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# WHOQOL-SRPB

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## Users Manual

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### Scoring and Coding for the WHOQOL SRPB Field-Test Instrument



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MENTAL HEALTH: EVIDENCE & RESEARCH,  
DEPARTMENT OF MENTAL HEALTH &  
SUBSTANCE DEPENDENCE

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WORLD HEALTH ORGANIZATION

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GENEVA, SWITZERLAND

# WHOQOL-SRPB FIELD-TEST INSTRUMENT

The WHOQOL-SRPB field-test instrument exists of 32 questions, covering quality of life aspects related to spirituality, religiousness and personal beliefs (SRPB). This instrument has been developed from an extensive pilot test of 105 questions in 18 centres around the world. The resulting 32-item instrument represent the finalised version of the WHOQOL-SRPB to be used for field trials.

The WHOQOL-SRPB field-test instrument is to be used in conjunction with the WHOQOL-100 (The manual of WHOQOL-100 is available from WHO in Geneva). It is a generic English version and should not be used as it stands, nor just be translated. Language/cultural versions suitable for use in a limited number of populations are available from respective listed field sites that pilot-tested the instrument. Contact information for these sites is available from WHO in Geneva. These versions are constructed by taking the corresponding 32 questions and response scales exactly as they stood in the language version that was used in the pilot test. (It should be noted that some variations exist even between the versions from the different English language centres, i.e., an American and a British version exists).

These questions respond to the definition of Quality of Life as *individuals' perceptions of their position in life in the context of the culture and value systems in which they live and in relation to their goals, expectations, standards and concerns.*

Centres wishing to develop a new language or cultural version, must follow the protocol for new centres under the supervision of the Department of Mental Health & Substance Dependence, WHO, Geneva, and as mentioned above must never just make a direct translation or an unsupervised adaptation of the WHOQOL-SRPB. For further information contact the Co-ordinator, WHOQOL SRPB Group, Department of Mental Health and Substance Dependence, WHO, Geneva, CH-1201, Switzerland.



MENTAL HEALTH: EVIDENCE & RESEARCH,  
DEPARTMENT OF MENTAL HEALTH &  
SUBSTANCE DEPENDENCE,  
WORLD HEALTH ORGANIZATION,  
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**WORLD HEALTH ORGANIZATION,  
SRPB QUALITY OF LIFE GROUP**

The WHOQOL SRPB Group comprises a coordinating group of collaborating investigators in each of the field sites and a panel of consultants. Dr S. Saxena directs the project that was initiated by Dr Rex Billington. Technical assistance on the project was given by Ms K. O'Connell and Dr M Van Ommeren. The instrument was developed in 18 field sites: Dr Bonicato, Foundation of Oncology, La Plata, Argentina; Dr Midttun, PSI Mental Health Initiative, Vilnius, Lithuania; Dr Bisht, Sri Aurobindo International Institute, Pondicherry, India; Dr Omolo, Faculty of Health Science, Moi University, Eldoret, Kenya; Prof Fang, School of Public Health, University of Medical Sciences, Guabg Zhou, China; Dr Elbi, Medical Faculty, Egean University, Izmir, Turkey; Dr Schwartzman, Medical Psychology Department, University of Uruguay, Calabria, Uruguay; Dr Hasanah Che Ismail., Universiti Sains Malaysia, Kubang Kerian, Malaysia; Dr Tazaki, Science University of Tokyo, Tokyo, Japan; Dr De Girolamo, Laboratory of Epidemiology and Biostatistics, Clinical Institute of Health, Rome, Italy; Prof. Kamel, Faculty of Medicine, Alexandria, Egypt; Dr Amir, University of the Negev, Beer Sheva, Israel; Dr Lucas, University of Barcelona, Barcelona, Spain; Dr Chandra, Department of Psychiatry, All India Institute of Medical Sciences, New Delhi, India; Dr Fleck, Department of Psychiatry and Legal Medicine, University of the State of Rio Grande do Sul, Porto Alegre, Brazil; Dr Kitikorn, Branch of Preventive Mental Health, Department of Mental Health, Ministry of Public Health, Bangkok, Thailand; Prof Skevington, Department of Psychology, University of Bath, England, UK.

