

# NEPAL

Country/Territory Administrative level	Dates of survey		Area	Sex	Age group (years)	Sample size	Percentage below/above median						Notes	Ref. No.	
	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE			
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National		1975	RURAL		0.50-4.99	5323	0.9	13.0	0.1	37.1	69.4	24.9	69.1		00282
			RURAL		0.50-0.99	700	1.1	11.0	0.3	16.4	47.9	21.3	63.1		
			RURAL		1	1237	2.6	26.2	0.2	37.2	73.9	34.3	78.7		
			RURAL		2	1081	0.5	12.3	0.1	33.4	64.8	28.5	70.2		
			RURAL		3	1148	0.4	7.3	0.0	43.3	74.0	20.8	65.6		
			RURAL		4	1123	0.0	6.8	0.2	48.3	79.0	18.3	66.0		
			RURAL	M	0.50-4.99	2731	1.1	15.3	0.2	36.6	68.6	25.5	67.7		
			RURAL	M	0.50-0.99	382	1.1	13.1	0.5	19.9	48.4	24.9	63.4		
			RURAL	M	1	616	3.4	33.1	0.3	37.8	74.7	38.5	79.9		
			RURAL	M	2	555	0.4	12.3	0.0	32.3	63.1	28.3	67.9		
			RURAL	M	3	579	0.4	8.6	0.0	40.4	72.7	18.0	62.5		
			RURAL	M	4	599	0.0	8.0	0.2	47.4	77.8	18.0	64.4		
			RURAL	F	0.50-4.99	2558	0.8	10.7	0.1	37.6	70.3	24.3	70.5		
			RURAL	F	0.50-0.99	318	1.3	8.5	0.0	11.6	47.2	17.0	62.9		
			RURAL	F	1	621	1.8	19.3	0.0	36.6	73.1	30.1	77.6		
			RURAL	F	2	526	0.6	12.4	0.2	34.6	66.5	28.7	72.6		
			RURAL	F	3	569	0.4	6.0	0.0	46.2	75.4	23.7	68.7		
			RURAL	F	4	524	0.0	5.3	0.2	49.2	80.3	18.5	67.8		
District		1978			0. -4.99	1000						26.9	Surkhet District	00283	
					0. -0.49	100						4.4	Surkhet District		
					0.50-0.99	100						33.0	Surkhet District		
					1	200						41.7	Surkhet District		
					2	200						26.8	Surkhet District		
					3	200						25.5	Surkhet District		
					4	200						23.0	Surkhet District		
National	JAN-MAR	1995			0.50-2.99	6781	0.6	6.1	0.6	27.5	60.1	13.8	48.5	Problems with height + length	01581
					0.50-2.99	2419	0.9	10.2	0.5	26.8	57.7	19.1	55.8	Zone: Hills	
					0.50-2.99	294	0.4	3.6	0.5	31.6	65.1	16.4	55.5	Zone: Mountains	
					0.50-2.99	3793	0.4	3.8	0.7	28.4	62.8	10.6	44.3	Zone: Terai	
					0.50-0.99	1425	0.6	3.7	2.1	13.0	42.2	8.2	34.8	(height underestimated by	
					1	2752	0.9	9.2	0.4	31.2	66.8	15.2	54.2	0.5 cm; supine measurements	
		2	2604	0.3	4.1	0.1	31.4	62.8	15.3	49.9	up to 36 months)				

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	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE				
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD	
National	JAN-MAR	1995	URBAN		0.50-2.99	275	0.1	2.9	1.4	16.7	44.3	8.2	33.7		01581	
			RURAL		0.50-2.99	6505	0.6	6.2	0.6	27.9	60.8	14.0	49.1			
	RURAL		0.50-2.99											Achham district		
	RURAL		0.50-2.99													Bardiya district
	RURAL		0.50-2.99													Bhojpur district
	RURAL		0.50-2.99													Dailekh district
	RURAL		0.50-2.99													Darchula district
	RURAL		0.50-2.99													Dhadang district
	RURAL		0.50-2.99													Dhanusha district
	RURAL		0.50-2.99													Gorkha district
	RURAL		0.50-2.99													Gulmi district
	RURAL		0.50-2.99													Ilam district
	RURAL		0.50-2.99													Jumla district
	RURAL		0.50-2.99													Kailali district
	RURAL		0.50-2.99													Kalikote district
	RURAL		0.50-2.99													Kathmandu district
	RURAL		0.50-2.99													Morang district
	RURAL		0.50-2.99													Mustang district
	RURAL		0.50-2.99													Myagdi district
	RURAL		0.50-2.99													Ramachapur district
	RURAL		0.50-2.99													Rautahat district
	RURAL		0.50-2.99													Rolpa district
	RURAL		0.50-2.99													Rupandeh district
	RURAL		0.50-2.99													Sankhuwa district
	RURAL		0.50-2.99													Sindhupalchowk district
	RURAL		0.50-2.99													Siraha district
	RURAL		0.50-2.99													Syangia district
	RURAL		0.50-2.99													Udayapur district
	RURAL		0.50-2.99				1861									x Central
	RURAL		0.50-2.99				1487									x East
RURAL		0.50-2.99				643								x Far west		
RURAL		0.50-2.99				966								x Mid west		
RURAL		0.50-2.99				1276								x West		
			M		0. -2.99	3498	0.7	6.5	0.5	27.3	59.4	13.6	47.9			

