

MEXICO

Country/Territory Administrative level	Dates of survey		Area	Sex	Age group (years)	Sample size	Percentage below/above median						Notes	Ref. No.				
	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE						
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD			
National Rural		1974			1. -4.99	7108				19.2	42.6		17.4		00428			
					1. -4.99	249						18.6		Altiplana Este				
					1. -4.99	385						14.9		Altiplana Norte				
					1. -4.99	596						20.4		Bajio				
					1. -4.99	232						10.8		Centro Norte				
					1. -4.99	552						5.5		Frontera				
					1. -4.99	229						20.9		Golfo Centro				
					1. -4.99	249						14.2		Golfo Sureste				
					1. -4.99	184						20.1		Huasteca y Sierra				
					1. -4.99	264					50.7	73.3	41.2			Mixteca y Canada		
					1. -4.99	304							7.9			Noreste		
					1. -4.99	517							5.5			Noroeste		
					1. -4.99	539							6.0			Norte		
					1. -4.99	550							6.3			Norte Centro		
					1. -4.99	539							9.0			Occidente		
					1. -4.99	395							10.2			Pacifico Norte		
					1. -4.99	133							31.0			Pacifico Sur		
					1. -4.99	257						4.0	15.3	2.6			Peninsula Baja California	
					1. -4.99	227								17.2			Peninsula de Yucatan	
					1. -4.99	707								18.7			Sur Oeste	
National Rural		1979			1. -4.99	11498				15.2	26.7		21.9		00429			
					1. -4.99	484										20.7	Altiplana Este	
					1. -4.99	803										25.8	Altiplana Norte	
					1. -4.99	1198										20.2	Bajio	
					1. -4.99	292										24.0	Centro Norte	
					1. -4.99	404										6.9	Frontera	
					1. -4.99	739										30.4	Golfo Centro	
					1. -4.99	550										22.0	Golfo Sureste	
					1. -4.99	940										28.0	Huasteca y Sierra	
					1. -4.99	1060										40.7	Mixteca y Canada	
					1. -4.99	198										7.6	Noreste	
					1. -4.99	467							7.7	15.0		6.0		Noroeste

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD			
National Rural		1979			1. -4.99	478							7.1	Norte	00429			
					1. -4.99	411								13.4		Norte Centro		
					1. -4.99	717										7.8	Occidente	
					1. -4.99	558										23.3	Pacifico Norte	
					1. -4.99	401					27.4	41.4				41.4	Pacifico Sur	
					1. -4.99	342										7.0	Peninsula Baja California	
					1. -4.99	586										20.3	Peninsula de Yucatan	
					1. -4.99	870										23.0	Sur Oeste	
National Rural		1979			1. -4.99	2218							37.3	63.3	38.7	Indigena poblacion	01382	
					1. -4.99	6221								15.5	37.9	16.9		No indigena
					1. -4.99	1797									18.1	42.5		21.5
Local	JAN-MAY	1984-86	RURAL		0. -3.99	1652	0.0	0.8	3.7	9.1	20.8	2.4	12.9	Solis valley	00433			
			RURAL		0. -0.49	642	0.0	0.5	6.8	2.0	8.7	0.5	3.0					
			RURAL		0.50-0.99	236	0.0	2.1	4.7	6.4	20.3	3.0	13.1					
			RURAL		1. -1.99	274	0.0	2.0	2.0	22.7	36.4	5.7	23.5					
			RURAL		2. -2.99	446	0.0	0.2	0.2	13.7	26.5	3.4	19.5					
			RURAL		3. -3.99	80	0.0	0.0	0.0	6.2	38.8	0.0	21.2					
			RURAL	M	0. -3.99	897	0.0	0.8	3.2	8.4	23.2	3.0	13.7					
			RURAL	F	0. -3.99	755	0.0	0.9	4.2	9.9	18.0	1.6	11.9					
National		1988			0. -4.99	7422	1.1	6.0	3.7	9.1	22.8	2.9	14.2		00431			
					0. -4.99	1782	1.6	7.2	5.1	10.0	24.9	3.1	14.3			Centro		
					0. -4.99	1841	0.6	3.3	2.6	2.2	9.9	0.7	6.2			Distrito Federal		
					0. -4.99	1819	2.0	9.5	5.4	3.5	11.0	1.4	10.7			Norte		
					0. -4.99	1980	0.9	5.0	2.3	15.1	34.1	4.7	20.6			Sur		
					0. -0.49	701	2.1	7.3	2.0	6.4	13.9	3.0	9.4					
					0.50-0.99	817	1.1	6.0	4.3	7.3	17.2	2.6	12.8					
					1. -1.99	1462	1.0	8.0	3.9	9.2	24.6	3.1	15.0					
					2. -2.99	1498	0.9	5.9	3.5	8.2	22.1	3.5	14.2					
					3. -3.99	1558	1.2	4.5	3.8	11.5	24.5	2.4	15.0					
					4. -4.99	1386	1.0	5.4	4.1	9.7	27.2	2.8	15.9					
					URBAN	0. -4.99	6131	1.1	6.1	3.7	7.6	19.0	2.4			12.5		
					RURAL	0. -4.99	1291	1.3	5.8	3.7	14.5	36.4	4.7			20.3		

