

# PHILIPPINES

Percentage below/above median

| Country/Territory<br>Administrative level | Dates of survey |      | Area | Sex | Age       | Sample    | Percentage below/above median |      |      |            |      |            | Notes | Ref. No. |       |      |
|---|-----------------|------|------|-----|-----------|-----------|-------------------------------|------|------|------------|------|------------|-------|----------|-------|------|
|   | Months          | Year |      |     | group     | size      | WEIGHT/HEIGHT                 |      |      | HEIGHT/AGE |      | WEIGHT/AGE |       |          |       |      |
|   |                 |      |      |     | (years)   |           | -3SD                          | -2SD | +2SD | -3SD       | -2SD | -3SD       |       |          | -2SD  |      |
| National                                  | 1971-75         |      |      |     | 0. -5.99  | 5603      | 1.0                           | 8.4  | 0.4  | 24.0       | 55.3 | 12.7       | 49.9  |          | 00318 |      |
|   |                 |      |      |     | 0. -0.24  | 150       | 2.7                           | 3.4  | 2.7  | 2.0        | 13.3 | 2.7        | 7.3   |          |       |      |
|   |                 |      |      |     | 0.25-0.49 | 315       | 0.9                           | 4.8  | 1.9  | 3.8        | 19.7 | 3.8        | 13.3  |          |       |      |
|   |                 |      |      |     | 0.50-0.74 | 338       | 0.3                           | 4.7  | 1.5  | 7.1        | 29.3 | 7.1        | 32.0  |          |       |      |
|   |                 |      |      |     | 0.75-0.99 | 296       | 0.7                           | 11.5 | 0.0  | 13.2       | 41.5 | 15.5       | 47.6  |          |       |      |
|   |                 |      |      |     | 1         | 1113      | 3.2                           | 15.7 | 0.5  | 31.5       | 66.5 | 19.9       | 58.8  |          |       |      |
|   |                 |      |      |     | 2         | 1040      | 0.4                           | 8.5  | 0.0  | 27.5       | 60.6 | 15.7       | 57.3  |          |       |      |
|   |                 |      |      |     | 3         | 1014      | 0.1                           | 5.5  | 0.1  | 27.9       | 63.4 | 10.9       | 53.1  |          |       |      |
|   |                 |      |      |     | 4         | 926       | 0.2                           | 5.6  | 0.0  | 27.5       | 60.5 | 9.0        | 53.2  |          |       |      |
|   |                 |      |      |     | 5         | 411       | 0.2                           | 6.3  | 0.5  | 21.9       | 53.3 | 11.9       | 51.3  |          |       |      |
|   |                 |      |      |     | M         | 0. -5.99  | 2795                          | 1.1  | 9.2  | 0.4        | 25.2 | 57.3       | 13.0  |          |       | 51.6 |
|   |                 |      |      |     | M         | 0. -0.24  | 67                            | 1.5  | 1.5  | 1.5        | 0.0  | 14.9       | 0.0   |          |       | 4.5  |
|   |                 |      |      |     | M         | 0.25-0.49 | 155                           | 0.7  | 5.8  | 1.3        | 5.8  | 25.8       | 5.2   |          |       | 15.5 |
|   |                 |      |      |     | M         | 0.50-0.74 | 184                           | 0.5  | 5.4  | 1.6        | 8.1  | 33.7       | 7.6   |          |       | 35.3 |
|   |                 |      |      |     | M         | 0.75-0.99 | 154                           | 1.3  | 16.9 | 0.0        | 14.3 | 44.8       | 20.1  |          |       | 56.5 |
|   |                 |      |      |     | M         | 1         | 554                           | 4.1  | 17.1 | 0.4        | 31.6 | 65.9       | 20.6  |          |       | 59.9 |
|   |                 |      |      |     | M         | 2         | 537                           | 0.4  | 9.3  | 0.0        | 31.1 | 62.8       | 15.6  |          |       | 59.0 |
|   |                 |      |      |     | M         | 3         | 499                           | 0.0  | 6.2  | 0.2        | 26.1 | 63.1       | 7.4   |          |       | 49.7 |
|   |                 |      |      |     | M         | 4         | 465                           | 0.2  | 5.6  | 0.0        | 29.7 | 64.3       | 9.7   |          |       | 55.3 |
|   |                 |      |      |     | M         | 5         | 180                           | 0.6  | 5.6  | 0.6        | 27.2 | 57.2       | 16.7  |          |       | 60.6 |
|   |                 |      |      |     | F         | 0. -5.99  | 2802                          | 0.8  | 7.5  | 0.5        | 22.7 | 53.3       | 12.5  |          |       | 48.1 |
|   |                 |      |      |     | F         | 0. -0.24  | 83                            | 3.7  | 4.9  | 3.7        | 3.6  | 12.1       | 4.8   |          |       | 9.6  |
|   |                 |      |      |     | F         | 0.25-0.49 | 160                           | 1.3  | 3.7  | 2.5        | 1.9  | 13.7       | 2.5   |          |       | 11.3 |
|   |                 |      |      |     | F         | 0.50-0.74 | 154                           | 0.0  | 3.9  | 1.3        | 5.8  | 24.0       | 6.5   |          |       | 27.9 |
|   |                 |      |      |     | F         | 0.75-0.99 | 142                           | 0.0  | 5.6  | 0.0        | 12.0 | 38.0       | 10.6  |          |       | 38.0 |