Further information on the WHOQOL can be obtained at:

<http://www.who.int/msa/qol/>

**Further information and detail regarding the sites can be obtained from:**

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Mental Health: Evidence and Research,  
Mental Health and Substance Dependence Department  
World Health Organisation,  
CH-1211 Geneva,  
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**Table 1. The Original WHOQOL-100 with SRPB facets**

<b>Domain I</b>	<b>Physical</b>
1	Pain and discomfort
2	Energy and fatigue
3	Sleep and rest
<b>Domain II</b>	<b>Psychological</b>
4	Positive feelings
5	Thinking, learning, memory and concentration
6	Self-esteem
7	Bodily image and appearance
8	Negative feelings
<b>Domain III</b>	<b>Level of Independence</b>
9	Mobility
10	Activities of daily living
11	Dependence on medication or treatments
12	Work capacity
<b>Domain IV</b>	<b>Social Relationships</b>
13	Personal relationships
14	Social support
15	Sexual activity
<b>Domain V</b>	<b>Environment</b>
16	Physical safety and security
17	Home environment
18	Financial resources
19	Health and social care: accessibility and quality
20	Opportunities for acquiring new information and skills
21	Participation in and opportunities for recreation/ leisure activities
22	Physical environment (pollution/noise/traffic/climate)
23	Transport
<b>Domain VI</b>	<b>Spirituality/Religion/ Personal Beliefs</b>
24	Spirituality
	<b>Additional SRPB Facets</b>
<b>S1</b>	<b>*Spiritual Connection</b>
<b>S2</b>	<b>*Meaning &amp; Purpose In Life</b>
<b>S3</b>	<b>*Experiences of Awe &amp; Wonder</b>
<b>S4</b>	<b>*Wholeness &amp; Integration</b>
<b>S5</b>	<b>*Spiritual Strength</b>
<b>S6</b>	<b>*Inner Peace</b>
<b>S7</b>	<b>*Hope &amp; Optimism</b>
<b>S8</b>	<b>*Faith</b>
<b>Overall quality of life and general health perceptions</b>	

*\* Facets that are highlighted in bold are specific to Spirituality, Religion and Personal Beliefs and have been added to the original WHOQOL.*

### ITEM NAMES

To distinguish the new additional SRPB items, rather than using the WHOQOL-100 “F” value, these new items were given the label “SP” for Spiritual. In addition, these were arranged to range from SP1.1- SP8.4. The original pilot test names can be found in the right column of Table 1.

NEW ITEM NAME	OLD ITEM NAME (used in pilot test)
SP1.1	S1.3
SP1.2	S1.4
SP1.3	S1.5
SP1.4	S1.7
SP2.1	S2.1
SP2.2	S2.2
SP2.3	S2.5
SP2.4	S2.7
SP3.1	S3.1
SP 3.2	S3.2
SP3.3	S3.3
SP3.4	S3.7
SP4.1	S4.1
SP4.2	S4.2
SP4.3	S4.3
SP4.4	S4.4
SP5.1	S6.1
SP5.2	S6.3
SP5.3	S6.5
SP5.4	S6.7
SP6.1	S8.1
SP6.2	S8.2
SP6.3	S8.3
SP6.4	S8.4
SP7.1	S10.1
SP7.2	S10.2
SP7.3	S10.3
SP7.4	S10.4
SP8.1	S14.1
SP8.2	S14.2
SP8.3	S14.3
SP8.4	S14.6

## SCORING OF THE WHOQOL- SRPB INSTRUMENT

The WHOQOL-100 and WHOQOL SRPB field-test instrument together produce a quality of life profile with detailed information on SRPB aspects of quality of life. It is possible to derive six domain scores, 32 facet scores, and one general facet score that measures overall quality of life and general health. Eight of these 32 facets are facets belonging to the SRPB field-test instrument and these are highlighted in bold in Table 1. The SRPB facets are labelled SP1.1-SP8.1, to distinguish them from the generic WHOQOL-100 facets (which are labelled F1.1-f24.4 and G1.1 to G1.4). Each SRPB facet, like the WHOQOL-100, has four items to represent these facets.