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	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE			
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National		1988		M	0.	-4.99	3797	0.9	5.6	3.6	8.8	22.8	3.2	14.7	00431
				M	0.	-0.49	368	3.0	7.4	2.7	6.6	14.8	3.1	10.0	
				M	0.50-0.99	415	0.4	4.6	2.9	5.7	17.1	3.2	13.8		
				M	1.	-1.99	799	1.0	8.0	4.2	8.7	25.1	3.3	16.1	
				M	2.	-2.99	741	0.5	4.9	4.0	7.1	19.8	3.5	13.5	
				M	3.	-3.99	798	0.7	4.0	3.2	11.4	26.8	2.9	15.1	
				M	4.	-4.99	676	1.0	5.5	4.0	10.6	26.4	3.1	17.1	
				F	0.	-4.99	3625	1.3	6.5	3.8	9.5	22.7	2.6	13.8	
				F	0.	-0.49	333	1.1	7.2	1.1	6.18	13.0	2.4	8.7	
				F	0.50-0.99	402	1.8	7.4	5.6	8.9	17.3	1.9	11.8		
				F	1.	-1.99	663	1.1	8.0	3.6	9.84	24.0	2.8	13.8	
				F	2.	-2.99	757	1.3	6.9	3.0	9.4	24.4	3.4	15.0	
				F	3.	-3.99	760	1.7	5.0	4.4	11.6	22.0	2.0	14.8	
				F	4.	-4.99	710	1.0	5.3	4.3	8.8	27.9	2.5	14.7	
				National Rural		1989		0.	-4.99	14903	2.0	5.6	7.1	16.6	
0.	-4.99	723	0.6					1.1	1.5	4.4	16.0	0.7	3.70	Altiplano Este	
0.	-4.99	1247	1.2					3.7	5.5	13.7	30.2	2.3	13.3	Altiplano Norte	
0.	-4.99	1750	0.7					2.9	8.5	13.7	32.7	2.0	11.3	Bajio	
0.	-4.99	380	12.9					20.0	2.4	5.5	21.3	2.1	10.8	Centro Norte	
0.	-4.99	284	3.2					10.6	7.0	3.9	6.7	0.0	4.2	Frontera Norte	
0.	-4.99	755	1.6					6.9	7.4	14.0	30.9	4.1	18.5	Golfo Centro	
0.	-4.99	809	3.0					7.2	6.8	15.3	34.5	4.0	16.6	Golfo Sureste	
0.	-4.99	1463	1.6					4.6	5.7	26.7	54.9	5.7	28.8	Huasteca y Sierra	
0.	-4.99	1597	3.6					9.6	6.3	32.8	59.4	10.6	34.4	Mixteca y Canada	
0.	-4.99	176	0.0					3.4	7.4	7.4	17.0	0.6	4.0	Noreste	
0.	-4.99	373	2.9					6.4	8.8	4.3	11.5	1.1	4.0	Noroeste	
0.	-4.99	208	0.0					6.3	8.2	4.8	24.5	1.0	13.5	Norte	
0.	-4.99	366	1.4					4.4	6.6	4.4	13.9	0.8	6.8	Norte Centro	
0.	-4.99	1157	1.2					3.7	5.2	6.7	19.9	1.3	6.6	Occidente	
0.	-4.99	552	1.1					4.2	10.5	4.5	16.7	1.1	4.5	Pacifico Norte	
0.	-4.99	770	2.1					4.3	4.9	33.6	58.4	7.1	28.2	Pacifico Sur	
0.	-4.99	209	1.0					6.2	17.2	8.6	15.8	0.0	4.8	Peninsula Baja California	
0.	-4.99	853	1.4					5.7	6.0	25.0	46.9	4.6	23.9	Peninsula de Yucatan	

