province | |
| | | | | | 7. -7.99 | 8003 | | | 0.1 | 2.1 | | 1.0 | 7.1 | 0.2 | 4.6 | PWV Area | |
| | | | | | 7. -7.99 | 11260 | | | 0.2 | 2.8 | | 2.2 | 13.8 | 0.8 | 12.0 | Western Cape province | |

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| | Months | Year | | | | | WEIGHT/HEIGHT | | | HEIGHT/AGE | | WEIGHT/AGE | | | | |
| | | | | | | | -3SD | -2SD | +2SD | -3SD | -2SD | -3SD | | | -2SD | |
| National | JUL-JAN | 1994-95 | | | 0.50-4.99 | 9807 | 0.4 | 2.5 | 6.7 | 6.5 | 22.8 | 1.4 | 9.2 | | 01520 | |
| | | | | | 0.50-4.99 | 1328 | 0.6 | 3.4 | 8.1 | 7.7 | 27.7 | 2.4 | 11.4 | Eastern Cape | | |
| | | | | | 0.50-4.99 | 1242 | 0.5 | 4.2 | 5.8 | 8.5 | 27.7 | 1.9 | 13.0 | Free State | | |
| | | | | | 0.50-4.99 | 733 | 0.0 | 1.0 | 4.8 | 2.4 | 12.7 | 0.5 | 5.9 | Gauteng | | |
| | | | | | 0.50-4.99 | 1125 | 0.1 | 0.6 | 8.2 | 3.3 | 16.4 | 0.2 | 3.8 | KwaZulu/Natal | | |
| | | | | | 0.50-4.99 | 1127 | 0.5 | 1.7 | 6.4 | 6.1 | 19.6 | 1.1 | 7.4 | Mpumalanga | | |
| | | | | | 0.50-4.99 | 1421 | 0.4 | 4.5 | 3.8 | 7.0 | 23.4 | 1.5 | 13.4 | North West | | |
| | | | | | 0.50-4.99 | 802 | 0.1 | 2.5 | 3.3 | 6.0 | 22.7 | 1.3 | 15.9 | Northern Cape | | |
| | | | | | 0.50-4.99 | 1307 | 0.6 | 3.6 | 6.5 | 13.0 | 34.7 | 2.7 | 12.6 | Northern Province | | |
| | | | | | 0.50-4.99 | 722 | 0.0 | 1.1 | 7.6 | 2.1 | 11.3 | 0.7 | 6.5 | Western Cape | | |
| | | | | | 0.50-0.99 | 1036 | 0.3 | 3.3 | 11.5 | 4.0 | 16.7 | 1.2 | 7.1 | | | |
| | | | | | 1. -1.99 | 2165 | 0.6 | 3.6 | 10.2 | 6.8 | 23.4 | 1.7 | 9.0 | | | |
| | | | | | 2. -2.99 | 2285 | 0.4 | 2.1 | 4.7 | 6.7 | 22.8 | 1.8 | 10.2 | | | |
| | | | | | 3. -3.99 | 2219 | 0.3 | 1.6 | 5.0 | 7.2 | 23.8 | 1.0 | 9.0 | | | |
| | | | | | 4. -4.99 | 2101 | 0.1 | 2.3 | 4.8 | 6.7 | 24.0 | 1.2 | 9.7 | | | |
| | | | | | URBAN | 0.50-4.99 | 4224 | 0.3 | 1.9 | 6.5 | 3.8 | 16.1 | 0.7 | 6.9 | | |
| | | | | | RURAL | 0.50-4.99 | 5583 | 0.4 | 2.8 | 6.8 | 8.2 | 26.7 | 1.9 | 10.6 | | |
| | | | | | M | 0.50-4.99 | 4808 | 0.5 | 2.6 | 5.9 | 7.1 | 24.1 | 1.7 | 9.8 | | |
| | | | | | M | 0.50-0.99 | 492 | 0.6 | 4.1 | 8.4 | 5.6 | 18.0 | 2.2 | 9.5 | | |
| | | | | | M | 1. -1.99 | 1050 | 0.8 | 3.6 | 9.0 | 8.5 | 26.3 | 2.1 | 9.7 | | |
| | | | | | M | 2. -2.99 | 1134 | 0.8 | 2.5 | 5.1 | 6.4 | 21.9 | 2.1 | 10.4 | | |
| | | | | | M | 3. -3.99 | 1098 | 0.4 | 1.6 | 4.2 | 7.5 | 25.1 | 1.0 | 9.2 | | |
| | | | | | M | 4. -4.99 | 1034 | 0.0 | 2.1 | 4.5 | 7.0 | 25.9 | 1.3 | 10.0 | | |
| | | | | | F | 0.50-4.99 | 4998 | 0.2 | 2.3 | 7.4 | 6.0 | 21.5 | 1.2 | 8.7 | | |
| | | | | | F | 0.50-0.99 | 544 | 0.1 | 2.6 | 14.1 | 2.6 | 15.5 | 0.4 | 5.1 | | |
| | | | | | F | 1. -1.99 | 1115 | 0.3 | 3.6 | 11.3 | 5.2 | 20.7 | 1.3 | 8.3 | | |
| | | | | | F | 2. -2.99 | 1151 | 0.1 | 1.6 | 4.4 | 7.0 | 23.7 | 1.6 | 10.0 | | |
| | | F | 3. -3.99 | 1121 | 0.3 | 1.6 | 5.7 | 6.8 | 22.6 | 1.1 | 8.8 | | | | | |
| | | F | 4. -4.99 | 1067 | 0.2 | 2.5 | 5.2 | 6.4 | 22.0 | 1.2 | 9.4 | | | | | |
| National | FEB-JUL | 1999 | | | 1. -4.99 | 1556 | 0.8 | 3.4 | 6.2 | 7.7 | 24.9 | 1.9 | 11.5 | 25% oversampling of low SES | 02266 | |
| | | | | | 1. -4.99 | 201 | 0.0 | 2.0 | 9.0 | 8.0 | 23.4 | 2.0 | 8.0 | Eastern Cape | | |
| | | | | | 1. -4.99 | 121 | 2.5 | 3.3 | 7.4 | 14.9 | 38.0 | 1.7 | 19.8 | Free State | | |
| | | | | | 1. -4.99 | 278 | 0.0 | 1.1 | 5.0 | 7.2 | 24.1 | 0.4 | 9.4 | Gauteng | | |