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|---|-----------------|---------|------|-----|------------------|-----------|-------------------------------|------|------|------------|------|------------|-------|----------|-------|-------|------|
|   | Months          | Year    |      |     | group<br>(years) | size      | WEIGHT/HEIGHT                 |      |      | HEIGHT/AGE |      | WEIGHT/AGE |       |          |       |       |      |
|   |                 |         |      |     |                  |           | -3SD                          | -2SD | +2SD | -3SD       | -2SD | -3SD       |       |          | -2SD  |       |      |
| National                                  |                 | 1971-75 |      | F   | 1                | 559       | 2.3                           | 14.3 | 0.7  | 31.5       | 67.1 | 19.3       | 57.8  |          | 00318 |       |      |
|   |                 |         |      |     | 2                | 503       | 0.4                           | 7.5  | 0.0  | 23.7       | 58.3 | 15.7       | 55.5  |          |       |       |      |
|   |                 |         |      |     | 3                | 515       | 0.2                           | 4.9  | 0.0  | 29.7       | 63.7 | 14.2       | 56.3  |          |       |       |      |
|   |                 |         |      |     | 4                | 455       | 0.2                           | 5.7  | 0.0  | 25.3       | 56.7 | 8.3        | 51.0  |          |       |       |      |
|   |                 |         |      |     | 5                | 231       | 0.0                           | 6.9  | 0.4  | 17.7       | 50.2 | 8.2        | 44.2  |          |       |       |      |
| National                                  | FEB-MAY         | 1982    |      |     | 0.               | -5.99     | 2669                          | 4.9  |      |            | 42.8 |            | 33.2  |          | 00338 |       |      |
|   |                 |         |      |     | 0.               | -0.99     | 419                           | 2.6  |      |            | 43.2 |            | 31.0  |          |       |       |      |
|   |                 |         |      |     | 1                | 489       | 6.8                           |      |      | 40.5       |      | 35.0       |       |          |       |       |      |
|   |                 |         |      |     | 2                | 455       | 5.9                           |      |      | 40.2       |      | 32.3       |       |          |       |       |      |
|   |                 |         |      |     | 3                | 433       | 3.9                           |      |      | 43.2       |      | 31.6       |       |          |       |       |      |
|   |                 |         |      |     | 4                | 467       | 4.1                           |      |      | 43.0       |      | 32.8       |       |          |       |       |      |
|   |                 |         |      |     | 5                | 406       | 5.7                           |      |      | 47.3       |      | 36.7       |       |          |       |       |      |
| National                                  | MAR-JUL         | 1987    |      |     | 0.               | -4.99     | 2250                          | 0.4  | 4.5  |            | 9.3  | 38.6       | 2.7   | 32.9     |       | 00417 |      |
|   |                 |         |      |     | 0.               | -0.49     | 52                            | 0.0  | 7.4  |            | 0.7  | 4.0        | 0.7   | 2.0      |       |       |      |
|   |                 |         |      |     | 0.50-0.99        | 266       | 0.9                           | 5.8  |      | 1.3        | 19.1 | 3.5        | 26.0  |          |       |       |      |
|   |                 |         |      |     | 1                | 447       | 0.6                           | 9.4  |      | 11.6       | 44.1 | 5.3        | 39.1  |          |       |       |      |
|   |                 |         |      |     | 2                | 507       | 0.0                           | 2.4  |      | 6.1        | 37.7 | 2.0        | 35.8  |          |       |       |      |
|   |                 |         |      |     | 3                | 496       | 0.6                           | 3.5  |      | 10.8       | 42.0 | 1.8        | 31.4  |          |       |       |      |
|   |                 |         |      |     | 4                | 482       | 0.0                           | 2.0  |      | 14.3       | 45.3 | 1.6        | 33.0  |          |       |       |      |
|   |                 |         |      |     | URBAN            | 0.        | -4.99                         | 824  | 0.6  | 5.3        |      | 9.2        | 34.1  | 2.6      |       |       | 30.8 |
|   |                 |         |      |     | RURAL            | 0.        | -4.99                         | 1426 | 0.2  | 4.0        |      | 9.4        | 41.2  | 2.7      |       |       | 34.1 |
|   |                 |         |      |     | M                | 0.        | -4.99                         |      | 0.5  | 5.4        |      | 10.4       | 39.7  | 2.8      |       |       | 32.9 |
|   |                 |         |      |     | M                | 0.        | -0.49                         |      | 0.0  | 7.2        |      | 1.3        | 5.2   | 1.3      |       |       | 1.3  |
|   |                 |         |      |     | M                | 0.50-0.99 |                               | 0.5  | 7.1  |            | 1.9  | 18.0       | 5.2   | 24.4     |       |       |      |
|   |                 |         |      |     | M                | 1         |                               | 1.3  | 12.4 |            | 14.6 | 48.7       | 6.9   | 44.9     |       |       |      |