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	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE			
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National Rural		1989			0. -4.99	1231	2.4	6.3	14.2	16.7	36.5	3.0	14.9	Sur Oeste	00430
					0. -0.49	1220	2.3	5.3	12.5	4.4	13.3	1.1	4.3		
					0.50-0.99	1444	2.7	7.1	12.3	11.8	27.8	3.7	14.8		
					1. -1.99	2927	3.1	8.3	9.7	20.2	42.3	5.8	21.7		
					2. -2.99	3128	1.8	5.2	4.2	16.7	34.5	4.7	19.1		
					3. -3.99	3144	1.4	4.4	4.3	17.4	37.0	3.2	16.2		
					4. -4.99	3040	1.4	4.2	5.8	19.3	39.9	2.4	15.5		
			M		0. -4.99	7450	2.1	5.8	6.7	17.4	36.8	3.5	17.0		
			M		0. -0.49	604	3.1	5.1	11.4	5.5	15.9	1.0	4.6		
			M		0.50-0.99	709	2.8	7.1	12.0	15.0	33.1	3.7	16.5		
			M		1. -1.99	1476	3.3	9.3	8.7	22.0	44.6	6.0	23.2		
			M		2. -2.99	1583	1.3	5.1	3.9	16.7	33.4	4.0	19.4		
			M		3. -3.99	1544	1.5	4.9	4.1	16.2	37.3	2.9	14.6		
			M		4. -4.99	1534	1.7	4.0	6.0	21.1	42.2	2.3	16.0		
			F		0. -4.99	7453	1.9	5.4	7.4	15.7	33.8	3.9	16.3		
			F		0. -0.49	616	1.5	5.5	13.6	3.4	10.7	1.1	4.1		
			F		0.50-0.99	735	2.6	7.2	12.7	8.8	22.6	3.7	13.1		
			F		1. -1.99	1451	3.0	7.3	10.8	18.3	40.0	5.6	20.1		
			F		2. -2.99	1545	2.2	5.4	4.4	16.7	35.7	5.4	18.9		
			F		3. -3.99	1600	1.4	3.9	4.4	18.6	36.7	3.6	17.7		
F		4. -4.99	1506	1.2	4.4	5.5	17.6	37.5	2.5	15.0					
National Rural		1989			1. -4.99	3900				32.5	59.7		35.8	Indigena poblacion	01382
					1. -4.99	6726				10.4	26.5		11.6	No indigena	
					1. -4.99	1858				14.5	33.0		15.8	Presencia indigena	
Province	APR-JUN	1991			1. -4.99	935						3.4	16.2	Tabasco state in Golfo Sureste	01526
Regional	NOV-APR	1994-95			0. -4.99	800	0.6	5.9	1.0	12.2	31.1	3.8	19.4	La Fraylesca, Chiapas	02269
					0. -0.49	58	0.0	10.3	1.2	0.0	1.8	0.0	0.0		
					0.50-0.99	91	1.1	12.1	0.0	2.2	8.8	3.3	13.2		
					1. -1.99	159	1.9	13.2	1.9	11.5	24.8	6.9	26.4		
					2. -2.99	174	0.6	4.0	0.0	13.9	36.4	5.2	23.0		
					3. -3.99	159	0.0	0.0	1.9	20.9	48.6	3.1	20.1		
		4. -4.99	159	0.0	1.3	0.6	12.7	38.6	1.3	18.2					