The WHOQOL six domain scores denote an individual's perception of quality of life in the following domains: Physical, Psychological, Level of Independence, Social Relationships, Environment, and Spirituality. Individual items are rated on a 5 point Likert scale where 1 indicates low, negative perceptions and 5 indicates high, positive perceptions. For example, an item in the positive feeling facet asks "How much do you enjoy life?" and the available responses are 1(not at all), 2 (a little) 3 (a moderate amount), 4 (very much) and 5 (an extreme amount). As such, domain and facet scores are scaled in a positive direction where higher scores denote higher quality of life. Some facets (Pain and Discomfort, Negative Feelings, Dependence on Medication, Death and Dying) are not scaled in a positive direction, meaning that for these facets lower scores do denote higher quality of life. These need to be recoded so that high scores reflect better QoL. The scores from the four items in the Overall Quality of Life and General Health facet can be summed and presented as part of a profile. Items are organized by response scale (capacity, frequency, intensity or satisfaction). Instructions for calculation of scores are given below. The calculation may be done through an SPSS syntax file, which can be obtained from the WHOQOL SRPB Coordinator, Mental Health: Evidence and Research, Department of Mental Health and Substance Dependence, Geneva CH-1211, Switzerland.

### **SCORING PROCEDURE**

First, all scores need to be checked that they are in the appropriate range (between 1 and 5).

**Check all items from assessment have a range of 1-5**

```
RECODE f1.1 f1.2 f1.3 f1.4 f2.1 f2.2 f2.3 f2.4 f3.1 f3.2 f3.3 f3.4 f4.1 f4.2 f4.3 f4.4 f5.1 f5.2
f5.3 f5.4 f6.1 f6.2 f6.3 f6.4 f7.1 f7.2 f7.3 f7.4 f8.1 f8.2 f8.3 f8.4 f9.1 f9.2 f9.3 f9.4 f10.1 f10.2
f10.3 f10.4 f11.1 f11.2 f11.3 f11.4 f12.1 f12.2 f12.3 f12.4 f13.1 f13.2 f13.3 f13.4 f14.1 f14.2
f14.3 f14.4 f15.1 f15.2 f15.3 f15.4 f16.1 f16.2 f16.3 f16.4 f17.1 f17.2 f17.3 f17.4 f18.1 f18.2
f18.3 f18.4 f19.1 f19.2 f19.3 f19.4 f20.1 f20.2 f20.3 f20.4 f21.1 f21.2 f21.3 f21.4 f22.1 f22.2
f22.3 f22.4 f23.1 f23.2 f23.3 f23.4 f24.1 f24.2 f24.3 f24.4 g.1 g.2 g.3 g.4 SP1.1 SP1.2 SP1.3
SP1.4 SP2.1 SP2.2 SP2.3 SP2.4 SP3.1 SP3.2 SP3.3 SP3.4 SP4.1 SP4.2 SP4.3 SP4.4 SP5.1
SP5.2 SP5.3 SP5.4 SP6.1 SP6.2 SP6.3 SP6.4 SP7.1 SP7.2 SP7.3 SP7.4 SP8.1 SP8.2 SP8.3
SP8.4 (1=1) (2=2) (3=3) (4=4) (5=5) (ELSE=SYSMIS) .
```

(This recodes all data outside the range 1-5 to system missing).