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## Percentage below/above median

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|---|-----------------|------|------|-------|------------------|--------|-------------------------------|------|------|------------|------|------------|-------|----------|-------|--|
|   | Months          | Year |      |       | group<br>(years) | size   | WEIGHT/HEIGHT                 |      |      | HEIGHT/AGE |      | WEIGHT/AGE |       |          |       |  |
|   |                 |      |      |       |                  |        | -3SD                          | -2SD | +2SD | -3SD       | -2SD | -3SD       |       |          | -2SD  |  |
| National                                  | MAR-JUL         | 1987 |      | M     | 2                |        |                               |      |      |            |      |            |       |          | 00417 |  |
|   |                 |      |      | M     | 3                |        |                               |      |      |            |      |            |       |          |       |  |
|   |                 |      |      | M     | 4                |        |                               |      |      |            |      |            |       |          |       |  |
|   |                 |      |      | F     | 0. -4.99         |        |                               |      |      |            |      |            |       |          |       |  |
|   |                 |      |      | F     | 0. -0.49         |        |                               |      |      |            |      |            |       |          |       |  |
|   |                 |      |      | F     | 0.50-0.99        |        |                               |      |      |            |      |            |       |          |       |  |
|   |                 |      |      | F     | 1                |        |                               |      |      |            |      |            |       |          |       |  |
|   |                 |      |      | F     | 2                |        |                               |      |      |            |      |            |       |          |       |  |
|   |                 |      |      | F     | 3                |        |                               |      |      |            |      |            |       |          |       |  |
|   | F               | 4    |      |       |                  |        |                               |      |      |            |      |            |       |          |       |  |
| National                                  | 1989-90         |      |      |       | 0. -4.99         | 5629   | 0.4                           | 5.6  |      | 11.0       | 37.2 | 5.3        | 33.5  | 00416    |       |  |
|   |                 |      |      |       | 0. -0.49         | 450    | 0.2                           | 2.4  |      | 1.2        | 8.2  | 1.4        | 5.6   |          |       |  |
|   |                 |      |      |       | 0.50-0.99        | 571    | 0.8                           | 6.9  |      | 5.1        | 18.8 | 3.7        | 25.7  |          |       |  |
|   |                 |      |      |       | 1                | 1171   | 0.8                           | 14.2 |      | 9.8        | 35.0 | 8.4        | 38.8  |          |       |  |
|   |                 |      |      |       | 2                | 1200   | 0.6                           | 3.5  |      | 10.0       | 41.3 | 8.0        | 41.3  |          |       |  |
|   |                 |      |      |       | 3                | 922    | 0.1                           | 2.6  |      | 13.5       | 44.6 | 4.9        | 33.8  |          |       |  |
|   |                 |      |      |       | 4                | 1315   | 0.0                           | 2.8  |      | 17.4       | 48.8 | 2.7        | 35.5  |          |       |  |
|   |                 |      |      | URBAN | 0. -4.99         | 3115   | 0.3                           | 5.1  |      | 9.2        | 31.6 | 4.2        | 29.1  |          |       |  |
|   |                 |      |      | RURAL | 0. -4.99         | 2514   | 0.5                           | 6.0  |      | 12.3       | 41.0 | 6.1        | 36.5  |          |       |  |
|   |                 |      |      | M     | 0. -4.99         | 2818   | 0.4                           | 5.8  |      | 11.2       | 37.5 | 5.0        | 33.0  |          |       |  |
|   |                 |      |      | M     | 0. -0.49         |        | 0.4                           | 2.8  |      | 1.9        | 9.4  | 1.7        | 7.3   |          |       |  |
|   |                 |      |      | M     | 0.50-0.99        |        | 0.3                           | 8.0  |      | 8.3        | 23.6 | 4.5        | 29.9  |          |       |  |
|   |                 |      |      | M     | 1                |        | 1.2                           | 15.9 |      | 9.6        | 33.3 | 7.6        | 39.8  |          |       |  |
|   |                 |      |      | M     | 2                |        | 0.2                           | 2.1  |      | 10.1       | 40.6 | 9.3        | 38.1  |          |       |  |
|   |                 |      |      | M     | 3                |        | 0.0                           | 1.2  |      | 10.9       | 40.9 | 1.9        | 27.8  |          |       |  |
|   |                 |      |      | M     | 4                |        | 0.0                           | 3.4  |      | 18.2       | 51.7 | 2.5        | 36.0  |          |       |  |

