

LESOTHO

Country/Territory Administrative level	Dates of survey		Area	Sex	Age group (years)	Sample size	Percentage below/above median						Notes	Ref. No.		
	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE				
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD	
National	AUG-NOV	1976			0. -4.99	1710					41.4		17.3	Estimated prevalences calculated from % of median	00101	
					0. -0.99						21.2		10.6			
					1. -1.99						50.4		23.4			
					2. -2.99						50.4		19.5			
					3. -3.99						42.8		16.4			
					4. -4.99						42.1		16.4			
District	JAN	1981			0. -4.99	5467	0.5	4.5	4.1	7.7	26.1	1.8	15.6	6 districts Leribe district Mafeteng district Maseru district Mohale's Hoek district Mokhotlong district Thaba Tseka district	00103	
					0. -4.99	566	1.4	6.7	3.0	5.1	18.7	1.4	12.5			
					0. -4.99	1747	0.6	6.4	1.6	3.8	16.8	2.1	16.8			
					0. -4.99	2254	0.3	3.2	5.73	8.3	29.1	1.4	14.2			
					0. -4.99	126	0.8	3.2	15.1	18.3	50.8	7.1	23.0			
					0. -4.99	624	0.0	2.4	4.2	15.7	41.4	1.6	18.6			
					0. -4.99	150	1.3	2.0	4.0	12.0	33.3	0.7	15.3			
					0. -0.99	800	0.4	3.0	16.6	9.3	24.6	2.0	8.5			
					1. -1.99	1559	1.0	7.4	3.3	10.3	32.8	2.3	18.7			
					2. -2.99	1474	0.5	3.5	1.3	6.3	23.8	1.8	18.1			
					3. -3.99	965	0.2	3.3	1.2	5.2	22.7	1.1	15.0			
					4. -4.99	669	0.1	3.1	1.3	6.7	22.3	0.9	12.0			
					M	0. -4.99	2670	0.6	5.0	4.1	8.0	28.0	1.9			15.9
					M	0. -0.99	396	0.8	4.0	15.1	10.1	30.0	2.5			8.3
					M	1. -1.99	768	1.2	8.6	3.6	10.7	35.2	2.9			20.8
					M	2. -2.99	708	0.4	3.4	1.3	2.4	23.3	0.6			16.5
					M	3. -3.99	478	0.4	3.6	1.5	5.4	24.7	1.3			14.8
					M	4. -4.99	320	0.0	3.4	1.6	8.7	24.1	1.2			13.7
					F	0. -4.99	2796	0.4	3.9	4.1	7.4	24.2	1.6			15.3
					F	0. -0.99	404	0.0	2.0	18.1	8.4	19.3	1.5			8.7
					F	1. -1.99	790	0.9	6.2	3.0	9.9	30.5	1.8			16.7
					F	2. -2.99	766	0.5	3.5	1.3	7.2	24.3	2.2			19.6
					F	3. -3.99	487	0.0	3.1	1.0	4.9	20.7	1.0			15.2
					F	4. -4.99	349	0.3	2.9	1.1	4.9	20.6	0.6			10.3
District	JUL	1981			0. -4.99	6204	0.3	1.6	7.1	10.9	36.7	1.1	11.1	6 districts Leribe district	00103	
					0. -4.99	831	0.2	1.0	5.3	7.6	27.0	0.4	8.5			