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	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE						
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD			
National	JAN-MAR	1995			M	0.50-0.99	733	0.8	5.1	1.6	14.0	42.4	8.4	35.0	01581			
					M	1	1455	1.0	9.6	0.3	32.6	67.0	15.8	55.0				
					M	2	1310	0.2	3.80	0.2	28.9	60.4	14.1	47.2				
					F	0. -2.99	3282	0.5	5.6	0.8	27.6	60.8	13.9	49.1				
					F	0.50-0.99	692	0.3	2.2	2.6	12.0	41.9	7.9	34.6				
					F	1	1297	0.8	8.8	0.6	29.7	66.6	14.6	53.4				
					F	2	1294	0.4	4.3	0.0	33.9	65.2	16.4	52.7				
National Rural	JUN-MAY	1995-96				0.50-2.99	696				16.0		44.0	44.0	02340			
						0.50-2.99	287				11.0		42.0	38.0		Hills		
						0.50-2.99	98				16.0		43.0	42.0		Mountains		
						0.50-2.99	311				22.0		46.0	51.0		Terai		
National	JAN-JUN	1996				0. -2.99	3705	1.7	11.2	0.5	20.2	48.4	16.1	46.9	01706			
						0. -2.99	446	1.5	7.5	1.1	17.1	44.1	10.9	38.8		Central hill region		
						0. -2.99	100	1.7	12.8	0.0	24.6	53.1	20.1	47.5		Central mountain region		
						0. -2.99	702	2.1	11.3	0.0	24.7	54.9	21.4	54.2		Central Terai region		
						0. -2.99	274	0.8	8.5	1.2	15.7	41.9	10.1	37.5		Eastern hill region		
						0. -2.99	55	1.5	6.7	0.7	15.7	44.0	8.2	34.3		Eastern mountain region		
						0. -2.99	436	1.6	11.6	0.7	13.5	35.3	12.7	38.8		Eastern Terai region		
						0. -2.99	146	3.1	19.8	0.0	26.6	58.9	27.6	64.6		Far-western hill region		
						0. -2.99	162	1.1	13.3	0.0	17.4	44.0	15.6	45.4		Far-western Terai region		
						0. -2.99	295	2.0	11.2	0.0	23.5	56.4	17.9	51.2		Mid-western hill region		
						0. -2.99	214	0.4	11.3	0.4	14.7	39.4	9.6	40.8		Mid-western Terai region		
						0. -2.99	451	1.0	6.8	0.5	20.8	48.9	10.7	43.3		Western hill region		
						0. -2.99	114	3.7	17.6	0.5	35.8	65.8	32.1	67.4		Western mountain region		
						0. -2.99	311	2.1	17.6	0.9	19.8	51.6	21.6	54.1		Western Terai region		
						0. -0.49	594	0.7	3.8	1.0	1.5	14.9	0.8	8.8				
						0.50-0.99	658	1.0	7.3	1.2	6.9	29.2	9.7	37.9				
						1	1290	3.4	20.5	0.1	24.2	59.4	22.8	59.3				
						2	1162	0.6	7.0	0.3	32.9	64.1	20.2	57.7				
							URBAN	0. -2.99	237	0.6	5.8	0.6	10.5	35.4		6.4	29.8	
							RURAL	0. -2.99	3468	1.7	11.6	0.5	20.9	49.3		16.8	48.1	
		M	0. -2.99	1887	2.1	12.3	0.6	18.6	46.6	15.7	45.8							

