

# MYANMAR

Country/Territory Administrative level	Dates of survey		Area	Sex	Age group (years)	Sample size	Percentage below/above median						Notes	Ref. No.		
	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE				
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD	
National		1980-81			0. -2.99	1051									00288	
					0. -0.49	218										
					0.50-0.99	206										
					1. -1.99	356										
					2. -2.99	271										
National		1983-85			0. -2.99	6255								00298		
					0. -0.49	1196										
					0.50-0.99	1227										
					1. -1.99	2120										
					2. -2.99	1712										
National		1983-85	RURAL		0. -2.99	3742								00298		
			RURAL		0. -0.49	708										
			RURAL		0.50-0.99	727										
			RURAL		1. -1.99	1259										
			RURAL		2. -2.99	1048										
National		1983-85	URBAN		0. -2.99	1635								00298		
			URBAN		0. -0.49	308										
			URBAN		0.50-0.99	339										
			URBAN		1. -1.99	553										
			URBAN		2. -2.99	435										
National		1983-85	URBAN		0. -2.99	878								00298		
			URBAN		0. -0.49	180										
			URBAN		0.50-0.99	161										
			URBAN		1. -1.99	308										
			URBAN		2. -2.99	229										
National		1990			0. -2.99	5899					9.2	32.4		00308		
					0. -2.99	454							12.1		34.6	Ayeyarwady division
					0. -2.99	448							10.7		35.3	Bago division
					0. -2.99	289							6.6		29.4	Chin state
					0. -2.99	318							6.3		22.6	Kachin state
					0. -2.99	322							6.2		28.0	Kayah state

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National		1990			0. -2.99	306					6.9	29.4	Kayin state	00308	
					0. -2.99	443					10.6	37.0	Magway division		
					0. -2.99	458					9.2	33.0	Mandalay division		
					0. -2.99	449					8.5	39.4	Mon state		
					0. -2.99	434					14.5	40.1	Rakhine state		
					0. -2.99	460					7.6	27.8	Sagaing division		
					0. -2.99	312					6.1	24.7	Shan state (north)		
					0. -2.99	469					9.4	30.1	Shan state (south)		
					0. -2.99	305					8.5	32.5	Tanintharyi division		
					0. -2.99	432					10.6	34.0	Yangon division		
					0. -0.49	1011					1.6	6.0			
					0.50-0.99	1458					6.1	22.2			
					1. -1.99	2003					12.8	44.5			
					2. -2.99	1427					12.8	44.5			
					M	0. -2.99	3002				9.2	33.7			
					M	0. -0.49	508				1.4	6.7			
					M	0.50-0.99	783				6.6	23.1			
					M	1. -1.99	1025				13.7	48.3			
					M	2. -2.99	686				11.4	44.0			
					F	0. -2.99	2897				9.2	31.0			
		F	0. -0.49	503				1.8	5.4						
		F	0.50-0.99	675				5.5	21.0						
		F	1. -1.99	978				11.9	40.5						
		F	2. -2.99	741				14.0	44.9						
National	MAY-DEC	1991			0. -2.99	5540	1.6	11.2		17.0	40.0	11.2	36.7	00653	
					0. -2.99	424	0.9	13.0		18.5	43.0	11.9	39.5		Ayeyarwady division
					0. -2.99	427	1.9	13.3		17.1	37.8	10.1	34.3		Bago division
					0. -2.99	255	1.2	12.9		19.6	45.0	16.8	44.1		Chin state
					0. -2.99	387	1.0	11.1		14.0	34.4	7.4	26.9		Kachin state
					0. -2.99	343	0.9	8.2		24.9	51.3	10.8	38.1		Kayah state
					0. -2.99	321	1.3	12.1		12.0	36.4	9.5	35.6		Kayin state
					0. -2.99	382	7.1	19.1		19.8	45.1	15.3	43.2		Magway division
					0. -2.99	369	0.5	11.4		16.9	41.1	13.1	39.9		Mandalay division