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD		
District	JUL	1981			0.	-4.99	2033	0.3	1.5	4.0	10.7	37.8	1.7	13.4	Mafeteng district	00103	
					0.	-4.99	2423	0.4	1.8	11.3	11.4	37.1	0.9	8.1	Maseru district		
					0.	-4.99	127	0.0	3.2	8.7	22.8	59.1	3.2	23.6	Mohale's Hoek district		
					0.	-4.99	663	0.0	2.0	3.9	12.4	40.3	1.2	16.1	Mokhotlong district		
					0.	-4.99	127	0.8	1.6	3.9	9.5	33.1	0.0	9.5	Thaba Tseka district		
					0.	-0.99	1092	0.1	1.2	18.8	8.1	28.1	0.8	6.3			
					1.	-1.99	1533	0.5	2.5	8.7	16.4	46.9	1.4	14.9			
					2.	-2.99	1623	0.3	1.8	2.5	9.2	34.6	1.4	12.3			
					3.	-3.99	1144	0.2	1.1	3.4	11.9	35.8	0.9	10.7			
					4.	-4.99	812	0.3	0.9	2.7	6.5	34.5	0.9	8.6			
					M	0.	-4.99	3072	0.3	1.8	5.9	11.8	38.0	1.2	11.6		
					M	0.	-0.99	535	0.0	1.5	15.3	10.5	32.9	1.1	6.5		
					M	1.	-1.99	769	0.6	2.9	7.3	18.2	47.8	1.6	16.6		
					M	2.	-2.99	802	0.4	2.1	2.0	8.5	34.5	1.1	12.0		
					M	3.	-3.99	561	0.2	1.2	3.2	12.5	37.4	0.9	9.3		
					M	4.	-4.99	405	0.2	0.5	2.2	7.2	33.8	1.0	10.9		
					F	0.	-4.99	3132	0.3	1.4	8.3	10.1	35.4	1.1	10.6		
					F	0.	-0.99	557	0.2	0.9	22.1	5.7	23.5	0.5	6.1		
					F	1.	-1.99	764	0.4	2.1	10.2	14.7	45.9	1.3	13.1		
					F	2.	-2.99	821	0.2	1.6	3.1	10.0	34.6	1.6	12.5		
		F	3.	-3.99	583	0.2	1.0	3.6	11.3	34.1	0.9	12.0					
		F	4.	-4.99	407	0.2	1.2	1.2	5.9	35.1	0.7	6.4					
District	DEC-JUN	1987-88			0.	-4.99	818								Mohale's Hoek district	00571	
					M	0.	-4.99	423									
					M	0.	-0.49	43									
					M	0.50-0.99	65										
					M	1.	-1.99	95									
					M	2.	-4.99	220									
					F	0.	-4.99	395									
					F	0.	-0.49	37									
					F	0.50-0.99	53										
					F	1.	-1.99	106									
					F	2.	-4.99	199									

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	Months	Year					WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE			
							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National	MAY-JUN	1992			0. -4.99	4687			2.4		33.0		15.8		01313
					0. -4.99	540			4.8		24.7		13.7	Berea district	
					0. -4.99	316			2.2		28.6		15.2	Butha Buthe district	
					0. -4.99	431			1.2		37.4		14.4	Leribe district	
					0. -4.99	589			1.7		33.1		14.7	Mafeteng district	
					0. -4.99	720			2.2		36.4		13.5	Maseru district	
					0. -4.99	475			2.3		31.1		16.3	Mohale's Hoek district	
					0. -4.99	311			1.9		36.5		20.6	Mokhotlong district	
					0. -4.99	520			2.5		39.8		19.1	Qacha's Nek district	
					0. -4.99	569			2.5		28.4		16.3	Quthing district	
					0. -4.99	216			1.9		35.5		17.9	Thaba Tseka district	
					0. -0.49	526			1.9		15.9		2.5		
					0.50-0.99	535			3.0		23.6		9.9		
					1. -1.99	1069			3.4		40.7		19.4		
					2. -2.99	976			2.0		32.1		17.9		
					3. -3.99	899			1.8		38.1		18.0		
					4. -4.99	702			2.1		36.7		19.6		
					URBAN	0. -4.99	1196		1.5		28.3		12.5		
					RURAL	0. -4.99	1825		2.5		36.4		18.6	Mountain regions	
					RURAL	0. -4.99	1666		2.8		32.8		15.1	Non-mountain regions	
			M	0. -4.99	2311			2.8		36.1		17.1			
			F	0. -4.99	2376			2.0		30.1		14.5			
National		1994			2. -4.99	449			15.8		32.9		21.4		01524
					2. -4.99	35			11.4		47.2		11.1	B. Buthe	
					2. -4.99	87			8.0		34.8		17.1	Berea	
					2. -4.99	78			15.4		30.5		14.8	Leribe	
					2. -4.99	59			27.1		26.2		35.0	M. Hoek	
					2. -4.99	65			13.8		41.8		23.9	Mafeteng	
					2. -4.99	47			23.4		14.3		29.8	Maseru	
					2. -4.99	19			15.8		21.1		36.8	Mokhotlong	
					2. -4.99	12			25.0		61.5		53.8	Q. Nek	
					2. -4.99	30			16.7		41.9		33.3	Quthing	
					2. -4.99	17			5.9		22.2		11.1	T. Tseka	