Thirty one items are negatively phrased. All negatively framed items need to be recoded, so that all scores reflect better quality of life. These items need to be reverse scored to ensure that higher scores reflect better QoL. For example, a negatively phrased item includes “Do you worry about pain or discomfort?” A participant who answers (1) (not at all), would therefore have good QoL for this facet. As the WHOQOL ensures that higher scores reflect better QoL, the score therefore needs to be reversed so that one is changed to five. This can be calculated as follows;

### Reverse negatively phrased items

```
RECODE f1.1 f1.2 f1.3 f1.4 f2.2 f2.4 f3.2 f3.4 f7.2 f7.3 f8.1 f8.2 f8.3 f8.4 f9.3  
f9.4 f10.2 f10.4 f11.1 f11.2 f11.3 f11.4 f13.1 f15.4 f16.3 f18.2 f18.4 f22.2 f23.2 f23.4  
(1=5) (2=4) (3=3) (4=2) (5=1). (1=5) (2=4) (3=3) (4=2) (5=1).  
(This transforms negatively framed questions to positively framed questions)
```

None of the new, additional SRPB items are negatively phrased.

### CALCULATION OF FACET SCORES

Facets are scored through summative scaling. Each item contributes equally to the facet score. Mean scores are then calculated. In this case, all the items in the respective facet are added and divided by four.

### Calculte Facets Means

```
WHOQOL-100  
  
Pain = (f1.1 + f1.2 + f1.3 + f1.4)/4 .  
energy = (f2.1 + f2.2 + f2.3 + f2.4)/4 .  
sleep = (f3.1 + f3.2 + f3.3 + f3.4)/4 .  
pfeel = (f4.1 + f4.2 + f4.3 + f4.4)/4 .  
cog = (f5.1 + f5.2 + f5.3 + f5.4)/4 .  
esteem = (f6.1 + f6.2 + f6.3 + f6.4)/4 .  
body = (f7.1 + f7.2 + f7.3 + f7.4)/4 .  
nfeel = (f8.1 + f8.2 + f8.3 + f8.4)/4 .  
mobil = (f9.1 + f9.2 + f9.3 + f9.4)/4 .  
adl = (f10.1 + f10.2 + f10.3 + f10.4)/4 .  
depend = (f11.1 + f11.2 + f11.3 + f11.4)/4 .  
work = (f12.1 + f12.2 + f12.3 + f12.4)/4 .  
relatio = (f13.1 + f13.2 + f13.3 + f13.4)/4 .
```

support = (f14.1 + f14.2 + f14.3 + f14.4)/4 .  
 sex = (f15.1 + f15.2 + f15.3 + f15.4)/4 .  
 safe = (f16.1 + f16.2 + f16.3 + f16.4)/4 .  
 home = (f17.1 + f17.2 + f17.3 + f17.4)/4 .  
 finance = (f18.1 + f18.2 + f18.3 + f18.4)/4 .  
 care = (f19.1 + f19.2 + f19.3 + f19.4)/4 .  
 info = (f20.1 + f20.2 + f20.3 + f20.4)/4 .  
 leisure = (f21.1 + f21.2 + f21.3 + f21.4)/4 .  
 enviro = (f22.1 + f22.2 + f22.3 + f22.4)/4 .  
 trans = (f23.1 + f23.2 + f23.3 + f23.4)/4 .  
 srpb = (f24.1 + f24.2 + f24.3 + f24.4)/4 .

**Additional SRPB facets**

connect = (SP1.1 + SP1.2 + SP1.3 + SP1.4)/4  
 meaning = (SP2.1 + SP2.2 + SP2.3 + SP2.4)/4  
 awe = (SP3.1 + SP3.2 + SP3.3 + SP3.4)/4  
 whole = (SP4.1 + SP4.2 + SP4.3 + SP4.4)/4  
 strength = (SP5.1 + SP5.2 + SP5.3 + SP5.4)/4  
 peace = (SP6.1 + SP6.2 + SP6.3 + SP6.4)/4  
 hope = (SP7.1 + SP7.2 + SP7.3 + SP7.4)/4  
 faith = (SP8.1 + SP8.2 + SP8.3 + SP8.4)/4

general = (g.1 + g.2 + g.3 + g.4)/4 .

**CALCULATION OF DOMAIN SCORES**

Each facet is taken to contribute equally to the domain score. Domain scores are calculated by computing the mean of the facet score within the domain, according to the following formulae. The facets are summated according to the procedure given below. Scores are multiplied by four, so that domain scores range between 4 and 20. The additional SRPB facets are to be scored with the original WHOQOL-100 spirituality facet.