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|---|-----------------|---------|------|-----|------------------|--------|-------------------------------|------|------|------------|------|-------------------|-------------|----------|--------------------------------|
|   | Months          | Year    |      |     | group<br>(years) | size   | WEIGHT/HEIGHT                 |      |      | HEIGHT/AGE |      | WEIGHT/AGE        |             |          |                                |
|   |                 |         |      |     |                  |        | -3SD                          | -2SD | +2SD | -3SD       | -2SD | -3SD              |             |          | -2SD                           |
| National                                  |                 | 1989-90 |      | F   | 0. -4.99         | 2811   | 0.4                           | 5.4  |      | 10.8       | 36.9 | 5.5               | 34.0        |          | 00416                          |
|   |                 |         |      |     | 0. -0.49         |        | 0.0                           | 2.1  |      | 0.8        | 7.2  | 1.2               | 4.2         |          |                                |
|   |                 |         |      |     | 0.50-0.99        |        | 1.3                           | 5.7  |      | 1.6        | 13.5 | 2.8               | 21.3        |          |                                |
|   |                 |         |      |     | 1                |        | 0.3                           | 12.4 |      | 9.9        | 36.8 | 9.1               | 37.7        |          |                                |
|   |                 |         |      |     | 2                |        | 1.0                           | 5.0  |      | 9.9        | 42.0 | 6.7               | 44.5        |          |                                |
|   |                 |         |      |     | 3                |        | 0.2                           | 4.1  |      | 16.1       | 48.4 | 8.1               | 39.9        |          |                                |
|   |                 |         |      |     | 4                |        | 0.0                           | 2.3  |      | 16.6       | 46.1 | 2.9               | 35.0        |          |                                |
| Province                                  | JUN-AUG         | 1991    |      |     | 0.50-1.99        | 3410   |                               |      |      |            |      | 44.9              | 3 Provinces | 01751    |                                |
|   |                 |         |      |     | 0.50-1.99        | 1004   |                               |      |      |            | 44.1 | Northern Samar    |             |          |                                |
|   |                 |         |      |     | 0.50-1.99        | 1152   |                               |      |      |            | 48.2 | Quezon            |             |          |                                |
|   |                 |         |      |     | 0.50-1.99        | 1254   |                               |      |      |            | 44.1 | Zamboanga del Sur |             |          |                                |
| National                                  | MAR-JUL         | 1992    |      |     | 0. -4.99         | 5858   | 1.0                           | 7.3  | 0.9  | 11.1       | 34.7 | 5.5               | 33.4        | 01346    |                                |
|   |                 |         |      |     | 0. -4.99         | 433    | 0.8                           | 8.7  | 1.3  | 11.3       | 34.5 | 7.1               | 39.0        |          | Bicol region                   |
|   |                 |         |      |     | 0. -4.99         | 370    | 1.2                           | 8.3  | 0.2  | 12.8       | 38.4 | 6.0               | 34.2        |          | Cagayan Valley region          |
|   |                 |         |      |     | 0. -4.99         | 441    | 1.2                           | 6.4  | 0.6  | 3.4        | 24.0 | 1.6               | 22.1        |          | Central Luzon region           |
|   |                 |         |      |     | 0. -4.99         | 207    | 1.7                           | 10.1 | 0.0  | 14.9       | 37.1 | 8.1               | 39.0        |          | Central Mindanao region        |
|   |                 |         |      |     | 0. -4.99         | 295    | 1.9                           | 12.6 | 1.1  | 19.2       | 40.7 | 8.0               | 41.9        |          | Central Visayas region         |
|   |                 |         |      |     | 0. -4.99         | 291    | 0.6                           | 3.7  | 2.9  | 9.3        | 27.9 | 2.8               | 17.2        |          | Cordillero Administrative regi |
|   |                 |         |      |     | 0. -4.99         | 363    | 1.6                           | 8.1  | 1.0  | 13.9       | 37.4 | 6.8               | 38.0        |          | Eastern Visayas region         |
|   |                 |         |      |     | 0. -4.99         | 293    | 1.1                           | 9.5  | 0.1  | 16.5       | 33.8 | 8.0               | 32.2        |          | Ilocos region                  |
|   |                 |         |      |     | 0. -4.99         | 152    | 0.6                           | 9.1  | 1.3  | 12.9       | 39.9 | 9.6               | 35.0        |          | M. Mindanao region             |
|   |                 |         |      |     | 0. -4.99         | 584    | 0.1                           | 5.6  | 0.5  | 5.5        | 26.5 | 2.8               | 26.8        |          | Metro Manila region            |
|   |                 |         |      |     | 0. -4.99         | 512    | 0.7                           | 6.2  | 0.7  | 14.6       | 44.4 | 6.7               | 33.8        |          | Northern Mindanao region       |
|   |                 |         |      |     | 0. -4.99         | 370    | 1.5                           | 6.3  | 1.4  | 11.5       | 38.6 | 4.6               | 35.8        |          | Southern Mindanao region       |
|   |                 |         |      |     | 0. -4.99         | 806    | 1.1                           | 6.5  | 0.8  | 8.9        | 29.3 | 3.7               | 29.7        |          | Southern Tagalog region        |