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							WEIGHT/HEIGHT			HEIGHT/AGE		WEIGHT/AGE					
	Months	Year					-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD		
National	1994				2. -2.99	125	19.2			31.5		29.9			01524		
					3. -3.99	116	11.5			33.6		22.0					
					4. -4.99	208	15.9			33.8		21.3					
National	MAY-JUN	1996			0. -4.99	2824	3.0	5.0		2.0	44.0	4.0	16.0	(Low diarrhoea season)	01788		
					URBAN	0. -4.99	324	5.0	8.0		17.0	40.0	3.0			13.0	
					RURAL	0. -4.99	2500	2.0	5.0		21.0	46.0	4.0			16.0	
					M	0. -4.99	1447	3.0	6.0		21.0	46.0	4.0			18.0	
					F	0. -4.99	1376	2.0	5.0		18.0	41.0	3.0			13.0	
National	MAR-MAY	2000			0. -4.99	2907	1.4	5.4	12.1	21.5	46.1	3.9	18.0		02366		
					0. -4.99	331	0.6	3.6	12.1	28.1	53.8	3.9	21.8			Foothill	
					0. -4.99	1686	1.4	4.8	13.0	18.5	43.1	3.1	14.8			Lowland	
					0. -4.99	715	2.1	8.4	9.8	25.0	49.1	5.7	23.5			Mountain	
					0. -4.99	175	0.0	2.3	13.1	24.0	48.0	3.4	20.0			Senqu Valley	
					0. -0.49	271	0.7	4.8	33.2	4.1	20.7	1.5	4.1				
					0.50-0.99	288	1.4	7.3	17.7	14.9	34.7	5.2	18.1				
					1. -1.99	567	3.4	8.5	13.8	31.0	56.8	5.6	25.0				
					2. -2.99	667	1.3	5.4	5.8	21.4	44.1	4.0	19.6				
					3. -3.99	618	0.3	3.7	8.1	20.2	50.2	3.6	18.0				
					4. -4.99	496	0.8	3.2	8.9	25.8	52.0	2.6	15.5				
					URBAN	0. -4.99	555	0.9	5.6	13.2	17.1	39.3	3.2			13.3	
					RURAL	0. -4.99	2352	1.5	5.4	11.9	22.6	47.7	4.0			19.1	
					M	0. -4.99	1461	1.6	5.9	12.0	23.7	48.3	4.0			19.6	
					M	0. -0.49	138	0.7	5.1	36.2	5.1	21.7	2.2			4.3	
					M	0.50-0.99	144	2.1	5.6	18.8	18.1	36.1	4.9			18.8	
					M	1. -1.99	294	4.4	11.9	11.9	36.4	60.5	5.8			27.9	
					M	2. -2.99	338	0.9	4.4	6.8	23.4	45.6	4.1			21.0	
					M	3. -3.99	299	0.7	3.7	7.4	20.4	52.5	2.7			18.4	
					M	4. -4.99	248	0.8	4.0	7.7	26.6	54.0	3.6			18.5	
F	0. -4.99	1446	1.1	4.9	12.2	19.4	43.9	3.8	16.4								
F	0. -0.49	133	0.8	4.5	30.1	3.0	19.5	0.8	3.8								
F	0.50-0.99	144	0.7	9.0	16.7	11.8	33.3	5.6	17.4								
F	1. -1.99	273	2.2	4.8	15.8	25.3	52.7	5.5	22.0								

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							-3SD	-2SD	+2SD	-3SD	-2SD	-3SD			-2SD
National	MAR-MAY	2000		F	2. -2.99	329	1.8	6.4	4.9	19.5	42.6	4.0	18.2		02366
				F	3. -3.99	319	0.0	3.8	8.8	20.1	48.0	4.4	17.6		
				F	4. -4.99	248	0.8	2.4	10.1	25.0	50.0	1.6	12.5		