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	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE			
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National	MAY-DEC	1991			0. -2.99	436	0.5	5.7		19.2	40.7	8.8	37.1	Mon state	00653
					0. -2.99	385	2.9	15.1		13.6	32.4	14.5	38.2	Rakhine state	
					0. -2.99	390	0.8	5.1		5.1	17.5	5.5	22.3	Sagaing division	
					0. -2.99	278	1.4	8.6		13.2	42.0	9.0	35.8	Shan state (north)	
					0. -2.99	454	1.1	9.7		23.1	51.7	12.2	38.5	Shan state (south)	
					0. -2.99	294	0.7	8.8		16.4	40.5	9.0	37.1	Tanintharyi division	
					0. -2.99	395	1.5	12.9		20.4	43.0	14.4	40.9	Yangon division	
			M		0. -2.99	2777	1.7	12.0		19.3	41.8	12.7	39.4		
			F		0. -2.99	2763	1.5	10.3		14.8	38.3	9.7	33.9		
National		1994			0. -2.99	5994	1.0	7.8		19.8	44.6	8.3	31.2		01570
					0. -2.99	423	1.2	17.2		12.0	30.7	10.2	33.8	Ayeyarwady	
					0. -2.99	422	3.5	12.7		23.3	49.4	11.1	36.0	Bago	
					0. -2.99	354	0.3	2.9		19.8	40.2	4.8	20.9	Chin	
					0. -2.99	356	0.3	5.4		17.7	46.9	4.8	19.9	Kachin	
					0. -2.99	360	1.4	5.7		22.5	54.6	12.8	35.8	Kayah	
					0. -2.99	351	0.6	5.4		13.9	32.4	6.0	23.9	Kayin	
					0. -2.99	452	2.0	15.2		13.9	36.6	10.4	42.5	Magway	
					0. -2.99	446	1.4	5.8		20.1	43.0	7.4	28.5	Mandalay	
					0. -2.99	458	0.7	6.8		22.6	46.8	9.0	35.6	Mon	
					0. -2.99	433	1.5	8.3		24.9	53.6	10.9	37.0	Rakhine	
					0. -2.99	287	1.1	6.4		21.0	48.0	6.3	34.8	Sagaing	
					0. -2.99	375	0.3	2.8		16.0	43.0	4.0	17.3	Shan (north)	
					0. -2.99	456	0.2	3.1		27.1	50.7	5.9	25.0	Shan (south)	
					0. -2.99	389	0.8	7.5		22.4	54.6	10.0	35.0	Tanintharyi	
					0. -2.99	432	0.0	7.9		17.3	40.7	9.3	37.0	Yangon	
					URBAN	0. -2.99	2334		6.8		45.2	7.4	30.0		
					RURAL	0. -2.99	3660		8.4		44.2	8.9	32.0		
					M	0. -2.99	3082		8.1		46.9	9.0	33.8		
					F	0. -2.99	2912		7.4		42.0	7.6	28.4		
National		1995			0. -4.99	19908					15.8	42.9	(monsoon season)	01661	
					0. -4.99	861					17.0	44.0	Ayeyarwady		
					0. -4.99	856					16.0	44.0	Bago		

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD						
National		1995			0. -4.99	1365						27.0	52.0	Chin	01661						
					0. -4.99	1135						16.0	37.0	Kachin							
					0. -4.99	1211						11.0	29.0	Kayah							
					0. -4.99	1169						15.0	46.0	Kayin							
					0. -4.99	983						20.0	51.0	Magway							
					0. -4.99	1070						15.0	42.0	Mandalay							
					0. -4.99	1052						14.0	41.0	Mon							
					0. -4.99	1348						13.0	41.0	New settlement area							
					0. -4.99	1291						29.0	56.0	Rakhine							
					0. -4.99	1256						14.0	42.0	Sagaing							
					0. -4.99	1187						23.0	48.0	Shan (east)							
					0. -4.99	1579						12.0	37.0	Shan (north)							
					0. -4.99	1175						12.0	35.0	Shan (south)							
					0. -4.99	1155						15.0	42.0	Tanintharyi							
					0. -4.99	1215						9.0	35.0	Yangon							
					URBAN	0. -4.99	5486						12.7	39.9							
					RURAL	0. -4.99	14422						16.3	44.0							
					National		1997			0. -2.99	4894	1.4	8.2	7.7		18.5	41.6	7.8	28.2		02024
										0. -2.99	294	1.0	8.5	4.8		20.3	40.9	7.4	34.2	Ayeyarwady	
0. -2.99	198	2.0	14.1	10.1						17.7	39.4	13.0	34.0	Bago							
0. -2.99	311	1.3	4.8	8.3						23.0	44.3	7.1	20.4	Chin							
0. -2.99	346	2.3	9.8	4.9						12.5	33.2	6.2	20.6	Kachin							
0. -2.99	376	1.1	4.5	12.5						17.4	42.7	4.5	20.6	Kayah							
0. -2.99	228	4.0	15.4	3.5						13.0	33.5	11.5	30.0	Kayin							
0. -2.99	341	0.9	8.5	8.8						25.7	50.4	8.7	39.4	Magway							
0. -2.99	336	1.2	7.1	10.1						18.5	43.9	4.0	22.3	Mandalay							
0. -2.99	306	2.6	10.5	3.9						14.6	40.3	8.7	33.8	Mon							
0. -2.99	356	1.4	11.2	4.5						18.5	42.7	11.1	35.9	Rakhine							
0. -2.99	370	0.5	6.0	1.4						4.0	19.7	4.3	21.9	Sagaing							
0. -2.99	356	0.6	3.7	11.8						24.6	50.0	7.7	25.7	Shan (north)							
0. -2.99	370	1.1	7.6	14.3						21.5	45.2	6.7	20.5	Shan (south)							
0. -2.99	375	1.1	6.4	9.9						25.3	53.0	10.1	31.9	Tanintharyi							
0. -2.99	331	1.5	11.2	4.2						19.5	41.4	9.9	38.1	Yangon							