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|---|-----------------|------|-------|-----|------------------|--------|-------------------------------|------|------|------------|------|------------|-------|-------------------------|-------|
|   | Months          | Year |       |     | group<br>(years) | size   | WEIGHT/HEIGHT                 |      |      | HEIGHT/AGE |      | WEIGHT/AGE |       |                         |       |
|   |                 |      |       |     |                  |        | -3SD                          | -2SD | +2SD | -3SD       | -2SD | -3SD       |       |                         | -2SD  |
| National                                  | MAR-JUL         | 1992 |       |     | 0. -4.99         | 211    | 0.1                           | 3.3  | 1.4  | 4.7        | 39.2 | 1.8        | 31.9  | Western Mindanao region | 01346 |
|   |                 |      |       |     | 0. -4.99         | 530    | 0.3                           | 5.7  | 0.3  | 15.5       | 44.2 | 10.1       | 44.6  | Western Visayas region  |       |
|   |                 |      |       |     | 0. -0.49         | 263    | 1.4                           | 4.4  | 1.9  | 0.4        | 2.9  | 1.1        | 4.3   |                         |       |
|   |                 |      |       |     | 0.50-0.99        | 621    | 1.4                           | 9.5  | 0.8  | 2.1        | 14.1 | 4.6        | 23.3  |                         |       |
|   |                 |      |       |     | 1                | 1220   | 2.7                           | 15.1 | 0.9  | 8.7        | 33.9 | 7.1        | 37.0  |                         |       |
|   |                 |      |       |     | 2                | 1237   | 0.4                           | 5.8  | 1.3  | 11.0       | 34.5 | 6.3        | 36.6  |                         |       |
|   |                 |      |       |     | 3                | 1172   | 0.4                           | 4.5  | 0.5  | 14.0       | 44.7 | 5.7        | 37.8  |                         |       |
|   |                 |      |       |     | 4                | 1345   | 0.1                           | 3.6  | 0.4  | 17.1       | 43.0 | 4.5        | 34.4  |                         |       |
|   |                 |      | URBAN |     | 0. -4.99         | 3238   | 0.8                           | 6.6  | 0.9  | 9.7        | 30.9 | 5.1        | 30.1  |                         |       |
|   |                 |      | RURAL |     | 0. -4.99         | 2620   | 1.2                           | 7.8  | 0.9  | 12.0       | 37.4 | 5.8        | 36.0  |                         |       |
|   |                 |      | M     |     | 0. -4.99         | 2943   | 1.1                           | 7.8  | 0.8  | 12.3       | 36.8 | 5.7        | 35.2  |                         |       |
|   |                 |      | M     |     | 0. -0.49         | 131    | 2.2                           | 8.1  | 1.8  | 0.0        | 2.8  | 2.2        | 5.7   |                         |       |
|   |                 |      | M     |     | 0.50-0.99        | 314    | 2.2                           | 9.4  | 1.0  | 3.3        | 19.3 | 5.9        | 24.5  |                         |       |
|   |                 |      | M     |     | 1                | 610    | 3.0                           | 15.2 | 0.2  | 7.9        | 34.5 | 7.8        | 38.5  |                         |       |
|   |                 |      | M     |     | 2                | 626    | 0.2                           | 7.0  | 1.1  | 11.1       | 34.8 | 6.8        | 38.6  |                         |       |
|   |                 |      | M     |     | 3                | 580    | 0.0                           | 3.6  | 0.8  | 14.8       | 46.7 | 3.0        | 33.8  |                         |       |
|   |                 |      | M     |     | 4                | 682    | 0.0                           | 4.0  | 0.8  | 22.4       | 48.5 | 5.6        | 41.5  |                         |       |
|   |                 |      | F     |     | 0. -4.99         | 2915   | 0.9                           | 6.8  | 1.0  | 9.8        | 32.4 | 5.4        | 31.8  |                         |       |
|   |                 |      | F     |     | 0. -0.49         | 132    | 0.7                           | 0.7  | 1.8  | 0.8        | 3.1  | 0.0        | 2.8   |                         |       |
|   |                 |      | F     |     | 0.50-0.99        | 307    | 0.6                           | 9.6  | 0.6  | 0.7        | 8.3  | 3.0        | 21.7  |                         |       |
| F   |                 | 1    | 610   | 2.4 | 14.9             | 1.6    | 9.5                           | 33.3 | 6.4  | 35.6       |      |            |       |                         |       |
| F   |                 | 2    | 611   | 0.7 | 4.6              | 1.6    | 10.9                          | 34.2 | 5.8  | 34.7       |      |            |       |                         |       |
| F   |                 | 3    | 592   | 0.8 | 5.3              | 0.5    | 13.3                          | 42.9 | 8.2  | 41.6       |      |            |       |                         |       |
| F   |                 | 4    | 663   | 0.2 | 3.2              | 0.0    | 11.6                          | 37.3 | 3.5  | 27.4       |      |            |       |                         |       |
| National                                  | FEB-JUL         | 1993 |       |     | 0. -4.99         | 4229   | 1.2                           | 7.5  | 0.8  | 9.0        | 32.7 | 5.0        | 29.6  | 01510                   |       |
|   |                 |      |       |     | 0. -0.49         | 456    | 2.2                           | 6.5  | 2.9  | 1.5        | 5.5  | 0.9        | 3.8   |                         |       |