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
Regional	NOV-APR	1994-95	URBAN		0. -4.99	285	0.0	4.2	0.4	4.6	20.6	1.8	11.9		02269
			RURAL		0. -4.99	515	1.0	6.8	1.4	16.5	36.9	4.9	23.5		
			M	0. -4.99	396	0.8	6.6	0.8	11.0	29.2	3.8	17.7			
			F	0. -4.99	404	0.5	5.2	1.2	13.5	32.9	3.7	21.1			
		1995		0. -4.99	1093	2.9	6.6		9.4	18.5	1.8	5.7		02088	
				0. -4.99	745	3.7	7.7		10.9	21.0	2.3	7.7	Socioeconomicos inferiores		
				0. -4.99	348	1.1	4.3		6.2	13.0	0.6	1.5	Socioeconomicos superiores		
National Rural	AUG-DEC	1996			0. -4.99	31601	2.3	7.0		15.1	33.9	4.2	16.9		01876
					0. -4.99		2.3	6.7		11.3	22.0	3.0	13.8	Aguascalientes	
					0. -4.99		3.1	8.3		4.3	10.3	3.5	6.0	Baja California	
					0. -4.99		2.3	7.5		13.9	27.5	3.0	9.0	Baja California Sur	
					0. -4.99		0.6	3.6		21.6	46.9	3.9	18.9	Campeche	
					0. -4.99		2.8	7.6		28.1	51.0	5.7	20.0	Chiapas	
					0. -4.99		4.8	8.9		8.9	18.3	2.0	8.6	Chihuahua	
					0. -4.99		1.2	5.6		7.5	18.3	1.0	7.1	Coahuila	
					0. -4.99		5.6	17.5		11.4	25.8	5.0	16.3	Colima	
					0. -4.99		1.7	6.4		8.2	20.0	0.7	7.1	Durango	
					0. -4.99		1.8	7.8		10.0	26.3	4.8	18.1	Guanajuato	
					0. -4.99		2.5	8.1		22.7	47.5	10.2	32.4	Guerrero	
					0. -4.99		2.2	6.2		16.9	39.9	6.3	18.9	Hidalgo	
					0. -4.99		3.0	7.0		5.7	15.5	1.3	7.2	Jalisco	
					0. -4.99		1.9	6.5		14.7	33.0	1.8	13.5	México	
					0. -4.99		2.3	7.0		13.4	29.4	3.2	11.8	Michoacan	
					0. -4.99		1.3	2.8		9.9	33.0	0.8	12.0	Morelos	
					0. -4.99		4.0	9.6		10.9	21.3	2.6	10.0	Nayarit	
					0. -4.99		6.6	15.5		13.3	22.4	3.7	11.3	Nuevo Leon	
					0. -4.99		1.0	5.3		22.9	46.9	4.6	23.2	Oaxaca	
		0. -4.99		4.1	10.1		21.4	44.7	7.7	25.4	Puebla				
		0. -4.99		1.2	4.0		15.2	33.5	4.6	16.4	Querétaro				
		0. -4.99		1.9	6.9		20.1	45.1	4.1	18.7	Quintana Roo				
		0. -4.99		1.9	5.7		12.2	31.4	3.5	16.0	San Luis Potosi				
		0. -4.99		1.1	7.0		4.3	13.7	2.0	7.3	Sinaloa				