SOUTH AFRICA

| Country/Territory Administrative level | Dates of survey | | Area | Sex | Age group (years) | Sample size | Percentage below/above median | | | | | | Notes | Ref. No. | | |
|---|-----------------|------|----------|-----|-------------------------|----------------|-------------------------------|------|------|------------|------|------------|-------|-----------------------|-------|--|
| | Months | Year | | | | | WEIGHT/HEIGHT | | | HEIGHT/AGE | | WEIGHT/AGE | | | | |
| | | | | | | | -3SD | -2SD | +2SD | -3SD | -2SD | -3SD | | | -2SD | |
| National | FEB-JUL | 1999 | | | 1. -4.99 | 279 | 0.4 | 1.8 | 9.3 | 6.5 | 24.7 | 0.7 | 6.8 | KwaZulu/Natal | 02266 | |
| | | | | | 1. -4.99 | 82 | 0.0 | 1.2 | 14.6 | 7.3 | 23.2 | 3.7 | 6.1 | Mpumalanga | | |
| | | | | | 1. -4.99 | 144 | 1.4 | 4.9 | 1.4 | 8.3 | 29.2 | 2.1 | 16.7 | North West Province | | |
| | | | | | 1. -4.99 | 90 | 3.3 | 11.1 | 4.4 | 14.4 | 32.2 | 10.0 | 26.7 | Northern Cape | | |
| | | | | | 1. -4.99 | 180 | 2.2 | 9.4 | 2.8 | 6.7 | 23.3 | 0.7 | 14.4 | Northern Province | | |
| | | | | | 1. -4.99 | 181 | 0.0 | 1.1 | 3.9 | 2.8 | 14.4 | 1.1 | 8.3 | Western Cape Province | | |
| | | | | | 1. -1.99 | 404 | 1.7 | 6.9 | 12.1 | 8.4 | 24.8 | 1.5 | 11.4 | | | |
| | | | | | 2. -2.99 | 410 | 0.5 | 4.2 | 3.2 | 6.3 | 25.4 | 3.4 | 10.7 | | | |
| | | | | | 3. -3.99 | 384 | 0.3 | 0.8 | 4.4 | 9.9 | 26.3 | 1.6 | 15.1 | | | |
| | | | | | 4. -4.99 | 358 | 0.8 | 1.4 | 5.0 | 6.2 | 22.9 | 0.8 | 8.7 | | | |
| | | | | | URBAN | 1. -4.99 | 788 | 0.5 | 2.2 | 7.7 | 5.3 | 19.8 | 1.3 | 9.0 | | |
| | | | | | RURAL | 1. -4.99 | 768 | 1.2 | 4.7 | 4.7 | 10.2 | 30.1 | 2.5 | 14.1 | | |
| | | | | | M | 1. -4.99 | 820 | 0.7 | 3.3 | 5.4 | 7.9 | 24.5 | 1.2 | 10.0 | | |
| | | | | | M | 1. -1.99 | 218 | 0.9 | 6.4 | 10.6 | 11.0 | 26.6 | 0.9 | 11.0 | | |
| | | | | | M | 2. -2.99 | 223 | 0.5 | 3.1 | 3.1 | 5.8 | 24.7 | 1.8 | 9.4 | | |
| | | | | | M | 3. -3.99 | 202 | 0.5 | 1.0 | 4.0 | 8.9 | 24.3 | 1.5 | 10.9 | | |
| | | | | | M | 4. -4.99 | 177 | 1.1 | 2.3 | 3.4 | 5.7 | 22.0 | 0.6 | 8.5 | | |
| | | | | | F | 1. -4.99 | 736 | 1.0 | 3.5 | 7.2 | 7.5 | 25.3 | 2.6 | 13.2 | | |
| | | | | | F | 1. -1.99 | 186 | 2.7 | 7.5 | 14.0 | 5.4 | 22.6 | 2.2 | 11.8 | | |
| | | | | | F | 2. -2.99 | 187 | 0.5 | 5.4 | 3.2 | 7.0 | 26.2 | 5.4 | 12.3 | | |
| | | F | 3. -3.99 | 182 | 0.0 | 0.6 | 5.0 | 11.0 | 28.6 | 1.7 | 19.8 | | | | | |
| | | F | 4. -4.99 | 181 | 0.6 | 0.6 | 6.6 | 6.6 | 23.8 | 1.1 | 8.8 | | | | | |