# PHILIPPINES

Percentage below/above median

| Country/Territory<br>Administrative level | Dates of survey |      | Area  | Sex | Age              | Sample | Percentage below/above median |      |      |            |      |            | Notes | Ref. No.       |       |  |
|---|-----------------|------|-------|-----|------------------|--------|-------------------------------|------|------|------------|------|------------|-------|----------------|-------|--|
|   | Months          | Year |       |     | group<br>(years) | size   | WEIGHT/HEIGHT                 |      |      | HEIGHT/AGE |      | WEIGHT/AGE |       |                |       |  |
|   |                 |      |       |     |                  |        | -3SD                          | -2SD | +2SD | -3SD       | -2SD | -3SD       |       |                | -2SD  |  |
| National                                  | FEB-JUL         | 1993 |       |     | 0.50-0.99        | 432    | 1.9                           | 10.7 | 0.9  | 3.5        | 12.7 | 5.1        | 18.9  |                | 01510 |  |
|   |                 |      |       |     | 1                | 889    | 2.6                           | 13.9 | 1.0  | 9.8        | 35.4 | 8.0        | 36.9  |                |       |  |
|   |                 |      |       |     | 2                | 884    | 0.3                           | 5.5  | 0.4  | 10.5       | 35.7 | 6.1        | 34.4  |                |       |  |
|   |                 |      |       |     | 3                | 792    | 0.4                           | 5.2  | 0.2  | 11.2       | 40.5 | 5.0        | 35.4  |                |       |  |
|   |                 |      |       |     | 4                | 776    | 0.1                           | 3.2  | 0.5  | 11.2       | 44.2 | 2.5        | 29.9  |                |       |  |
|   |                 |      | URBAN |     | 0. -4.99         | 2330   | 0.8                           | 5.7  | 0.9  | 9.0        | 30.6 | 4.2        | 28.3  |                |       |  |
|   |                 |      | RURAL |     | 0. -4.99         | 1899   | 1.4                           | 9.0  | 0.7  | 9.0        | 34.7 | 5.8        | 30.9  |                |       |  |
|   |                 |      |       | M   | 0. -4.99         | 2211   | 1.1                           | 8.0  | 0.6  | 9.2        | 33.9 | 4.4        | 30.5  |                |       |  |
|   |                 |      |       | M   | 0. -0.49         | 242    | 2.8                           | 8.0  | 2.9  | 0.5        | 5.2  | 0.4        | 5.1   |                |       |  |
|   |                 |      |       | M   | 0.50-0.99        | 239    | 1.5                           | 9.6  | 0.3  | 4.0        | 15.3 | 5.5        | 20.7  |                |       |  |
|   |                 |      |       | M   | 1                | 447    | 2.2                           | 14.3 | 0.5  | 10.0       | 39.3 | 9.1        | 40.7  |                |       |  |
|   |                 |      |       | M   | 2                | 458    | 0.4                           | 5.3  | 0.5  | 10.6       | 35.7 | 5.7        | 33.7  |                |       |  |
|   |                 |      |       | M   | 3                | 423    | 0.5                           | 7.4  | 0.2  | 10.5       | 40.5 | 2.4        | 33.9  |                |       |  |
|   |                 |      |       | M   | 4                | 402    | 0.0                           | 3.4  | 0.3  | 13.7       | 46.1 | 1.5        | 31.7  |                |       |  |
|   |                 |      |       | F   | 0. -4.99         | 2018   | 1.2                           | 6.8  | 1.1  | 8.7        | 31.3 | 5.6        | 28.6  |                |       |  |
|   |                 |      |       | F   | 0. -0.49         | 214    | 1.6                           | 5.1  | 2.9  | 2.8        | 6.0  | 1.3        | 2.4   |                |       |  |
|   |                 |      |       | F   | 0.50-0.99        | 193    | 2.3                           | 12.1 | 1.6  | 2.7        | 8.9  | 4.4        | 16.3  |                |       |  |
|   |                 |      |       | F   | 1                | 442    | 3.0                           | 13.5 | 1.6  | 9.4        | 31.1 | 6.8        | 32.9  |                |       |  |
|   |                 |      |       | F   | 2                | 426    | 0.3                           | 5.9  | 0.3  | 10.5       | 35.9 | 6.6        | 35.3  |                |       |  |
|   |                 |      |       | F   | 3                | 369    | 0.2                           | 2.3  | 0.3  | 12.3       | 40.7 | 8.3        | 37.5  |                |       |  |
|   | F               | 4    | 374   | 0.4 | 3.1              | 0.7    | 8.7                           | 42.3 | 3.6  | 28.2       |      |            |       |                |       |  |
| National                                  | JUN-DEC         | 1998 |       |     | 0. -4.99         | 24308  | 0.7                           | 6.5  | 1.0  | 8.9        | 32.1 | 5.2        | 31.8  |                | 02176 |  |
|   |                 |      |       |     | 0. -4.99         | 879    | 1.2                           | 9.2  | 2.0  | 14.9       | 37.0 | 6.0        | 30.2  | ARMM           |       |  |
|   |                 |      |       |     | 0. -4.99         | 1500   | 0.3                           | 5.1  | 0.5  | 9.1        | 34.4 | 5.3        | 36.3  | Bicol          |       |  |
|   |                 |      |       |     | 0. -4.99         | 1085   | 1.0                           | 8.2  | 0.8  | 7.0        | 31.0 | 5.8        | 31.7  | Cagayan Valley |       |  |
|   |                 |      |       |     | 0. -4.99         | 1419   | 0.7                           | 4.0  | 1.5  | 10.1       | 39.4 | 4.5        | 27.0  | CAR            |       |  |

