Overuse of antibiotics can cause bacteria to become resistant, meaning current treatments will no longer work.

Not all infections can be treated with antibiotics; antibiotics don’t cure viruses like colds and flu.

Only take antibiotics prescribed to you, do not share them with family or friends.

Antibiotics are not always the answer. Do not demand antibiotics if your health care professional says you don’t need them.

Always seek the advice of a qualified health care professional when taking antibiotics.

For animals, seek advice from a qualified veterinarian.