**Calculate Domain Scores**

Domain1 = (pain + energy + sleep) / 3 \* 4 .  
 Domain2 = (pfeel + cog + esteem + body + nfeel) / 5 \* 4 .  
 Domain3 = (mobil + adl + depend + work) / 4 \* 4 .  
 Domain4 = (relatio + support + sex) / 3 \* 4 .  
 Domain5 = (safe + home + finance + care + info + leisure + enviro + trans) / 8 \* 4 .  
 Domain6 = (srpb + connection + meaning + awe + wholeness + strnegth + peace + hope + faith) / 9 \* 4 .

**SYNTAX FILES FOR AUTOMATIC COMPUTATION OF SCORES USING SPSS**

An SPSS syntax file that automatically checks, recodes data and computes domain scores may be obtained from An SPSS syntax file that automatically checks, recodes data and computes domain scores may be obtained from:

WHOQOL SRPB Coordinator,  
 Mental Health: Evidence and Research,  
 Department of Mental Health and Substance Dependence,  
 Geneva CH-1211,

Switzerland.

## CODING INSTRUCTIONS – WHOQOL SRPB Instrument

### ALL MISSING DATA TO BE ENTERED AS SYTEM MISSING

Variable; fieldid (enter your respondents identity no.)

**WHOQOL-SRPB 134 ITEMS:** (F1.2, F1.3 etc, variable lables correspond directly in the SPSS/EXEL data file), enter as normal Likert scale with values between 1 - 5

**WHOQOL SRPB Importance Items** (38 items Imp1.1, Imp2.1 etc., variable lables correspond directly in the SPSS/EXEL data file), enter as normal Likert scale with values between 1-5 (The relevance of the Importace items is explained later on in this manual)

#### **ABOUT YOU:**

##### **Item: What is your gender?**

Variable name: GENDER

Values: 1 = male; 2 = female

##### **Item: What is your date of birth?**

Variable name: AGE

Values: please enter age (e.g. 36), NOT date of birth

##### **Item: What is highest education you received?**

Variable name: EDUCATE

Values: 1 = Primary school , 2 = Secondary school, 3 = University, 4 = Post-graduate

##### **Item: What is your marital status?**

Variable name: MARITAL

Values: 1 = Single, 2 = Married, 3 = Living as married, 4 = Separated, 5 = Divorced, 6 = Widowed

##### **Item: How is your health? (G1.2)**

Variable name: G5

Values: 1 = very poor, 2 = poor, 3 = neither poor nor good, 4 = good, 5 = very good

##### **Item: Do you consider yourself currently ill?**

Variable name: ILL\_NOW

Values: 1= yes, 2 = no

##### **Item: If yes, what is your diagnosis?**

Variable name: DIAGNO

Values:

- 1 Heart trouble
- 2 High blood pressure
- 3 Arthritis or Rheumatism
- 4 Cancer
- 5 Emphysema or chronic bronchitis
- 6 Diabetes
- 7 A cataract
- 8 Stroke
- 9 Broken or fractured bone
- 10 Chronic nervous or emotional problems
- 11 Chronic foot trouble (bunions, ingrowing toenails)
- 12 Rectal growth or rectal bleeding
- 13 Parkinson's disease
- 14 HIV
- 15 other