# PHILIPPINES

## Percentage below/above median

| Country/Territory<br>Administrative level | Dates of survey |      | Area | Sex | Age<br>group<br>(years) | Sample<br>size | Percentage below/above median |      |      |            |      |            | Notes | Ref. No.          |       |  |
|---|-----------------|------|------|-----|-------------------------|----------------|-------------------------------|------|------|------------|------|------------|-------|-------------------|-------|--|
|   | Months          | Year |      |     |                         |                | WEIGHT/HEIGHT                 |      |      | HEIGHT/AGE |      | WEIGHT/AGE |       |                   |       |  |
|   |                 |      |      |     |                         |                | -3SD                          | -2SD | +2SD | -3SD       | -2SD | -3SD       |       |                   | -2SD  |  |
| National                                  | JUN-DEC         | 1998 |      |     | 0. -4.99                | 939            | 0.5                           | 6.3  | 1.3  | 11.2       | 40.5 | 5.1        | 34.2  | Caraga            | 02176 |  |
|   |                 |      |      |     | 0. -4.99                | 1664           | 0.7                           | 6.4  | 1.4  | 6.0        | 21.4 | 5.0        | 26.6  | Central Luzon     |       |  |
|   |                 |      |      |     | 0. -4.99                | 1107           | 0.3                           | 6.3  | 1.4  | 13.2       | 38.5 | 6.2        | 32.6  | Central Mindanao  |       |  |
|   |                 |      |      |     | 0. -4.99                | 1729           | 0.8                           | 3.7  | 0.7  | 9.7        | 38.0 | 3.9        | 33.0  | Central Visayas   |       |  |
|   |                 |      |      |     | 0. -4.99                | 1377           | 0.4                           | 6.1  | 0.7  | 10.8       | 40.4 | 6.4        | 38.8  | Eastern Visayas   |       |  |
|   |                 |      |      |     | 0. -4.99                | 985            | 0.7                           | 8.1  | 1.7  | 5.3        | 24.5 | 5.0        | 33.8  | Ilocos            |       |  |
|   |                 |      |      |     | 0. -4.99                | 2928           | 1.0                           | 6.5  | 1.2  | 5.0        | 24.3 | 3.8        | 26.0  | NCR               |       |  |
|   |                 |      |      |     | 0. -4.99                | 1097           | 0.5                           | 4.8  | 1.1  | 12.2       | 36.2 | 4.3        | 31.0  | Northern Mindanao |       |  |
|   |                 |      |      |     | 0. -4.99                | 2017           | 0.7                           | 6.1  | 0.7  | 11.3       | 38.6 | 5.6        | 33.7  | Southern Mindanao |       |  |
|   |                 |      |      |     | 0. -4.99                | 2933           | 0.6                           | 5.4  | 0.6  | 6.7        | 25.5 | 4.2        | 26.0  | Southern Tagalog  |       |  |
|   |                 |      |      |     | 0. -4.99                | 772            | 1.4                           | 8.5  | 0.8  | 11.5       | 37.4 | 6.4        | 35.2  | Western Mindanao  |       |  |
|   |                 |      |      |     | 0. -4.99                | 1877           | 1.0                           | 10.4 | 0.7  | 9.7        | 35.0 | 7.6        | 39.0  | Western Visayas   |       |  |
|   |                 |      |      |     | 0. -0.49                | 2916           | 0.7                           | 3.1  | 2.8  | 0.5        | 3.7  | 0.5        | 2.4   |                   |       |  |
|   |                 |      |      |     | 0.50-0.99               | 2963           | 1.0                           | 8.1  | 1.5  | 2.6        | 13.5 | 4.2        | 22.6  |                   |       |  |
|   |                 |      |      |     | 1                       | 4649           | 2.2                           | 14.9 | 1.0  | 8.1        | 33.0 | 8.3        | 38.6  |                   |       |  |