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National	JAN-JUN	1996		M	0. -0.49	297	0.8	3.3	0.9	0.9	14.4	0.9	6.0	01706	
				M	0.50-0.99	341	1.5	8.6	1.2	6.8	30.4	10.3	39.9		
				M	1	662	4.1	23.3	0.2	22.8	57.0	22.6	58.8		
				M	2	588	0.7	6.4	0.6	29.6	60.4	18.5	54.9		
				F	0. -2.99	1817	1.3	10.2	0.4	21.9	50.2	16.6	48.0		
				F	0. -0.49	297	0.5	4.3	1.0	2.0	15.4	0.8	11.6		
				F	0.50-0.99	318	0.5	5.9	1.2	7.1	27.9	9.0	35.8		
				F	1	628	2.7	17.6	0.0	25.6	61.9	23.0	59.9		
	F	2	574	0.6	7.5	0.0	36.2	67.9	22.0	60.6					
National	AUG-NOV	1996			0.50-2.99	5525	3.0	16.4	0.3	23.4	53.1	21.5	57.1	01870	
					0.50-2.99	2079	4.9	27.7	0.3	22.5	59.2	30.0	65.6		Zone: Hills
					0.50-2.99	260	0.6	8.0	0.2	30.0	63.8	17.9	53.0		Zone: Mountain
					0.50-2.99	2989	1.9	10.1	0.3	24.1	54.9	16.4	52.3		Zone: Terai
					0.50-0.99	1275	2.0	13.0	0.5	9.2	31.2	15.0	41.4		
					1	2182	4.9	24.5	0.4	25.9	58.3	23.6	64.4		
					2	2068	1.6	11.0	0.2	29.4	61.1	23.2	58.7		
				URBAN	0.50-2.99	198	2.0	14.0	0.9	13.1	36.3	12.1	41.7		
				RURAL	0.50-2.99	5327	3.0	16.9	0.3	23.7	53.7	21.8	57.5		
				M	0.50-2.99	2817	2.8	16.4	0.5	23.8	53.8	20.5	57.0		
				M	0.50-0.99	619	2.2	13.4	0.7	11.4	34.0	15.7	41.8		
				M	1	1115	5.0	24.2	0.7	27.9	59.9	23.7	66.4		
				M	2	1083	1.0	9.9	0.3	26.7	58.7	20.0	56.4		
				F	0.50-2.99	2708	3.1	16.5	0.1	22.9	52.4	22.5	56.9		
				F	0.50-0.99	656	1.7	11.6	0.3	7.1	28.6	14.3	41.0		
				F	1	1067	4.8	23.9	0.1	23.9	56.7	23.6	62.3		
	F	2	985	2.3	11.8	0.0	32.3	63.6	26.6	61.6					
National	DEC-JUL	1997-98			0.50-4.99	17241	0.6	6.8	0.3	22.4	54.2	12.0	47.1	02189	
					0.50-4.99	1346	0.5	5.2	0.4	20.0	51.0	7.2	40.0		Hills Central
					0.50-4.99	1347	0.1	5.3	0.2	21.3	53.3	9.6	42.3		Hills East
					0.50-4.99	1339	0.6	8.6	0.2	26.4	62.5	16.5	56.4		Hills Far-west
					0.50-4.99	1350	0.4	6.0	0.3	28.6	62.9	14.0	53.6		Hills Mid-west
					0.50-4.99	1341	0.4	6.9	0.3	21.6	56.3	10.6	49.4		Hills West
					0.50-4.99	1345	2.3	15.4	0.0	38.5	70.8	31.1	72.4		Mountains All-west

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD	
National	DEC-JUL	1997-98			0.50-4.99	1345	0.7	7.3	0.5	27.1	62.4	15.2	51.6	Mountains Central	02189	
					0.50-4.99	1344	0.3	3.9	0.3	26.3	64.2	9.5	50.0	Mountains East		
					0.50-4.99	1348	1.1	8.9	0.2	21.4	52.6	13.9	47.8	Terai Central		
					0.50-4.99	1347	0.5	6.8	0.4	19.4	48.0	11.9	44.2	Terai East		
					0.50-4.99	1346	0.3	4.4	0.3	18.2	48.7	8.5	41.0	Terai Far-west		
					0.50-4.99	1348	0.9	5.9	0.2	20.1	53.2	11.7	44.2	Terai Mid-west		
					0.50-4.99	1350	0.2	5.1	0.2	23.2	52.3	11.6	47.4	Terai West		
					0.50-0.99	1984	1.0	4.7	1.2	7.0	29.3	7.3	32.6			
					1	4466	1.3	13.5	0.1	22.9	58.3	17.0	55.8			
					2	4237	0.1	5.3	0.2	21.1	52.5	13.7	48.9			
					3	3453	0.4	4.4	0.1	26.5	59.5	10.0	45.9			
					4	3101	0.3	3.3	0.3	28.5	60.8	7.9	42.6			
					URBAN	0.50-4.99	1858	0.8	5.2	0.3	9.6	36.2	5.5	30.8		
					RURAL	0.50-4.99	15384	0.6	7.0	0.3	23.9	56.4	12.8	49.1		
					M	0.50-4.99	9030	0.9	7.5	0.3	21.7	54.6	11.6	46.8		
					M	0.50-0.99	1028	1.5	6.1	0.5	8.0	32.3	8.2	34.7		
					M	1	2315	1.9	15.4	0.2	22.6	59.8	18.3	57.6		
					M	2	2202	0.1	5.5	0.3	19.9	50.2	13.3	47.7		
					M	3	1814	0.6	4.1	0.2	23.8	57.9	6.8	40.9		
					M	4	1671	0.4	3.5	0.3	29.1	63.1	7.3	44.4		
		F	0.50-4.99	8211	0.4	6.1	0.3	23.0	53.9	12.5	47.4					
		F	0.50-0.99	957	0.4	3.2	2.0	5.7	26.1	6.3	30.2					
		F	1	2151	0.7	11.3	0.1	23.3	56.8	15.5	53.9					
		F	2	2036	0.1	5.1	0.0	22.3	54.9	14.1	50.3					
		F	3	1638	0.2	4.9	0.1	29.6	61.4	13.5	51.3					
		F	4	1429	0.2	2.9	0.2	27.7	58.0	8.6	40.6					
National	JAN-JUN	2001			0. -4.99	6409	1.1	9.6	0.2	21.3	50.5	12.6	48.3		02336	
					0. -4.99	646	0.5	3.3	0.5	23.1	51.7	8.4	40.5	Hill Central		
					0. -4.99	495	0.2	3.8	0.2	18.8	48.7	6.5	38.4	Hill Eastern		
					0. -4.99	292	0.7	12.7	0.3	26.1	59.1	17.1	58.2	Hill Far-west		
					0. -4.99	592	1.5	8.1	0.3	25.3	59.3	14.4	55.8	Hill Mid-west		
					0. -4.99	660	0.0	4.2	0.5	16.7	47.9	7.1	39.8	Hill Western		
					0. -4.99	168	0.6	5.7	1.2	24.9	60.7	8.3	41.7	Mountains Central		