**Item: To what extent do you consider yourself to be a religious person?**

Variable name: REL

Values: enter as Likert scale with values between 1 - 5

**Item: To what extent do you consider yourself to be part of a religious community?**

Variable name: REL\_COMM

Values: enter as Likert scale with values between 1 - 5

**Item: If so, which religious community are you part of?**

Variable name: COMMUN

Values: 1 = Christian, 2 = Buddhist, 3 = Hindu, 4 = Jewish, 5 = Muslim, 6= other

**Item: To what extent do you have spiritual beliefs?**

Variable name: SPIRIT

Values: enter as Likert scale with values between 1 - 5

**Item: To what extent do you have strong personal beliefs?**

Variable name: PERSONAL

Values: enter as Likert scale with values between 1 - 5

**Additional Facets to be used at the discretion of the researcher.**

The results of the analysis showed that two facets, love and kindness to others, could not be included in the module because of weak psychometric properties. However, because it was found that these additional items were important to predicting overall QoL, and in some settings, more than other facets, a decision was made to select four items that best represented these facets. The three facets which showed this criteria were kindness to others, love and compassion and death and dying. In this sense, while the facets are not included formally in the field test instrument, centres have the option of including the items in their field trial. Therefore, we have given users the opportunity to include 12 additional items from these facets for field testing. If the researcher decides to use these additional items, then it recommended that the facets be organized by response scale and included with the other SRPB items.

The calculation of these facets would be conducted as follows – however, they should not be used in the domain score.

NEW ITEM NAME	OLD ITEM NAME (used in pilot test)
SP9.1	S5.2
SP9.2	S5.3
SP9.3	S5.4
SP9.4	S5.7
SP10.1	S7.1
SP10.2	S7.2
SP10.3	S7.3
SP10.4	S7.6
SP11.1	S9.3
SP11.2	S9.4
SP11.3	S9.5
SP11.4	S9.6

**Additional SRPB facets**

$$\text{love} = (\text{SP5.2} + \text{SP5.3} + \text{SP5.4} + \text{SP5.7})/4$$

$$\text{kindness to others} = (\text{SP7.1} + \text{SP7.2} + \text{SP7.3} + \text{SP7.6})/4$$

$$\text{death and dying} = (\text{SP9.3} + \text{SP9.4} + \text{SP9.5} + \text{SP9.6})/4$$

Additional items which were important to QoL but did not have acceptable properties. To be used at the discretion of the researcher.

SP9.2 To what extent do you feel love from a higher power?

Not at all 1	A little 2	A moderate amount 3	Very much 4	An extreme amount 5
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SP9.3 How much do you feel loved?

Not at all 1	A little 2	Moderately 3	Mostly 4	Completely 5
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SP9.4 How much do feelings of divine love improve the quality of your life?

Not at all 1	A little 2	Moderately 3	Mostly 4	Completely 5
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SP9.7 How much has the quality of your life improved through experiencing love?

Not at all 1	A little 2	A moderate amount 3	Very much 4	An extreme amount 5
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SP10.1 To what extent are you able to help others without being interested in anything in return?

Not at all 1	A little 2	Moderately 3	Mostly 4	Completely 5
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SP10.2 How much satisfaction does it give you to put others needs before your own?

Not at all 1	A little 2	Moderately 3	Mostly 4	Completely 5
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SP10.3 To what extent does helping others contribute to your well being?

Not at all 1	A little 2	A moderate amount 3	Very much 4	An extreme amount 5
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SP10.6 How much do you treat others as you want to be treated?

Not at all 1	A little 2	Moderately 3	Mostly 4	Completely 5
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SP11.3 How concerned are you about the way in which you will die?

Not at all 1	A little 2	A moderate amount 3	Very much 4	An extreme amount 5
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SP11.4 How much are you afraid of not being able to control your death?

Not at all 1		A little 2		A moderate amount 3		Very much 4		An extreme amount 5
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SP11.5 How scared are you of dying?

Not at all 1		Slightly 2		Moderately 3		Very 4		Extremely 5
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SP11.6 How much do you fear being in pain before you die?

Not at all 1		A little 2		A moderate amount 3		Very much 4		An extreme amount 5
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## **Importance Items**

There are additional items which ask respondents to indicate the importance to their overall QoL of each of the facets of QoL addressed in the WHOQOL-100. Some facets have more than one corresponding importance item. The importance items use a 5-point response scale (1=not important to 5=extremely important). These can be used at the discretion of the reviewer.

The importance items were designed to be used to provide an estimate of the relative value of the facets to QoL. They are separate from and can be administered alongside the WHOQoL-100 items. However, administration of the importance items is not essential. In studies where the WHOQOL is one of several inventories, or in cases where brevity is desired, users may prefer to administer the WHOQoL SRPB Instrument without the importance items.