|   |                 |      |      |     | 2                       | 4570           | 0.5                           | 5.8  | 0.3  | 8.8        | 31.5 | 7.1        | 37.2  |                   |       |  |
|   |                 |      |      |     | 3                       | 4619           | 0.1                           | 3.5  | 0.8  | 11.6       | 40.0 | 4.5        | 34.1  |                   |       |  |
|   |                 |      |      |     | 4                       | 4591           | 0.2                           | 3.5  | 0.8  | 13.0       | 43.6 | 3.8        | 34.6  |                   |       |  |
|   |                 |      |      |     | M                       | 0. -4.99       | 12326                         | 0.8  | 6.6  | 0.9        | 8.6  | 32.4       | 4.6   | 31.2              |       |  |
|   |                 |      |      |     | M                       | 0. -0.49       | 1433                          | 0.9  | 3.6  | 2.8        | 0.7  | 3.9        | 0.4   | 3.1               |       |  |
|   |                 |      |      |     | M                       | 0.50-0.99      | 1502                          | 1.0  | 9.2  | 1.7        | 2.4  | 16.3       | 4.8   | 25.5              |       |  |
|   |                 |      |      |     | M                       | 1              | 2397                          | 2.4  | 15.8 | 0.8        | 8.1  | 34.6       | 8.8   | 39.2              |       |  |
|   |                 |      |      |     | M                       | 2              | 2286                          | 0.3  | 5.2  | 0.2        | 9.0  | 31.4       | 6.0   | 36.4              |       |  |
|   |                 |      |      |     | M                       | 3              | 2377                          | 0.1  | 3.0  | 0.7        | 10.5 | 38.6       | 3.4   | 30.6              |       |  |
|   |                 |      |      |     | M                       | 4              | 2331                          | 0.4  | 3.8  | 0.8        | 12.3 | 43.5       | 2.5   | 33.7              |       |  |
|   |                 |      |      |     | F                       | 0. -4.99       | 11982                         | 0.6  | 6.3  | 1.0        | 9.2  | 31.7       | 5.9   | 32.5              |       |  |

# PHILIPPINES

## Percentage below/above median

| Country/Territory<br>Administrative level | Dates of survey |      | Area | Sex | Age       | Sample | Percentage below/above median |      |      |            |      |            | Notes | Ref. No. |       |
|---|-----------------|------|------|-----|-----------|--------|-------------------------------|------|------|------------|------|------------|-------|----------|-------|
|   | Months          | Year |      |     | group     | size   | WEIGHT/HEIGHT                 |      |      | HEIGHT/AGE |      | WEIGHT/AGE |       |          |       |
|   |                 |      |      |     | (years)   |        | -3SD                          | -2SD | +2SD | -3SD       | -2SD | -3SD       |       |          | -2SD  |
| National                                  | JUN-DEC         | 1998 |      | F   | 0. -0.49  | 1483   | 0.4                           | 2.7  | 2.7  | 0.3        | 3.5  | 0.5        | 1.8   |          | 02176 |
|   |                 |      |      |     | 0.50-0.99 | 1461   | 1.1                           | 6.9  | 1.4  | 2.7        | 10.5 | 3.6        | 19.6  |          |       |
|   |                 |      |      |     | 1         | 2252   | 1.9                           | 14.0 | 1.1  | 8.0        | 31.3 | 7.8        | 37.9  |          |       |
|   |                 |      |      |     | 2         | 2284   | 0.6                           | 6.4  | 0.4  | 8.6        | 31.6 | 8.1        | 37.9  |          |       |
|   |                 |      |      |     | 3         | 2242   | 0.1                           | 4.1  | 0.9  | 12.8       | 41.5 | 5.7        | 37.8  |          |       |
|   |                 |      |      |     | 4         | 2260   | 0.0                           | 3.3  | 0.8  | 13.6       | 43.6 | 5.3        | 35.7  |          |       |