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National		1997			0. -0.49	692	0.6	4.1	23.7	4.3	18.4	0.8	4.6	02024	
					0.50-0.99	1036	1.2	5.7	12.3	13.1	39.0	3.7	18.1		
					1. -1.99	1720	1.8	10.7	3.5	25.3	49.2	11.3	35.5		
					2. -2.99	1446	1.5	9.1	1.7	21.2	45.7	10.4	39.5		
			URBAN		0. -2.99	1349	1.5	10.0	7.0	16.6	38.5	8.3	27.8		
			RURAL		0. -2.99	3472	1.4	7.7	7.8	19.4	43.0	7.7	28.6		
				M	0. -2.99	2414	1.5	7.9	7.2	20.3	44.9	8.7	30.4		
				M	0. -0.49	339	0.6	3.8	23.3	4.1	21.1	1.0	5.2		
				M	0.50-0.99	501	0.8	4.2	11.8	17.0	43.6	3.2	18.7		
				M	1. -1.99	876	2.2	10.6	3.4	27.4	53.4	13.6	38.8		
				M	2. -2.99	698	1.7	9.2	0.9	21.7	47.1	10.7	41.9		
				F	0. -2.99	2480	1.3	8.6	8.1	16.8	38.3	6.9	26.2		
				F	0. -0.49	353	0.6	4.3	24.1	4.6	15.7	0.5	4.0		
				F	0.50-0.99	535	1.5	7.1	12.7	9.4	34.6	4.2	17.4		
				F	1. -1.99	844	1.4	10.8	3.6	23.1	44.8	8.9	32.1		
				F	2. -2.99	748	1.3	9.1	2.4	20.7	44.3	10.0	37.4		
			National	JUN-AUG	2000			0. -4.99	8081	1.3	9.6	1.6	12.5		34.2
		0. -4.99				1169	0.4	7.8	0.7	12.5	35.2	6.7	37.5	Ayeyarwady	
		0. -4.99				743	0.3	8.9	0.3	10.6	32.3	8.6	37.2	Bago	
		0. -4.99				95	1.1	11.6	2.1	22.1	44.2	9.5	42.1	Chin	
		0. -4.99				242	4.1	12.4	3.3	11.6	33.3	7.8	27.3	Kachin	
		0. -4.99				58	1.7	8.6	1.7	14.0	43.1	6.9	36.2	Kayah	
		0. -4.99				320	0.9	9.4	0.9	16.9	40.8	10.0	40.1	Kayin	
		0. -4.99				646	2.0	12.5	0.3	10.7	33.7	6.2	36.5	Magway	
		0. -4.99				837	0.5	9.1	1.9	11.2	27.5	6.9	31.3	Mandalay	
		0. -4.99				403	0.5	6.7	0.7	7.9	31.8	5.7	33.8	Mon	
		0. -4.99				643	3.9	14.8	1.1	20.7	46.5	16.8	48.5	Rakhine	
		0. -4.99				938	1.6	8.6	1.4	9.8	30.0	6.1	32.4	Sagaing	
		0. -4.99				120	1.7	10.0	1.7	23.3	41.3	9.2	39.2	Shan (East)	
		0. -4.99				348	0.3	2.3	10.9	12.4	35.9	3.7	22.7	Shan (North)	
		0. -4.99				371	1.6	10.0	1.3	14.8	40.2	10.0	35.6	Shan (South)	
		0. -4.99				244	3.3	11.5	2.5	22.5	44.7	15.6	40.6	Tanintharyi	
		0. -4.99				904	0.2	10.4	1.2	8.0	26.8	5.5	33.6	Yangon	