The importance questions and their format can be viewed on the next page. If used, they should be included in the WHOQOL SRPB Instrument, after the 132 questions.

### Importance Questions

The following questions ask about your spiritual, religious and personal beliefs and how important these are to you. We ask that you think about how much your beliefs affect your quality of life. Please rate how important you think each one of these is to your quality of life, regardless of your earlier responses to questions. For example one question asks about how important inner peace is to you. If inner peace is not important to you, circle the number next to “not important”. If inner peace is “very important to you, but not “extremely important”, you should circle the number next to “Very important”. Again, please answer these questions in terms of your own beliefs, whether they be personal, religious or spiritual. Unlike earlier questions, these questions do not refer only to the **last two weeks**.

ImpG.1 How important to you is your overall quality of life?

Not important 1		A little important 2		Moderately important 3		Very important 4		Extremely important 5
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ImpG.2 How important to you is your health?

Not important 1		A little important 2		Moderately important 3		Very important 4		Extremely important 5
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Imp1.1 How important to you is it to be free of any pain?

Not important 1		A little important 2		Moderately important 3		Very important 4		Extremely important 5
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Imp2.1 How important to you is having energy?

Not important 1		A little important 2		Moderately important 3		Very important 4		Extremely important 5
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Imp3.1 How important to you is restful sleep?

Not important 1		A little important 2		Moderately important 3		Very important 4		Extremely important 5
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Imp4.1 How important to you is it to feel happiness and enjoyment of life?

Not important 1		A little important 2		Moderately important 3		Very important 4		Extremely important 5
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Imp4.2 How important to you is it to feel content?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp4.3 How important to you is it to feel hopeful?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp5.1 How important to you is being able to learn and remember important information?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp5.2 How important to you is being able to think through everyday problems and make decisions?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp5.3 How important to you is it to be able to concentrate?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp6.1 How important to you is feeling positive about yourself?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp7.1 How important to you is your body image and appearance?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp8.1 How important to you is it to be free of negative feelings (sadness, depression, anxiety, worry...)?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp9.1 How important to you is it to be able to move around?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp10.1 How important to you is being able to take care of your daily living activities (e.g. washing, eating, dressing)?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp11.1 How important to you is it to be free of dependence in medications or treatments?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp12.1 How important to you is being able to work?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp13.1 How important to you are relationships with other people?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp14.1 How important to you is it to support others?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp15.1 How important to you is your sexual life?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp16.1 How important to you is feeling physically safe and secure?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp17.1 How important to you is your home environment?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp18.1 How important to you are your financial resources?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp19.1 How important to you is it being able to get adequate health care?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp19.2 How important to you is it being able to get adequate social help?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp20.1 How important to you are chances for getting new information or knowledge?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp20.2 How important to you are chances to learn new skills?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp21.1 How important to you is relaxation/leisure?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp22.1 How important to you is your environment? (e.g. pollution, climate, noise, attractiveness)?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp23.1 How important to you is adequate transport in your everyday life?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp24.1 How important to you are your personal beliefs?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 25.1 How important to you is it to feel connected to a spiritual being or force?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 26.1 How important to you are your spiritual, religious or personal beliefs in understanding the meaning of life?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 27.1 How important to you is it to feel awe?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 28.1 How important to you is it that your spiritual, religious or personal beliefs help you to feel whole?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 29.1 How important to you is it to have inner spiritual strength?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 30. 1 How important to you are your spiritual, religious or personal beliefs in helping you to feel hope and optimism?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 31. 1 How important to you is it to have faith?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 32.1 How important to you is it to feel inner peace?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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**Importance Items for additional facets to be used at discretion of researcher**

Imp 33. 1 How important is it to you to have love and compassion?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 34.1 How important is it for you to experience kindness to others without expecting anything in return?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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Imp 35. 1 How important to you are your spiritual, religious or personal beliefs in coming to terms with death and dying?

Not important 1	A little important 2	Moderately important 3	Very important 4	Extremely important 5
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