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD	
National	JAN-JUN	2001			0. -4.99	102	0.0	1.9	0.0	17.6	51.5	6.8	33.0	Mountains East	02336	
					0. -4.99	217	1.8	8.8	0.5	35.9	66.2	21.7	64.1	Mountains West		
					0. -4.99	1283	2.0	18.1	0.0	22.9	51.3	20.5	58.6	Terai Central		
					0. -4.99	882	1.2	10.8	0.5	17.3	41.4	10.1	43.4	Terai East		
					0. -4.99	240	0.8	10.8	0.4	13.8	43.3	9.2	45.8	Terai Far-west		
					0. -4.99	295	0.3	8.8	0.0	14.2	36.9	5.1	40.7	Terai Mid-west		
					0. -4.99	537	2.0	10.6	0.0	23.8	53.3	15.5	50.5	Terai West		
					0. -0.49	603	1.2	3.3	1.0	1.0	9.9	1.0	6.6			
					0.50-0.99	622	1.1	8.5	0.8	6.4	25.7	9.0	37.0			
					1	1308	3.4	22.4	0.2	21.1	52.4	21.0	60.1			
					2	1232	0.2	7.0	0.0	23.1	57.2	16.2	56.3			
					3	1338	0.3	6.0	0.1	29.5	62.8	11.6	52.8			
					4	1306	0.5	6.6	0.1	27.9	60.4	8.8	49.1			
					URBAN	0. -4.99	426	0.7	8.2	0.2	11.3	36.6	6.8	33.0		
					RURAL	0. -4.99	5983	1.1	9.7	0.3	22.0	51.5	13.0	49.4		
					M	0. -4.99	3157	1.4	10.6	0.1	19.0	49.2	10.9	46.1		
					M	0. -0.49	302	1.0	5.3	0.7	0.7	8.6	0.7	6.9		
					M	0.50-0.99	302	1.7	10.3	0.0	7.0	27.8	8.9	38.7		
					M	1	631	4.9	26.6	0.2	20.0	52.0	22.3	59.6		
					M	2	593	0.0	6.7	0.0	19.4	55.6	14.2	51.6		
					M	3	667	0.1	4.8	0.0	25.0	58.0	6.7	45.9		
					M	4	662	0.5	7.1	0.2	25.6	60.2	6.9	49.7		
					F	0. -4.99	3253	0.9	8.7	0.4	23.6	51.8	14.2	50.5		
					F	0. -0.49	301	1.3	1.3	1.3	1.3	11.0	1.3	6.6		
					F	0.50-0.99	321	0.6	6.9	1.6	5.9	23.8	9.0	35.3		
					F	1	677	2.1	18.5	0.1	22.2	52.7	19.8	60.6		
		F	2	638	0.3	7.2	0.0	26.6	58.7	18.2	60.6					
		F	3	671	0.6	7.2	0.1	34.0	67.5	16.4	59.6					
		F	4	645	0.5	6.0	0.2	30.4	60.5	10.9	48.4					