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD	
National Rural	AUG-DEC	1996			0. -4.99		2.9	6.9		2.9	13.3	0.2	4.4	Sonora	01876	
					0. -4.99		1.9	5.6		9.5	28.7	2.9	15.0	Tabasco		
					0. -4.99		3.1	7.9		5.4	19.6	1.0	7.9	Tamaulipas		
					0. -4.99		1.3	7.4		8.7	32.4	4.5	17.8	Tlaxcala		
					0. -4.99		1.9	6.5		14.0	34.9	4.3	17.0	Veracruz		
					0. -4.99		4.1	9.3		25.6	52.2	7.1	28.7	Yucatan		
Local	JUN-AUG	1997			0. -4.99	450	0.4	3.5	0.7	25.1	57.1	10.2	36.4	Guachochi (raramuris)	02163	
National		1998-99			0. -4.99	868					44.3		18.5	Indigenous	02575	
					0. -4.99	6876					14.3		6.2	Non indigenous		
					0. -4.99	239					33.2		11.5	Indigenous (other)		
					0. -4.99	629					48.4		21.2	Indigenous (south)		
					0. -4.99	4999					11.2		5.2	Non-indigenous (other)		
					0. -4.99	1877					22.9		9.0	Non-indigenous (south)		
				URBAN	0. -4.99	318					34.8		15.6	Indigenous		
				URBAN	0. -4.99	4228					10.1		5.0	Non-indigenous		
				RURAL	0. -4.99	550					51.0		20.6	Indigenous		
				RURAL	0. -4.99	2648					26.9		9.9	Non-indigenous		
National	OCT-MAR	1998-99			0. -4.99	8011	0.6	2.0	5.3	5.6	17.7	1.2	7.5		02108	
					0. -4.99	2533	1.0	2.3	4.4	4.1	14.2	1.2	6.0	Centro		
					0. -4.99	571	0.2	2.1	5.3	3.6	13.2	0.3	6.5	Ciudad de Mexico		
					0. -4.99	2317	0.5	2.2	7.2	1.7	7.3	0.8	3.4	Norte		
					0. -4.99	2590	0.4	1.6	5.3	10.1	28.9	1.7	11.8	Sur		
					0. -0.49	816	1.1	2.5	7.8	1.3	6.1	0.2	1.2			
					0.50-0.99	822	0.7	2.6	5.7	2.2	10.3	0.6	5.7			
					1. -1.99	1559	1.3	3.4	6.7	6.9	21.6	1.6	11.2			
					2. -2.99	1542	0.4	1.8	3.8	6.4	18.8	1.8	8.2			
					3. -3.99	1646	0.3	1.0	5.1	6.7	20.9	1.1	8.2			
					4. -4.99	1626	0.3	1.5	4.5	5.9	18.6	0.9	6.5			
				URBAN	0. -4.99	4699	0.6	2.0	5.7	3.4	11.6	0.8	5.5			
				RURAL	0. -4.99	3312	0.6	2.1	4.5	10.6	31.7	2.0	12.0			
					M	0. -4.99	4062	0.9	2.4	4.9	5.5	18.2	1.1	7.9		
					M	0. -0.49	408	1.3	2.8	6.2	1.5	7.4	0.0	1.5		

MEXICO

Country/Territory Administrative level	Dates of survey		Area	Sex	Age group (years)	Sample size	Percentage below/above median						Notes	Ref. No.	
	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE			
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National	OCT-MAR	1998-99		M	0.50-0.99	409	0.8	3.4	3.6	2.5	11.0	0.3	6.1	02108	
					1. -1.99	780	2.1	3.4	6.8	7.6	23.5	1.4	12.8		
					2. -2.99	783	0.6	3.0	3.8	6.4	18.0	2.1	10.0		
					3. -3.99	844	0.5	0.9	4.8	5.3	21.1	0.7	6.5		
					4. -4.99	838	0.4	2.0	4.2	6.0	18.9	0.9	6.6		
					F	0. -4.99	3949	0.3	1.6	5.8	5.7	17.2	1.3		7.1
					F	0. -0.49	408	0.9	2.3	9.5	1.2	4.8	0.3		0.9
					F	0.50-0.99	413	0.6	1.7	7.8	1.8	9.6	0.9		5.2
					F	1. -1.99	779	0.5	3.4	6.5	6.2	19.7	1.9		9.6
					F	2. -2.99	759	0.2	0.7	3.7	6.4	19.7	1.5		6.4
					F	3. -3.99	802	0.1	1.0	5.4	8.3	20.8	1.5		10.1
					F	4. -4.99	788	0.1	1.0	4.9	5.9	18.3	0.9		6.4