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National	JUN-AUG	2000			0. -0.49	888	0.3	1.9	4.8	2.0	7.9	1.1	4.2	02654	
					0.50-0.99	906	2.2	8.4	2.2	5.8	20.4	7.0	23.4		
					1. -1.99	1636	2.1	15.2	1.2	12.7	36.6	10.5	40.3		
					2. -2.99	1590	0.6	9.7	1.0	13.2	36.2	9.2	43.2		
					3. -3.99	1715	1.1	8.7	1.0	14.7	40.2	7.4	39.8		
					4. -4.99	1346	1.2	9.5	1.0	19.9	47.9	9.2	44.7		
			URBAN		0. -4.99	1784	0.8	8.6	1.7	7.4	25.4	5.5	29.8		
			RURAL		0. -4.99	6296	1.4	9.8	1.5	13.9	36.6	8.6	37.3		
				M	0. -4.99	4063	1.5	9.9	1.4	13.0	34.0	7.6	35.7		
				M	0. -0.49	432	0.2	1.9	4.2	2.5	8.6	1.2	3.9		
				M	0.50-0.99	443	2.5	9.3	1.6	5.4	18.7	5.9	22.3		
				M	1. -1.99	839	2.6	15.6	1.3	14.7	37.4	11.1	43.4		
				M	2. -2.99	796	0.6	8.7	1.0	12.6	34.0	8.2	41.4		
				M	3. -3.99	862	1.6	10.3	0.8	15.4	39.4	7.3	37.2		
				M	4. -4.99	691	1.0	9.4	0.9	20.1	48.6	8.0	46.8		
				F	0. -4.99	4016	1.0	9.1	1.8	11.9	34.4	8.3	35.6		
				F	0. -0.49	457	0.4	1.8	5.7	1.5	7.2	1.1	4.6		
				F	0.50-0.99	463	1.7	7.3	2.8	6.1	21.8	8.0	24.6		
				F	1. -1.99	796	1.5	14.7	1.0	10.7	35.6	9.9	37.1		
				F	2. -2.99	794	0.6	10.6	1.0	13.7	38.3	10.3	45.5		
	F	3. -3.99	852	0.5	7.0	1.1	14.1	41.0	7.5	42.5					
	F	4. -4.99	654	1.4	9.6	1.1	19.7	47.2	10.4	42.4					
National	JUN-AUG	2003			0. -4.99	5390	1.7	8.6		14.0	32.2	7.4	31.8	02661	
					0. -4.99	246	2.9	9.8		12.9	30.5	8.2	34.1		Ayeyarwady
					0. -4.99	348	0.9	10.4		15.6	35.0	8.0	33.9		Bago (East)
					0. -4.99	185	2.6	9.9		16.3	34.8	5.7	33.1		Bago (West)
					0. -4.99	425	3.5	8.7		19.6	36.5	12.0	34.9		Chin
					0. -4.99	376	1.8	7.7		12.9	33.6	3.5	24.4		Kachin
					0. -4.99	365	1.4	4.7		16.5	39.0	3.3	23.9		Kayah
					0. -4.99	433	1.4	4.9		17.6	33.8	7.9	33.8		Kayin
					0. -4.99	256	1.5	8.2		12.8	32.0	6.6	35.8		Magway
					0. -4.99	245	1.6	7.4		12.2	28.7	4.9	28.2		Mandalay
					0. -4.99	333	1.5	8.8		11.0	36.9	5.8	30.1		Mon

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD	
National	JUN-AUG	2003			0. -4.99	339	2.1	9.0		20.0	38.5	21.3	46.7	Rakhine	02661	
					0. -4.99	281	2.5	13.2		12.8	31.4	8.6	31.2	Sagaing		
					0. -4.99	278	1.1	8.6		17.5	34.9	7.2	32.5	Shan (East)		
					0. -4.99	292	1.1	5.2		14.9	32.4	5.8	19.2	Shan (North)		
					0. -4.99	398	1.5	7.3		15.9	31.2	5.8	25.2	Shan (South)		
					0. -4.99	319	0.6	5.0		14.6	35.8	2.8	35.7	Tanintharyi		
					0. -4.99	271	0.4	7.8		10.1	25.4	4.5	26.9	Yangon		
					0. -0.49	520	0.2	3.0		3.1	12.4	0.2	5.5			
					0.50-0.99	531	1.0	4.6		5.4	15.4	3.2	14.7			
					1. -1.99	1072	1.7	12.3		15.5	35.6	9.3	35.3			
					2. -2.99	1129	1.7	9.8		15.8	33.5	9.5	36.0			
					3. -3.99	1185	1.5	8.0		15.0	35.7	6.8	37.0			
					4. -4.99	946	3.2	9.3		19.6	42.7	10.0	40.3			
					URBAN	0. -4.99	1087	1.7	8.0		7.3	23.0	4.9	25.3		
					RURAL	0. -4.99	4303	1.7	8.7		15.8	34.7	8.1	33.5		
						M	0. -4.99	2698	2.1	9.3		14.6	32.2	7.4		31.1
			F	0. -4.99	2692	1.3	7.9		13.4	32.2	7.5	32.4				